

CURRICULUM VITAE

Philip Ford PhD, LAT, ATC, PES, CES

Boise State University
College of Health Sciences
Department of Kinesiology
1910 University Dr.
Boise, ID 83725

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ACADEMIC DEGREES

Ph.D. in Human Performance, emphasis in Administration and Teaching

The University of Southern Mississippi: 2005

Dissertation Topic: The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training.

M.S. in Exercise and Sport Studies

Boise State University: 1999

Thesis Topic: Duration of Hamstring Flexibility Gains Following Termination of Three Separate Stretching Protocols.

B.S. in Corporate Fitness and Wellness

Grand Canyon University: 1993

Emphasis: Athletic Training

Minor: General Science

CERTIFICATIONS AND CREDENTIALS

Licensed Athletic Trainer (LAT)

Idaho State Board of Medicine (#AT-527): 2014-Present

Certified Athletic Trainer (ATC)

Board of Certification, Inc. (#089602470): 1996-Present

National Provider Identifier (NPI): #1871794446

Performance Enhancement Specialist (PES)

National Academy of Sports Medicine (#203444): 2007

Corrective Exercise Specialist (CES)

National Academy of Sports Medicine (#1398616): 2011

State Certified Athletic Trainer (SCAT)

South Carolina Department of Health and Environmental Control (#1408): 2012-2014

Approved Clinical Instructor (ACI)

Azusa Pacific University, Athletic Training Program: 2001-2012

Clinical Instructor Educator (CIE)

National Athletic Trainers' Association: 2001, 2011

First Aid and CPR Instructor

American Red Cross (expired)

CURRENT POSITION AT BOISE STATE UNIVERSITY

Clinical Professor: 2020-Present

Department of Kinesiology, College of Health Sciences

- Teach and advise athletic training and kinesiology students.
- Courses Taught:
 - KINES 220 – Introduction to Athletic Injuries (in-person, online)
 - KINES 270 – Applied Anatomy
 - KINES 322 – Athletic Training Clinical Instruction IV
 - KINES 421 – Athletic Training Clinical Instruction V (gen med)
 - KINES 422 – Athletic Training Clinical Instruction VI
 - KINES 424 – Therapeutic Exercise
 - KINES 427 – Athletic Therapy and Corrective Exercise
 - KINES 428 – Athletic Therapy and Corrective Exercise Lab
 - KINES 480 – Current Trends in Rehabilitation Science (in-person, online)
 - MAT 503 - Principles of Athletic Training
 - MAT 514 - Diagnosis and Therapeutic Interventions: Lower Extremity
 - MAT 543 – Diagnosis and Therapeutic Interventions: Head, Face, Spine
 - MAT 552 – Current Evidence and Topics in Athletic Training
 - MAT 591 - Project

Graduate Faculty

Master of Athletic Training, Department of Kinesiology, School of Allied Health Sciences

Preceptor/Licensed Athletic Trainer

- Serve the Athletic Training Program (ATP) through clinical instruction, supervision, and mentoring of Athletic Training Students (ATs).

ADMINISTRATIVE EXPERIENCES

Associate Department Chair: 2020-2023

Department of Kinesiology, College of Health Sciences

- Oversee student recruitment and retention strategies.
- Assist in the Department of Kinesiology's Strategic Plan.
- Coordinate department and program assessment plans (PAR) and support accreditation efforts.
- Assist Curriculum Committee Chair in curriculum review, development, and change process.
- Oversee facilities design and function that best meet the needs of the department.
- Support interprofessional and multidisciplinary programming within the school, college, and university.
- Assist the Department Chair (DC):
 - As necessary, serve on behalf of the DC.
 - Assist the DC in management of department fiscal resource, staffing, and budgetary considerations.
 - Assist the DC and program personnel in course scheduling administration.
 - Represent department interests on College and University committees.
 - Provide support and mentoring to adjunct, lecture, and clinical faculty.
 - Participate in department, school or university events as necessary.
 - Assist with annual faculty evaluations for clinical/lecture faculty.
 - Assist Internship Coordinator with program personnel and clinical experience administration as needed.

Accomplishments:

- New curriculum proposals for BS in Kinesiology and Certificates.
- Update and revisions of the department's Strategic Plan.
- Program Prioritization document for BS in Kinesiology.

Interprofessional Education (IPE) Director: 2017-2020

College of Health Sciences

- Manage a budget of \$51,000 and pursue opportunities for sustained funding.
- Direct IPE initiatives for the College of Health Sciences for nearly 5,000 students from the School of Nursing, School of Social Work, and the School of Allied Health Sciences.
- Execute interprofessional programming ranging from the work in designing, organizing, delivering, and evaluating the interprofessional education program.
- Provide oversight, development, and coordination of IPE teaching grants and interprofessional health care courses and programming.
- Mentor and role model IPE with and for faculty, staff, and students in providing advice, guidance, and resources for advancing IPE.
- Coordinate with faculty and department/school leadership on the development of IPE-designated courses, including curriculum changes and outcomes assessment.
- Establish, maintain, and sustain community and university partnerships in the planning and provision of the IPE program.
- Coordinate and facilitate the College of Health Sciences IPE Committee.
- Report to the Associate/Assistant Dean, College of Health Sciences.

