

Tutor Time Programme and PHSCE Curriculum Intent and Long Term Planning

The Tutor Time Programme aims to equip students so that they make informed decisions, which will in turn ensure their bright futures. Moreover, the Bishopshalt Tutor Time Programme supports students' character development through learning about relationship education, health education and sex education, as well as developing their understanding of the wider world. Our curriculum tackles challenging subject matter and is responsive to the needs of our students, school, local community and worldwide issues. The topics covered empower our students, helping them to build character and gain powerful knowledge, whilst becoming empathetic, tolerant, knowledgeable and kind members of society.

Domains of knowledge

*Relationships

*Health and wellbeing

*Sex education

*Living in the wider world

Year 7	Topic	Transition and safety	Health	Diversity and equality Independence and aspirations	Relationships	Relationships Sex ed (romance)	Living in the wider world
	Key Concepts	Transition and safety. School values, road safety and online safety.	Mental Health and healthy routines, relationships, importance of exercise, puberty and personal hygiene	Careers lessons	Healthy and unhealthy relationships, consent, , ending relationships , LGBTQ+ (different types of relationships) and gender stereotypes	Navigating difficulties in relationships like: peer pressure, grooming and knife crime. Keeping safe online, bullying and sexual abuse	Basic first aid - staying safe in the wider world

Year 8	Topic	Transition and safety	Health	Diversity and equality	Relationships	Relationships Sex ed (romance)	Living in the wider world
--------	-------	-----------------------	--------	------------------------	---------------	-----------------------------------	---------------------------

				Independence and aspirations			
	Key Concepts	Teenage Transition: Taking responsibility online, digital literacy, media, reliable sources	Mental health, mindfulness, smoking and vaping	Careers lessons	FGM, peer pressure, modern day slavery and keeping safe online. Possession and supply of drugs.	sexual orientation, gender equality Grooming: extremism and radicalisation.	Democracy and staying safe in the wider world

	Topic	Transition and safety	Health	Diversity and equality Independence and aspirations	Relationships	Relationships Sex ed (romance)	Living in the wider world
Year 9	Key Concepts	Post 14 Transition Pathways and democracy	Mental health, diet, healthy choices and body image.	Disabilities, diversity and discrimination	LMI - understanding the big picture - 1 week 2 lessons Emotional regulation, boundaries and reconciliation	Difficulties faced in a variety of relationships: isolation and loneliness, dealing with peer pressure and contraception. The importance of self-examination and personal hygiene.	Employability, online presence Self reflection - recognising transferable skills Financial safety and online safety in regards to sharing personal information

Year 10	Topic	Transition and safety	Health	Diversity and equality Independence and aspirations		Relationships	Relationships Sex ed (romance)	Living in the wider world
	Key Concepts	How to be a good citizen, human rights and humanism	Mental Health, coping with stress. Addiction: drugs and alcohol and emergency contraception	(Work experience - employability skills, Managing your money	Different cultures	Toxic masculinity sex expectations, consent, sharing images and pornography	Ending relationships, STIs, HIV, harassment and honour based killing.	Readiness for work Personal branding; online presence, rights and responsibilities in the workplace.

Year 11	Topic	Transition and safety	Health	Diversity and equality Independence and aspirations	Relationships	Relationships Sex ed (romance)	Living in the wider world NO YEAR 11
	Key Concepts	Life beyond school. Post 16 Choices and democracy	Mental Health, FGM and healthy eating.	Values and morals linked to religion. Managing difference, respect, and understanding alternative perspectives.	Role of marriage, pregnancy, miscarriage, fertility, abortion and family pressure	Growth mindset and exam skills	

Year 12	Topic	Transition and safety	Health	Diversity and equality Independence and aspirations	Relationships	Relationships Sex ed (romance)	Living in the wider world
---------	-------	-----------------------	--------	--	---------------	-----------------------------------	---------------------------

	Key Concepts	Sixth form expectations. Leadership, independent study, managing the jump. Learning about different cultures	Mental Health, mindfulness and coping in challenging times.	Engaging in democracy and understanding different political views and political tolerance. Gender equality, LGBTQ and discrimination	Relationships at work, sexual harassment, rape and safety online	Keeping safe online, abuse, misogyny and social inequality	Prepare for the world of work, impact of financial decisions Potential Tax Facts lessons/resources Barclays Life Skills	RS: Ethics Scenarios in the work place. Ethical theories
--	--------------	--	---	--	--	--	---	---

Year 13	Topic	Transition and safety	Health	Diversity and equality Independence and aspirations	Relationships	Relationships Sex ed (romance)	Living in the wider world NO YR13
	Key Concepts	Beyond school, UCAS, Apprenticeships, University/ Job, student finance linked to topics covered in Drop Down Day for Bright Futures	Mental Health, anxiety and depression. Drugs, addiction and suicide. New friendships, personal safety, intimacy, conflict resolution, relationship changes	RS and the Moral Maze. Navigating ethics beyond Bishopshalt Student Finance , understanding disabilities and disability discrimination-	Sexual harassment in the workplace, conflict resolution, isolation and loneliness, fertility, pregnancy and young parenthood.	How to cope with exam stress, time management and procrastination	

		Post 18 Pathways. Diversity in the workplace, stereotype s and microaggr essions, discriminat ion					
--	--	---	--	--	--	--	--