RESOURCE GUIDE

For
Child and Adolescent
Mental Health Services

Allegheny County
Department of Human Services
Office of Behavioral Health
Bureau of Mental Health Services

Rev. 07.01.2024
(G:) Drive: Directories

This Resource Guide is maintained and updated by the
Allegheny County Department of Human Services
Office of Behavioral Health
Bureau of Mental Health Services

A copy of the Resource Guide can also be found online at:
http://www.alleghenycounty.us/Human-Services/Resources/Publications/Resource-Guides.aspx
Scroll down to **Mental Health Concerns and/or Substance Use Disorders (D&A)**
Click on Child and Adolescent Mental Health Services Resource Guide.

SERVICE COORDINATION UNITS

SCU: Service Coordination Units provide behavioral health services in different areas throughout Allegheny County. Consumers may access services by using their medical insurance, or fees can be set based on a sliding scale. Depending on the program or income eligibility guidelines, some services may also be free of charge. These agencies offer a wide range of treatment and support for children and adults whose functioning is impaired by mental illness, intellectual disability or alcohol and other drug dependency. Consumers may choose their Service Coordination Unit, but they may find it more convenient to start with the program that services their area.

Allegheny Children's Initiative
2304 Jane Street
Pittsburgh, PA 15203
P: 412-431-8006
F: 412-431-8124

Chartiers Center
437 Railroad Street
Bridgeville, PA 15107
P: 412-221-3302
F: 412-257-2008

FamilyLinks
401 N. Highland Ave
Pittsburgh, PA 15206
P: 412-661-9750
F: 412-924-1045

HSAO, Inc.
2801 Custer Avenue
Pittsburgh, PA 15227
P: 412-884-4500
F: 412-885-3900

Pittsburgh Mercy
1200 Reedsdale Street
Pittsburgh, PA 15233
P: 412-323-8026
F: 412-320-2376

Milestone Centers, Inc.
712 South Ave
Pittsburgh, PA 15221
P: 412-243-3400
F: 412-731-9707

Mon Yough Community Services
500 Walnut Street, 3rd floor
McKeesport, PA 15132
P: 412-675-8480
F: 412-675-8484

Pressley Ridge
2611 Stayton Street
Pittsburgh, PA 15212
P: 412-463-5993
F: 412-442-2958

Staunton Clinic
111 Hazel Lane
Sewickley, PA 15143
P: 412-749-7330
F: 412-749-7765

Turtle Creek Valley
723 Braddock Avenue,
Braddock PA 15104
P: 412-351-0222
F: 412-351-0180

Wesley Family Services
221 Penn Ave
Wilkinsburg, PA 15221
P: 412-342-2300
F: 412-347-3237

Western Behavioral Health
5231 Penn Avenue
Champion Commons Bldg, 2nd floor
Pittsburgh, PA 15224
P: 412-204-9042
F: 412-204-9134

ADMINISTRATIVE SERVICE COORDINATION

ASC – Administrative Service Coordination is usually a starting point for most families. If a consumer is registered with any Service Coordination Unit in Allegheny County, an Administrative Service Coordinator will assess the consumer's needs, help search for the appropriate providers, and make referrals to the services needed. An Administrative Service Coordinator provides technical assistance to families and children in need.

This service is available with or without insurance.

Allegheny Children's Initiative
2304 Jane Street
Pittsburgh, PA 15203
P: 412-431-8006
F: 412-431-8124

Chartiers Center
437 Railroad Street
Bridgeville, PA 15107
P: 412-221-3302
F: 412-257-2008

FamilyLinks
2644 Banksville Road
Pittsburgh, PA 15216
P: 866-583-6003
F: 412-343-4814

HSAO, Inc.
2801 Custer Avenue
Pittsburgh, PA 15227
P: 412-884-4500
F: 412-885-3900

Pittsburgh Mercy
1200 Reedsdale Street
Pittsburgh, PA 15233
P: 412-323-8026
F: 412-320-2376

Mon Yough Community Services
331 Shaw Ave
McKeesport, PA 15132
P: 412-675-6927
F: 412-675-8484

Staunton Clinic
111 Hazel Lane
Sewickley, PA 15143
P: 412-749-7330
F: 412-749-7765

Pressley Ridge
2611 Stayton Street
Pittsburgh, PA 15212
P: 412-463-5993
F: 412-442-2958

Wesley Family Services
1045 4th Ave
New Kensington, PA 15068
P: 724-335-9883
F: 724-335-2730

Western Behavioral Health
5231 Penn Avenue
Champion Commons Bldg, 2nd floor
Pittsburgh, PA 15224
P: 412-204-9042
F: 412-204-9134

BLENDED SERVICE COORDINATION

BSC – Blended Service Coordination – If a child is experiencing more significant serious emotional disturbance(s) that interfere with his or her ability to function, and he or she needs to receive treatment from two or more mental health providers or publicly funded systems, (such as Education, Child Welfare or Juvenile Justice), a Blended Service Coordinator would assist the family and child in coordinating these services. A blended service coordinator will also serve as a link and advocate between multiple systems to ensure the child gets the services that he or she needs. A Blended Service Coordinator will meet with the family/child in the home, at school or in the community, as needed.