Accomplishments:

- o Development of the IPE Vision 2022 and IPE 2.0 Proposal (current proposal).
- o Development of the IPE Clinical Seminar series.
- o Development of the IPE Teaching Grants and assessment tools for the implementation of IPE based learning activities across the college.
- o Formation and direction of the IPE Committee with representation from across the college.
- o Participation and support in the Regional Area Health Education Center (AHEC) program.
- o Development and Maintenance of COHS IPE Website:
<https://www.boisestate.edu/healthsciences-interprofessional/>
- o Faculty Development (Team of 3), T3 Train the Trainer, Interprofessional Team Development Program, University of Washington.

Clinical Education Coordinator: 2014-2018

Athletic Training Program (ATP), Boise State University

- Direct all aspects of the clinical education program for the athletic training degree.

Accomplishments:

- o Developed a new clinical education system for the athletic training program.
- o Primary curriculum developer of the new Master of Athletic Training degree.
- o Significant contributor to the self-study and successful reaccreditation of the athletic training program by Commission of Accreditation of Athletic Training Education (CAATE).

Program Director: 2012-2014

Athletic Training Program (ATP), Charleston Southern University.

- Directed all aspects of the program including budget, curriculum, accreditation, enrollment management and student advising.
- Budget of \$14,000.

Accomplishments:

- o In partnership with the Dean of Nursing and the Dean of Sciences-Mathematics, created a new College of Nursing and Allied Health Sciences which included moving the entire Department of Kinesiology to the new college.
- o Conducted a major revision of the ATP curriculum.

Founding Program Director: 2008-2012

Applied Exercise Science, Azusa Pacific University.

- Directed all aspects of the program including budget, curriculum, academic partnership, enrollment management, and student advising.
- Budget of \$21,000.

Accomplishments:

- o Successful implementation of a new Applied Exercise Science degree in the Department of Exercise and Sport Science.
- o Program grew to well over 200 students by 2012.
- o Students were eligible and successful in passing national certification exams (CPT, PES, CES) by the National Academy of Sports Medicine.

Director of Program Development: 2007-2012

School of Behavioral and Applied Sciences, Department of Exercise and Sport Science, Azusa Pacific University.

- Leadership role within the school and department to explore new degrees and other academic opportunities.
- Reported to the Dean, School of Behavioral and Applied Sciences.

Accomplishments:

- o Developed new Bachelors of Applied Exercise Science.
- o Created an academic partnership with the National Academy of Sports Medicine.
- o Created a new exercise science laboratory.

Clinical Director (Co-Program Director): 2005-2008

Athletic Training Program, Azusa Pacific University.

Clinical Education Coordinator: 1999-2005

Athletic Training Program, Azusa Pacific University.

Graduate Assistant Curriculum Director: 1997-1999

Athletic Training Program, Boise State University.

TEACHING EXPERIENCES (full-time)

Clinical Associate Professor: 2017-2020

Athletic Training Program (ATP), Department of Kinesiology, College of Health Sciences, Boise State University.

Clinical Assistant Professor: 2014-2017

Athletic Training Program (ATP), Department of Kinesiology, College of Health Sciences, Boise State University.

Associate Professor (Tenure-Track): 2012-2014

Athletic Training Program (Division), College of Nursing and Allied Health, Charleston Southern University.

- Teach and advise students in the Department of Kinesiology, including Athletic Training and Kinesiology students.
- Courses Taught:
AHAT 410 – Clinical Practice in Athletic Training V

AHAT 413 - Therapeutic Modalities and Lab
AHAT 414 - Therapeutic Exercise and Lab
AHAT 420 - Clinical Practice in Athletic Training VI
KINE 211 - Health and Fitness Assessment
KINE 408 - Kinesiology

Associate Professor (Term-Tenured): 2008-2012

Department of Exercise and Sport Science, School of Behavioral and Applied Sciences, Azusa Pacific University.

- Taught and advised students in the Department of Exercise and Sport Science, including Applied Exercise Science, Athletic Training, and Physical Education.
- Courses Taught:
 - AES 492 - Practicum in Strength, Conditioning, and Human Performance
 - AES 478 - Senior Preparation in Applied Exercise Science
 - AES 372 - Corrective Exercise Strategies
 - AES 363 - Physiology of Exercise with Lab
 - AES 290 - Human Movement Science
 - AT 498 - Directed Research
 - AT 469 - Health Care Administration
 - AT 452 - Current Concepts in Treatment and Rehabilitation
 - AT 440 - Practicum in Therapeutic Exercise & Medical Conditions
 - AT 355 - Medical Conditions and Disabilities
 - AT 352 - Therapeutic Exercise
 - AT 340 - Practicum in Athletic Injury Assessment
 - AT 242 - Practicum in Wrapping, Taping, and Bracing
 - AT 220 - Risk Management for the Physically Active
 - AT 160 - Acute Care of Injury and Illness
 - AT 101 - Introduction to Athletic Training
 - PE 366 - Care & Prevention of Athletic Injury
 - PE 251 - Teaching Methods for Contemporary Activities
 - BIOL 115 - Anatomy and Physiology and Lab

Assistant Professor: 2004-2008

Athletic Training Program, Department of Exercise and Sport Science, Azusa Pacific University.

