



## *Greenbelt CARES*

Youth and Family Services Bureau  
Greenbelt MD, 20770  
(301) 345-6660  
[cares@greenbeltmd.gov](mailto:cares@greenbeltmd.gov)

**CARES provides Free Family Counseling  
Groups for Teens and  
Parenting Classes**

### **Common Issues Addressed in Counseling:**

- ☐ Stress*
- ☐ Anxiety*
- ☐ Depression*
- ☐ Anger*
- ☐ Family conflict*
- ☐ School Difficulties*
- ☐ addiction*

If you are interested, please call CARES at 301-345-6660 or  
email [Cares@greenbeltmd.gov](mailto:Cares@greenbeltmd.gov)

Greenbelt CARES is a community-oriented, family based agency offering a variety of services free of charge to citizens of Greenbelt and to members of the surrounding communities, as space permits.