Self-Reflection: Exercise 2

Developing your practice in public engagement does not entail learning a completely new set of skills or knowledge but rather drawing on the expertise you may already have from previous jobs, personal accomplishments or roles in your personal life that you may not immediately associate with your current job.

This exercise will help you examine and go deeper into a range of situations, looking for transferable abilities and what you liked or disliked about those events. This will assist you in identifying and surfacing your existing talents, expertise, and preferences, which will be useful in designing your approach to engaging people in your research.

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1. Look back at your timeline in Exercise 1.
2. At each point, **think about the skills and knowledge you developed** from that experience.
3. Use the space below to compile a **list of the skills and attributes you have developed to date**.

Exercise adapted from the PUBLIC ENGAGEMENT SKILLS SELF-ASSESSMENT TOOLKIT of the University of Bath.
https://www.bath.ac.uk/publications/public-engagement-skills-self-assessment-toolkit/attachments/Section_1_Self-Assessment_Toolkit_Nov_2022.pdf