Instructor: 1999-2004

Athletic Training Program, Department of Physical Education, Azusa Pacific University.

Instructor: 1996-1997

Exercise Science, Grand Canyon University.

Courses Taught:

EXS 365 - Care and Prevention of Athletic Injury
HLT 253 - Anatomy and Physiology
REC 315 - Outdoor Recreation
REC 200 - Introduction to Recreation

Labs: Kinesiology, Anatomy, Physiology of Exercise, Prescribed Exercise

TEACHING EXPERIENCES (Part-time/Adjunct)

Adjunct Professor: Fall 2015-Present

Department of Health Science, College of Western Idaho.

Courses Taught:

HLTH 220 – Care and Prevention of Athletic Injury

ALLH 101 – Medical Terminology

ALLH 220 – Fundamentals of Nutrition

Adjunct Professor: Spring 2008-Fall 2009

Athletic Training Program, Department of Kinesiology and Health Science, California State University – Fullerton.

Courses Taught:

KNES 377 – Therapeutic Exercise

Adjunct Instructor: Summer 2009-2012

Graduate Kinesiology, Fresno Pacific University.

Course Taught:

KIN 750 – Athletic Training Pedagogy Studies (online)

Adjunct Instructor: 2000-2007

Graduate Physical Education, Azusa Pacific University.

Courses Taught:

PE 589A/B – Research for Physical Educators

PE 560 – Sports Medicine

Graduate Assistant/Instructor: 1997-1999

Athletic Training Program, Department of Kinesiology, Boise State University.

Courses Taught:

PE 412 – Clinical Instruction II

PE 411 – Clinical Instruction I

PE 120 – (Athletic) Training Room Procedures

Adjunct Instructor: 1993-1996

Exercise Science, Grand Canyon University.

Courses Taught:

PE activities: golf, basketball, volleyball

PE teaching/coaching: softball/volleyball, weightlifting

Lab Courses: Kinesiology, Anatomy, Physiology of Exercise, Prescribed Exercise

PROFESSIONAL EXPERIENCES

Athletic Trainer (Volunteer)

Boise State University: August 2014-Present
Onward Shay Marathon, Boise ID: 2016
National Pole Vault Summit, Reno, NV: January 2010
Mt. San Antonio College, Special Events: Spring 2008-2012
South Hills High School: Fall 2006-2009

Athletic Trainer

Azusa Pacific University, Azusa, CA: 1999-2006

Duties: Provide injury prevention, injury assessment, rehabilitation and reconditioning, and physician referral for student-athletes with Volleyball (1999, 2000), Tennis (2000), Cross-country (2001) and Baseball (2000, 2002, 2003, 2004, 2005). In addition, provide supervision and clinical instruction as an Approved Clinical Instructor for the athletic training students in a CAAHEP accredited Athletic Training Program. Athletic training expertise in the following: throwing programs, PNF, muscle energy, strain-counterstrain, joint mobilization, and functional movement screens.

Host Athletic Trainer

Utah Jazz of the National Basketball Association, Boise, ID: September 1998

Duties: Assist and coordinate athletic training services for preseason camp.

Graduate Assistant Athletic Trainer

Boise State University, Boise, ID: 1997-1999

Duties: Provide injury prevention, injury assessment, rehabilitation and reconditioning, and physician referral for student-athletes with Football (1998, 1999) and Gymnastics (1999). In addition, provide supervision and clinical instruction for the athletic training students in a CAAHEP-accredited Athletic Training Program.

Head Athletic Trainer

Central High School, Phoenix, AZ: December 1995-June 1997

Duties: Provide injury prevention, injury assessment, rehabilitation and reconditioning, and physician referral for all student-athletes. In addition, coordinate pre-participation physicals and athletic training supplies.

Physical Therapy Technician

Advanced Physical Therapy, Phoenix, AZ: November 1994-May 1995

Worked under a licensed physical therapist. Duties: supervised and established patient exercise programs, modality treatments, and front desk operations.

Physical Therapy Technician

HealthSouth, Phoenix, AZ: September 1993-December 1993

Worked under a licensed physical therapist and a certified athletic trainer.

Duties: supervised and established patient exercise programs, modality treatments, isokinetic exercises, and occupational re-education programs.

Physical Therapy Intern

Lincoln Institute for Athletic Medicine, Phoenix, AZ: March 1993-April 1993
Worked under a licensed physical therapist and a certified athletic trainer.
Duties: supervised and established patient exercise programs, modality treatments, and isokinetic exercises.

ACADEMIC/CURRICULUM PROJECTS

Ford, P. (2020-present). Curriculum Revisions for the BS in Kinesiology and Program Review, *Boise State University*.