Intakes can be done at the office, over the phone, or in the home. Agencies have up to 30 days to receive an evaluation.

Allegheny Children's Initiative
2304 Jane Street
Pittsburgh, PA 15203
P: 412-431-8006
F: 412-431-8124

FamilyLinks

ASC SERVICES ONLY

Pittsburgh Mercy
1200 Reedsdale Street
Pittsburgh, PA 15233
P: 412-323-8026
F: 412-320-2376

Pressley Ridge
2611 Stayton Street
Pittsburgh, PA 15212
P: 412-463-5993
F: 412-442-2958

Wesley Family Services
1045 4th Avenue
New Kensington, PA 15068
P: 724-335-9883
F: 724-335-2730

Chartiers Center
437 Railroad Street
Bridgeville, PA 15107
P: 412-221-3302
F: 412-257-2008

HSAO, Inc.
2801 Custer Avenue
Pittsburgh, PA 15227
P: 412-884-4500
F: 412-885-3900

Mon Yough Community Services
500 Walnut Street
McKeesport, PA 15132
P: 412-346-9743
F: 412-664-0109

Staunton Clinic
111 Hazel Lane
Sewickley, PA 15143
P: 412-749-7330
F: 412-749-7765

Western Behavioral Health
5231 Penn Avenue
Champion Commons Bldg, 2nd floor
Pittsburgh, PA 15224
P: 412-204-9042
F: 412-204-9134

FAMILY CENTERED SERVICE COORDINATION

FCSC- Family Centered Service Coordination is an approach to coordinating mental health (MH) services and supports for families served by child welfare, when two or more members of the family are experiencing—or are at risk of experiencing—serious mental illness or serious emotional disturbance. FCSC is intended to focus on the needs of the entire family and will coordinate a holistic plan that addresses not only the individualized needs of specific family members but also the needs, goals and priorities of the family.

This is only available to CYF active families through the NRO and MVRO offices

Pressley Ridge

2611 Stayton Street
Pittsburgh, PA 15212
Phone:412-442-2080

HIGH FIDELITY WRAP AROUND JOINT PLANNING TEAM

JPT- Joint Planning Team supports families with children 5-21 years old with a mental health diagnosis who are involved with multiple systems experiencing complex needs. Wrap Around facilitators address the unique needs of the child and family to develop an individualized care plan working to maintain the child safely in their home and community with appropriate support and resources. Caregivers are partnered with a Family Support Partner who provides peer-to-peer support to the family and assists them with engaging in the process and advocating for their needs. Older youth are partnered with a Youth Support Partner, a young adult professional who has personal experience as a youth with the human service system or juvenile probation. A Youth Support Partner mentors and shares their insights with the youth currently in the system and assists them in advocating for their needs.

Family Resources
1452 Forbes Ave
Pittsburgh PA 15219
412-363-1702 (Option 2)

Human Services Administration Organization
2801 Custer Ave
Pittsburgh PA 15227
412-884-4500

SUPPORTS COORDINATION

Allegheny County
Office of Developmental Supports Intake (ODS) : 412-253-1250

ODS registers eligible individuals with Intellectual Disability (ID), Autism, Developmental Disability (DD) prior to age 9 and Medically Complex Condition (MCC) prior to age 22 to connect them to Supports Coordination and other supports and services. Eligible individuals can work with a Supports Coordinator (SC) while working with other helping professionals, for instance, a Service Coordinator.

SC – Supports Coordination – Every person registered with Allegheny County Office of Developmental Supports (ODS) receives a Supports Coordinator through a Supports Coordination Organization (SCO)

The role of a Supports Coordinator is usually described in three ways:



Locating Services – helping you find ways to meet your needs.



Coordinating Services – Helping you access services that will help you.



Monitoring Services – Making sure that you receive services in the safest and best way to meet your needs.

Bridge to Independence
1-844-724-3483
www.abridgetoindependence.org

Center for Community Resources
724-485-8175
https://ccrinfo.org

Family Links
412-343-7166
www.familylinks.org

Journey to Wellness
412-824-3203
https://www.facebook.com/JTWSupports

Rankin Christian Center - Mon Valley Supports Coordination
412-464-1545
www.rankinchristiancenter.org

Care Lync
1-833-333-5962
www.care-lync.com

Service Coordination Unlimited
814-923-9757
www.sc-unlimited.org

Staunton Clinic
412-749-7335
www.heritagevalley.org

Healing Bridges (formerly Washington Communities Human Services, Inc.)
1-724-225-6940
www.myhealingbridges.org

INTENSIVE BEHAVIORAL HEALTH SERVICES

IBHS – Intensive Behavioral Health Services Intensive Behavioral Health Services (previously BHRS) are mental health services provided to youth in their home and community settings. They are sometimes called wraparound services and may include Mobile Therapy, Behavioral Consultation, and Behavioral Health Technician services. IBHS are for children that have a serious emotional or behavioral disorder that can best be treated in the home and/or in the community.

