

Welcome to the 2026-2027 school year! Bound registration for student athletics and activities opens **July 15th at 12:00pm**. In anticipation of this date, we wanted to reach out and go over a few things for this upcoming year!

In order to be allowed to start practice for any fall sport, All HS Students **must have the following items completed by Noon on Friday, August 7th**.

- 1) You can register your child for **all sports at one time**; you do not have to wait until the next sports season to arrive before you register. Our recommendation is to take care of this all at the same time to minimize any delay of your child participating at the start of the next season (if they change their mind, we can easily remove them from the roster later).
- 2) **All students must be registered in Bound** for any sport they plan to participate in.
- 3) **All students** must have a current up-to-date physical loaded into Bound. The requirement is to upload the 4th page of the physical forms that includes the doctor signature, parent signature, and physical examination date.
- 4) **All students** must have the concussion form signed electronically in Bound by their parent/guardian and themselves. There is no longer a form that needs to be uploaded.
- 5) **Only applicable if your student is doing a sport with Marshalltown**: You will need to follow their Bound guidelines and be registered with Marshalltown through Bound. This includes HS Girls Tennis (fall), HS Girls Swim/Dive (Fall), HS Boys Swim (Winter), and HS Boys & Girls Bowling (Winter). Directions are linked at the bottom for these Co-Op sports.

Practice begins on **Monday, August 10th** for HS Football, Volleyball, Cross Country, Cheer, Color Guard, and HS Girls Swim/Dive (through Marshalltown); practice begins on **Monday, August 3rd** for Marshalltown Girls Tennis.

Regarding 8th Grade Participation:

You may have heard through various news and social media posts that new legislation was passed allowing 8th graders to participate in High School sports as determined eligible through school board policy. At this time, West Marshall CSD has received a temporary set of guidelines from the Iowa Department of Education to support school and parent questions. [Updates as of 6.28.26](#) However, UNTIL the Iowa Department of Education closes the “public comment” requirements on August 11th, Iowa School Board Association and the Department of Education will not issue policy guidelines to be in place. At this time IF you have a student entering 8th grade, **please register them for middle school sports**.

Along with having a current physical uploaded, the IGHS AU/IHSAA is implementing a new form around participation in high school sports **ALL 8th grade students MUST complete** and will need to have signed by their physician and upload into Bound. You can print off the [Supplemental Provider Attestation Form](#) and take with you to your physical, just in case they don't have it at their office.

8th Graders ONLY: Based on the Iowa Department of Education Preliminary “Emergency Rules”, IF an 8th grade student is asked to compete at the varsity level, they may not practice until the first eligible school day as a new 8th grader starting August 23, 2026.

See the Department of Education FAQ: [Updates as of 6.28.26](#)

TIPS:

- If you register prior to Aug 1st: When you log into Bound, you may need to manually change the school year to 26-27; look in the top left hand corner at the drop-down box. Once Bound finishes their update at the end of July/early August you should no longer have to do that.
- If you are locked out of your Bound account, our staff cannot help unlock that as we do not have access to your account info. You will need to contact Bound using the green button in the bottom right corner of your screen and ask them for help.
- Remember there is no Bound App: the registration has to be done on a computer or through the web on your phone.

Here is a helpful link with information, tips, and an FAQ for any users who run into issues:

https://docs.google.com/document/d/1DNUh_6kMvCbUTuCALJihAcjS2rbBIMhrSkHrI2z4EHY/edit?usp=sharing

Questions? Please feel free to contact us via email at wmathletics@wmcsd.org or call the District Office at 641-483-2660. Office hours are Monday-Thursday 8:00 am - 2:00 pm and Friday from 8:00 am - 12:00 pm. Please note that during the non-contact week from July 27th to July 31st, the office will not be staffed for questions; emails will be monitored.

Thank you!

West Marshall Athletics Department