Sand, J. & **Ford, P.** (2018-present). Curriculum Revision of HLTH 400 – Interprofessional Capstone course. *Boise State University*.

Hammons, D. & **Ford, P.** (2015-2018). Curriculum Development and Proposal of Master of Athletic Training and B.S. of Kinesiology – Pre-Athletic Training emphasis. *Boise State University*.

Ford, P. (2014-2016). Athletic Training Program Student Handbook. *Boise State University*.

Ford, P. (2016). KINES 497 Special Topics: Corrective Exercise Strategies (BroncoFit – Employee Injury Prevention Program). *Boise State University*.

Ford, P. (2015-2016). Kinesiology Student Satisfaction Survey. *Boise State University*.

Ford, P. (2015-2016). National Academy of Sports Medicine: Advocate Partnership. *Boise State University*.

Ford, P. (2014-2015). Implementation of New Clinical Education Program: Athletic Training Program. *Boise State University*.

Ford, P. (2012-2014). Curriculum Development and Proposal of Master of Athletic Training. *Charleston Southern University*.

Ford, P. & Hulsey, T (2012 to 2013). Proposal of new College of Nursing and Allied Health (CONAH). *Charleston Southern University*.

Ford, P. & Hebel, S. (2011). AES Student Handbook. *Azusa Pacific University*.

Ford, P. (2010). AES 363 – Physiology of Exercise Laboratory Experiences Coursepack. *Azusa Pacific University Bookstore*.

Ford, P., Schmidt, C., & Hebel, S. (2008). New Major Development and Implementation: Bachelors of Science in Applied Exercise Science. *Azusa Pacific University*.

Schmidt, C., **Ford, P.**, & McKnight, C. (2007-2008, 7th Ed.). Athletic Training Program Handbook. *Azusa Pacific University*.

Ford, P. Clinical Instructor Newsletter (editorials). *Azusa Pacific University*.

Ford, P. (2005). Implementation of Systematic Supervision of Athletic Training Clinical Education (clinical instructor evaluation system). *Azusa Pacific University*.

Ford, P. & Schmidt, C. (2004). Online Clinical Education Evaluations. *Azusa Pacific University, eCollege: eCompanion*.

Ford, P. (2002). Athletic Training Program Brochure (CD format). *Azusa Pacific University*.

Ford, P. (2002). AT 220 – Risk Management for the Physically Active Coursepack. *Azusa Pacific University Bookstore*.

Ford, P. (2001). AT 101 – Introduction to Athletic Training Coursepack. *Azusa Pacific University Bookstore*.

Ford, P. (2000). PE 560 – Sports Medicine Coursepack. *Azusa Pacific University Bookstore*.

TEACHING-RESEARCH GRANTS

Ludwig, G., Marin, E., Eichmeyer, J., **Ford, P.** (2020-2021). IPE Teaching Grant: “Adaptability and Resilience for Pre-Service Healthcare Workers”. Boise State University Awarded: \$3000.00.

Davis, S., Lampignano, J., **Ford, P.** (2018-2019). IPE Teaching Grant: “C-Spine Injured Athlete”. Boise State University Awarded: \$800.00.

Davis, S. and **Ford, P.** (2017-2018). IPE Teaching Grant: “Asthmatic Athlete”. Boise State University Awarded: \$500.00.

Ford, P. (2016). BroncoFit Initiative: Employee Injury Prevention Program – KINES 497. Boise State University Awarded: \$1,600.00

Ford, P. and Wong, M. (2008-2009). The Effects of the Antioxidant-Anti Inflammatory-Electrolyte Supplement (Lutisport®) on Power, Endurance, and Maximal Oxygen Uptake in Elite Cyclists. Azusa Pacific University Awarded: \$1,979.00
Private Funding: \$3,200.00

Ford, P. (2006). Creative Teaching Grant: Computer Development of the Model of Systematic Supervision of Athletic Training Clinical Education. Azusa Pacific University Awarded: \$450.00

PROFESSIONAL PRESENTATIONS AND ABSTRACTS

Ford, P. (2021). BSU Broncofit Concussion Seminar Presentation. *Boise, ID.*

Ford, P. (2019). What Is and Isn't IPE and IPCP, podium presentation. *IATA Summer Symposium, Twin Falls, Idaho.*

Zamzow, C., M.E. Darnell, **P. Ford**, and S.A. Conger. Effects of beet juice on anaerobic exercise performance. American College of Sports Medicine Annual Meeting. Minneapolis, MN. May 29-June 2, 2018. (Med. Sci. Sports Exerc. 48(5-suppl): S2394, 2018)

Ford, P. (2015). Athletic Training, podium presentation. *Kinesiology Career Symposium, Boise, ID.*

Ford, P. & Schmidt, C. (2015). Direct Patient Contacts Should Replace Clinical Clock Hours in Determining the Completion of Clinical Education Requirements in Athletic Training. Peer-reviewed abstract, poster presentation. *NWATA Annual Meeting and Clinical Symposium, Spokane, WA.*

Ford, P. (2014). Should We Eliminate Clinical Hours? A New Framework for Determining the Completion of Clinical Education Requirements: peer-reviewed abstract, poster presentation. *SEATA Educators' Conference, Atlanta, GA.*

Butcher, M. & **Ford, P.** (Sept. 2013). Faculty Collegiality through Learning Communities. *Faculty Retreat, Charleston Southern University.*

Ford, P. (Feb. 2013). Human Movement Assessment, podium presentation. *SCATA Collegiate and University Symposium, Columbia, SC.*

Ford, P. (June 2011). Common Human Movement Impairments: The Role of the Kinetic Chain in Rehabilitation, invited speaker. *National Athletic Trainers' Association Symposium, Student Session, New Orleans, LA.*

Wong, M. & **Ford, P.** (Oct. 2010). The Effects Of Antioxidant, Anti-Inflammatory Supplement Race Day Fuel® on Power, Endurance, Maximum Oxygen Uptake, Lactate Threshold and Cytokine Level In Elite Male Cyclists, peer-reviewed abstract, podium presentation. *California Chapter of the APTA Annual Conference, Oakland, CA.*

Ford, P. (Mar. 2010). Human Movement Dysfunction. *Workshop Wednesdays - Sullivan Chiropractic, Covina, CA.*

- Ford, P.** (Feb. 2009). The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training Clinical Education - Dynamic Paired Behavior., peer-reviewed abstract, poster presentation. *Athletic Trainers' Education Conference, Washington, DC.*
- Livingston, J., Schmidt, C., & **Ford, P.** (Feb. 2009). Multiple Generations of Athletic Trainers: Implications for Clinical Education: general session (plenary) presentation. *Athletic Trainers' Education Conference, Washington, DC.*
- Ford, P.** (2006). The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training, speaker. *FWATA Clinical Symposium, San Diego, CA.*
- Ford, P.** & McChesney, J. (2006). Duration of Maintained Hamstring ROM Following Termination of Three Stretching Protocols: peer-reviewed abstract, poster presentation. *FWATA Clinical Symposium, San Diego, CA.*
- Ford, P.** & Schmidt, C. (Jan. 2005). The Frequency of Effective Clinical Instructor Behavior In The Clinical Field Experience Setting: Implications For Developing A Model For Systematic Supervision: peer-reviewed abstract, poster presentation. *Athletic Training Educators' Conference, Montgomery, TX.*
- Ford, P.**, Schmidt, C., & McKnight, C. (Sept. 2004). Learning Styles and Clinical Teaching Methodologies: speaker. *Approved Clinical Instructor Workshop, Azusa Pacific University, Azusa, CA.*
- Ford, P.** & Schmidt, C. (July 2004). Systematic Supervision of Approved Clinical Instructors: Clinical Instructor Effectiveness Instrument (CIEI): peer-reviewed abstract, poster presentation. *FWATA, Honolulu, HI.*
- Ford, P.** (April 2003). A comprehensive model of clinical education at Azusa Pacific University: presentation. *Approved Clinical Instructor Workshop, Azusa Pacific University, Azusa, CA.*
- Ford, P.**, Schmidt, C., & McKnight, C. (Jan. 2003). A Comprehensive Model of Clinical Education at Azusa Pacific University: peer-reviewed abstract, break-out session presentation. *National Athletic Trainers' Association, Athletic Trainer Educators' Conference, Montgomery, TX.*
- Ford, P.**, Schmidt, C., & McKnight, C. (April 2002). Introduction to Clinical Education Experiences: presentation. *Approved Clinical Instructor Workshop, Azusa Pacific University, Azusa, CA.*

Ford, P. & Tao, J. (Sept. 2000). Prevention and the Management of Heat Illness. *UPN Channel 13 News, Azusa, CA.*

Ford, P. (Aug. 1993). Eyes, Ears, and Face Injuries in Athletic Competition: presentation. *Sports Medicine Seminar for Coaches, Phoenix, AZ.*

MANUSCRIPT PUBLICATIONS

Ford, P. & Velasquez, B. (2010). Dynamic Paired-Behaviors in Effective Clinical Instruction. *Athletic Training Education Journal*, 5(1), 32-37.

Ford, P. & McChesney, J. (2007). Duration of Hamstring Flexibility Gains Following Termination of Three Separate Stretching Protocols. *Journal of Sport of Rehabilitation*, 16(1), 18-27.

MANUSCRIPT SUBMISSIONS

Ford, P. & Schmidt, C. (2018). The Frequency and Duration of Direct Patient Contacts during Athletic Training Clinical Education Experiences. *International Journal of Athletic Therapy and Training* (not accepted).

RESEARCH PROJECTS

Ford, P. and Wong, M. (2008-2009). The Effects of the Antioxidant-Anti-Inflammatory-Electrolyte Supplement (Lutisport®) on Power, Endurance, and Maximal Oxygen Uptake in Elite Cyclists. *Azusa Pacific University.*

Ford, P. (2005). The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training. *Dissertation Research: University of Southern Mississippi.*

Ford, P. (2003). The Effectiveness of Peer Assessment in Predicting Psychomotor Skill Acquisition Competence. *Directed Research Project, University of Southern Mississippi.*

Ford, P. & Yeung, N. (2002). The Effects of Various Stretching Techniques on Vertical Jump Performance. *Directed Research Project, University of Southern Mississippi.*

SUPERVISED STUDENT RESEARCH (Selected)

MAT 591 – Project (9 students). *Boise State University (2021-2024)*

- Corrective Exercise Interventions

- ACL
- Therapeutic Laser
- Functional Movement Screens
- Stretching Interventions
- Mental Health and Burnout in Athletic Training Students
- Guardian Caps

Fowler, M. (2020). A Review of the Incidence of Concussions with the use of Guardian Caps™. MAT 591 – Project. *Boise State University*.

Hernandez, L. (2020). A Review of the Differences in ROM between Static and PNF Stretching. MAT 591 – Project. *Boise State University*.

McCullough, M. (2019). Change in Muscle Stiffness following a Cupping Therapy Treatment in Recreationally Active Adults (thesis). Committee Member, Department of Kinesiology. *Boise State University*.

Zamzow, C. (2017). Effects of Beet Juice Supplement on Anaerobic Exercise Performance (thesis). Committee Member, Department of Kinesiology. *Boise State University*.

Pfenning, K. (Spring 2012). Human Movement Assessment and Corrective Exercise Intervention (case study). Chair, Capstone Honor's Project. *Charleston Southern University*.

Cole, K., Magnuson, K., & Rubino, A. (2008-2009). The Effects Of Antioxidant, Anti-Inflammatory Supplement Lutimax/Lutisport® On Power, Endurance, Maximum Oxygen Uptake, Lactate Threshold and Cytokine Level In Elite Male Cyclists. Co-Chair, Doctorate in Physical Therapy Program. *Azusa Pacific University*.

Undergraduate Student Research Project – AT 490. (Fall 2007). The Effects of the Antioxidant-Anti-Inflammatory Supplement (Lutimax®) on Speed, Heart Rate, and Oxygen Uptake in Experienced Cyclists. Chair, *Azusa Pacific University*.

Boynton, Brian. (2007). The Difference Between Male and Female Water Polo Athletes at the Community College Level and Their Use of Sun Protection – PE 589. Chair, *Azusa Pacific University*.

Davidson, Sidney. (2007). The Effects and Factors of Burnout in Coaching High School Sports – PE 589. Chair, *Azusa Pacific University*.

De Peralta, Cliff. (2007). The Effects of Static and Dynamic Stretches on ROM in the Shoulder Muscles of Beginning Surf College Students – PE 589. Chair, *Azusa Pacific University*.

- Dusseau, Lamont. (2007). The Relationship Between Extracurricular Sports Participation and Academic Achievement in Sixth Grade Middle School Students – PE 589. Chair, *Azusa Pacific University*.
- Espinosa, Joanne. (2007). The Use of Computer Technology in Middle School Physical Education Classes to Increase Motivation, Fitness, and Activity Levels – PE 589. Chair, *Azusa Pacific University*.
- Gaffney, Bonnie. (2007). The Effects of a New Physical Education Program on the Relationship of Body Mass Index and Body Fat Percentage to Classify Obesity and Overweight in Fifth Grade Students – PE 589. Chair, *Azusa Pacific University*.
- Goins, Jeremy. (2007). Learning Styles of High School Football Players – PE 580. Chair, *Azusa Pacific University*.
- Julianel, Ben. (2007). The Effects of Positive Self Talk on Anxiety and Performance – PE 589. Chair, *Azusa Pacific University*.
- Partin, Bob. (2007). An Analysis of Single Sport Student-Athletes in Grades 9-12 at Murrieta Valley High School – PE 589. Chair, *Azusa Pacific University*.
- Runner, Amy. (2007). Sixth Grade Attitudes Towards Physical Education – PE 589. Chair, *Azusa Pacific University*.
- Watson, Menyada. (2007). The Effects of Elastic Resistance And Free-Weight Training on Vertical and Broad Jump Performance in Collegiate Football Players – PE 589. Chair, *Azusa Pacific University*.
- Student Research Project – AT 490. (Fall 2003). The Effects of Interval Cryotherapy on Pitching Velocity and Grip Strength. Chair, *Azusa Pacific University*.

REVIEWER, EDITORIALS, EXPERT REFERENCES, AND MEDIA ARTICLES

- Manuscript Reviewer, *Athletic Training Education Journal*: 2010-Present.
- Manuscript Reviewer, *Journal of Sports Rehabilitation*: 2007-Present.
- Textbook Reviewer, *Sports Nutrition for Health Professionals*, FA Davis: 2015.
- “Bryan Clay” (expert reference), *APU Life*: Fall 2008.
- “Periodization”, *APU Media Relations* – Expert Web Editorial: Summer 2008.
- “Training the Core” (expert reference), *Oxygen Magazine*: 2008.

“Abdominal Training” (expert reference), Men’s Magazine: 2008.

PROFESSIONAL MEMBERSHIPS

National Athletic Trainers’ Association (NATA): 1993-Present

National Academy of Sports Medicine (NASM): 2006-Present

Northwest Athletic Trainers’ Association: 2014-Present

Idaho Athletic Trainers’ Association: 2014-Present

Mid-Atlantic Athletic Trainers’ Association: 2012-2014

South Carolina Athletic Trainers’ Association: 2012-2014

Far West Athletic Trainers’ Association: 1999-2012

California Athletic Trainers’ Association: 1999-2012

National Strength and Conditioning Association (NSCA): 2008-2011

PROFESSIONAL/COMMUNITY SERVICE

Commission on Accreditation of Athletic Training Education (CAATE) – Accreditation Peer Review (Site Visit) Chair and Member: 2014-present.

Treasure Valley Initiative to Prevent Child Sexual Abuse (D2L) Steering Committee: 2019-2021

National Athletic Trainers’ Association, Executive Committee on Education: Education Advancement Committee, D10 representative: 2015-2018.

National Athletic Trainers’ Association, Executive Committee on Education, Consultant Group, Professional Education: 2012-2013.

National Athletic Trainers’ Association Clinical Symposium, Team Leader – Educational Program, Host Committee: 2007.

California Athletic Trainers’ Association, Public Relations Committee member: 2006-2009.

Advisory Board Member, Educational Outcome Study. Primary Author: W. David Carr The University of Kansas: 2005-2009.

Advisory Board Member, East San Gabriel Regional Occupational Program and Technical Center. Walnut, CA: 2004-2007.

Clinical Education Consultant, Athletic Training Program, University of Minnesota – Duluth: February, 2004.

UNIVERSITY ROLES AND COMMITTEE ASSIGNMENTS

COHS Policy Committee (promotion policy), Boise State University: 2024-present

Kinesiology, Clinical/Teaching Faculty Promotion Task Force, Boise State University: 2024-present

Faculty Search Committee (member), Boise State University: Spring 2023

Kinesiology, Curriculum Committee (chair and member), Boise State University: 2019-2024

SAHS Policy and Procedures Committee (promotion policy), Boise State University: Fall 2021

College of Health Science Dean Evaluation Committee, Boise State University: 2021

Kinesiology, Strategic Planning Steering Committee, Boise State University: 2020-2021

Faculty Senate, Clinical Faculty Representative, Boise State University: 2019-2021

Kinesiology, Infrastructure/Facilities Workgroup (member), Boise State University: 2019-2021

Interprofessional Education Committee (chair, member), College of Health Sciences, Boise State University: 2014-Present

Academic Affairs Committee, School of Allied Health Sciences, Boise State University: 2018-2019

Faculty Search Committee (member), Boise State University: Spring 2017

Self-Study Workgroup, CAATE – Accreditation for Athletic Training Program. Boise State University: 2015-2018.

Clinical Affiliation Compliance Committee, College of Health Sciences, Boise State University: 2014-2018

Faculty Search Committee (member), Boise State University: Spring 2015

Re-Affirmation (Accreditation) Committee – Southern Association of Colleges and Schools (SACS), Charleston Southern University: Spring 2014

Health Promotion Program Accreditation Committee, Charleston Southern University: 2013-2014

Undergraduate Curriculum Committee (CONAH), Charleston Southern University: 2013-2014

Chair of Constitution Committee, Faculty Senate, Charleston Southern University: 2013-2014

Faculty Senate, Charleston Southern University: 2012-2014

Faculty Senate Ad Hoc Faculty Handbook Committee, Charleston Southern University: Spring 2013

Student Disciplinary Committee, Charleston Southern University: 2012-2014

Faculty Search Committee (member), Azusa Pacific University: Spring 2011

Steering Committee, Faculty Senate, Azusa Pacific University: 2007-2009

Faculty Search Committee (chair), Azusa Pacific University: Fall 2007

Faculty Search Committee (member), Azusa Pacific University: Spring 2007

Faculty Senate, Azusa Pacific University: Fall 2006-2012

Academic Integrity Review Committee, Azusa Pacific University: 2005-2012

Self-study Committee (co-chair), CAATE - Accreditation for Athletic Training Program. Azusa Pacific University, Azusa, CA: 2005-2007

Vice Faculty Moderator, Faculty Senate, Azusa Pacific University: 2003-2004

Senate Representative, Christmas Gathering, Azusa Pacific University: Fall 2002

Faculty Senate, Azusa Pacific University: Fall 2000, Spring 2002-Summer 2004

Self-study Committee (member), JRC-AT/CAAHEP Accreditation for Athletic Training Program. Pacific University, Azusa, CA: 2001-2002

Athletic Training Program Advisory Committee, Azusa Pacific University: 1999-2008

Faculty Search Committee (member), Azusa Pacific University: Spring 2000

Athletic Training Advisory Committee (member), Boise State University: 1997-1999

PROFESSIONAL DEVELOPMENT

eCampus Online Course Design, Boise State University: Summer 2024

CAATE Accreditation Conference, Atlanta, GA: 2022

eCampus Flexible Teaching for Student Success Institute, Boise State University: 2020

Leadership Pathways Program, Boise State University: 2019-2020

CAATE Accreditation Conference, Atlanta, GA: 2019

T3 Train the Trainer, Interprofessional Team Development Program, University of Washington, Seattle, WA: 2018

CAATE Accreditation Conference, Tampa, FL: 2018

NATA Athletic Training Educators' Conference, Dallas, TX: 2017

NATA Athletic Training Educators' Conference, Dallas, TX: 2015

CAATE Workshop, Atlanta, GA: 2014

SEATA Athletic Training Educators' Conference, Atlanta, GA: 2014

NATA Athletic Training Educators' Conference, Dallas, TX: 2013

NATA Athletic Training Educators' Conference, Washington, DC: 2011

NATA Athletic Training Educators' Conference, Washington, DC: 2009

NATA Athletic Training Educators' Conference, Dallas, TX: 2007

NATA Athletic Training Educators' Conference, Montgomery, TX: 2005

NATA Athletic Training Educators' Conference, Montgomery, TX: 2003

NATA Athletic Training Educators' Conference, Dallas, TX: 2001

CONTINUING EDUCATION

Brookbush Institute - Human Movement Specialist/Integrated Manual Therapist: 60+ credits

NWATA Conference, Boise, ID: 2024

VNATA Clinical Symposium: 2021

VNATA Clinical Symposium Enhancing Secondary School Athletics Health and Safety Policies: Examining the Evidence, the Progress and the Challenges: 2020

VNATA Symposium Treatment of Ankle Sprains & Instability: Linking Theory to Practice: 2020

NATA Evolving Concussion Prevention and Care Across the Life Span: 2019

NATA Managing Back Pain Using Manual Therapy Techniques: 2019

NATA Moving beyond the checkboxes: Utilizing Functional PPEs: 2019

NATA A Systematic Approach for Return to Sport Testing and Management Following Lower Extremity Injury: 2019

NATA Diagnostic Testing Series: Knee: 2019

NATA Diagnostic Testing Series: An Evidence-Based Approach to Lateral Ankle Sprain Clinical Evaluation and Diagnosis: 2019

IATA Summer Symposium, Twin Falls, ID: 2019

NATA Clinical Symposium, New Orleans, LA: 2018

IATA Summer Symposium, Boise, ID: 2016

NATA Clinical Symposium, Baltimore, MD: 2016

Sports Safety International online course: 2015

Incorporating EBP into Athletic Training, home study course: 2015

NWATA Conference, Boise, ID: 2015

NWATA Conference, Spokane, WA: 2015

IATA Summer Symposium, Boise, ID: 2014

MAATA Conference, Greenville, SC: 2013

NATA Clinical Symposium, New Orleans, LA: 2011

NSCA Plyometrics, Speed, and Agility Symposium, Colorado Springs, CO: 2010

NATA Weekend Workshop “Manual Therapy Techniques for the Cervicothoracic Spine and Upper Ribs”, Las Vegas, NV: 2008

NSCA National Conference, Las Vegas, NV: 2008

NATA Clinical Symposium, Anaheim, CA: 2007

APU ATEP Lecture Series, “Strain-Counterstrain”, Azusa, CA: 2006-2007

FWATA Conference, San Diego, CA: 2006

California State University Athletic Training Educators’ Colloquium, Fresno, CA: 2006

CATA Region 5 Meeting, Chino Hills, CA: 2005

The Institute of Physical Art, Back Education and Training, Azusa, CA: 2004

FWATA Conference, Honolulu, HI: 2004

NATA Clinical Symposium, Dallas, TX: 2002

NATA Clinical Instructor Educators’ Workshop, Los Angeles, CA: 2001

NATA Clinical Symposium, Los Angeles, CA: 2001

NATA Clinical Symposium, Nashville, TN: 2000

NATA Clinical Symposium, Kansas City, MO: 1999

FWATA Conference, Spokane, WA: 1998

Arizona Athletic Trainers’ Association Workshop, Phoenix, AZ: 1993

AWARDS AND SCHOLARSHIPS

Outstanding Perspectives Manuscript Runner-Up Award: “Dynamic Paired-Behaviors in Effective Clinical Instruction.” Athletic Training Education Journal: 2010

Teaching Excellence and Campus Leadership Award (nominee), Azusa Pacific University: 2009-2010

National Chancellor's List, The University of Southern Mississippi, 2005

Who's Who Among Americas' Teachers in America: 2004, 2005

Outstanding Graduate Student, Department of HPER, Boise State University: 1999

Department Fellow, Exercise Science Department, Grand Canyon University: 1993

National Dean's List, Grand Canyon University: 1990, 1991, 1992, 1993

Athletic Training Scholarship, Grand Canyon University: 1990, 1991, 1992, 1993