Achieving True Self, Inc.
1015 Pennsylvania Ave
Irwin, PA 15642

P: 866-287-2036
F: 888-244-1718

Allegheny Children's Initiative
2304 Jane Street
Pittsburgh, PA 15203

P: 412-431-8006
F: 412-431-8124

Alliance Health Wraparound, Inc.
634 Brown Avenue
Turtle Creek, PA 15145
P: 412-823-5293
F: 412-823-5294

Community Alternatives, Inc.
810 River Ave, Suite 100
Pittsburgh PA 15212

P: 412-381-5040
F: 412-381-5138

Community Psychiatric Centers
339 Haymaker Road, Suite 1104
Monroeville, PA 15146

P: 412-372-8000
F: 412-372-4117

Community Psychiatric Centers
900 Rebecca Avenue
Pittsburgh, PA 15221

P: 412-241-5437
F: 412-241-5349

Community Psychiatric Centers
135 Cumberland Road, Suite 105
Pittsburgh, PA 15237

P:412-372-8000
F: 412-372-4117

Family Behavioral Resources
5000 McKnight Road, Suite 202
Pittsburgh, PA 15237

P: 412-366-8342
F: 412-366-8346

Family Behavioral Resources
470 Streets Run Road, Suite 300
Pittsburgh, PA 15236

P: 412-881-2400
F: 412-881-6400

Family Behavioral Resources
339 Old Haymaker Road,
Suite 208
Monroeville, PA 15146

P: 412-824-4005
F: 412-824-4006

Family Behavioral Resources
150 Pleasant Drive, Suite 201
Aliquippa, PA 15001

P: 724-888-2097
F: 724-888-2098

Glade Run Lutheran Services
5648 Friendship Ave, 2nd Floor
Pittsburgh, PA 15206

P: 412-661-1827
or 724-452-4453 Ext 1084
F: 412-661-1867

Glade Run Lutheran Services
30 Glade Run Drive
Zelienople, PA 16063

P: 724-452-4453
F: 724-452-6575

Milestone Centers, Inc
777 Penn Center Boulevard
Bldg 7, Suite 200
Pittsburgh, PA 15235

P: 412-243-3400 x238
F: 412-731-9834

Nisar Health & Human Services, Inc.
560 Beatty Road
Monroeville, PA 15146

P: 412-374-8275
F: 412-374-0708

INTENSIVE BEHAVIORAL HEALTH SERVICES

Paula Teacher & Associates, Inc.
6149 Saltsburg Road, Suite 4
Verona, PA 15147

P: 412-744-4073
F: 412-704-5323

The Stern Center
21 Yost Boulevard
Cost Commons #5, Suite 303
Pittsburgh, PA 15221

P: 412-816-0761
F: 412-816-1680

UPMC (Theiss Early Autism Program)
(2-5 years of age)
1835 Centre Avenue
Pittsburgh, PA 15219

P: 412-713-0855
F: 412-682-4640

WJS Psychological Associates
633 Long Run Road
McKeesport, PA 15132

P: 412-751-5280
F: 412-751-5530

Wesley Family Services
4250 Old William Penn Highway
Monroeville, PA 15146

P: 412-573-0141
F: 412-573-0148

School of Play, LLC (ABA)
690 Lincoln Avenue
Bellevue, PA 15202

P: 724-475-9253

UPMC (Early Intensive Behavioral Intervention Autism Program)
(Up to 5 years of age)
1101 Bingham Street, 4th Floor
Pittsburgh, PA 15203

P: 412-235-5315
F: 412-235-5387

Watson Institute
301 Camp Meeting Road
Sewickley, PA 15143

P: 412-749-2889
F: 412-741-2454

Wesley Family Services
16055 Perry Highway
Building #3
Wexford, PA 15090

P: 724-443-8900
F: 724-443-4889

Youth Advocate Program
26 Terminal Way
Pittsburgh, PA 15219

P: 412-381-5563
F: 412-381-5584

Southwestern Human Services
110 Fort Couch Road
Second Floor
Pittsburgh, PA 15241

P: 412-831-1034
F: 412-831-8225

UPMC (Interactive Mobile Parent and Child therapy-IMPACT)
373 Burrows Street
Pittsburgh, PA 15213

P: 412-383-1575
F: 412-682-4640

WJS Psychological Associates
633 Long Run Road, #4
McKeesport, PA 15132

P: 412-751-5280
F: 412-751-5530

Wesley Family Services
100 Emerson Lane, Suite 1525
Bridgeville, PA 15107

P: 412-564-1172
F: 412-257-1571

Attain (ABA)
201 Penn Center Blvd; Suite 400
Pittsburgh, PA 15235

P:866-586-4861 or
215-650-8231

COMMUNITY AND SCHOOL BASED BEHAVIORAL HEALTH

CSBBH – Community and School Based Behavioral Health Services are services for children with a severe emotional and/or behavioral need that interferes with their functioning at school, at home or in the community. Services include individual, group and family therapy as well as behavioral management, crisis intervention and referrals. Your child is only able to receive this service if it is offered in the school building where your child attends school.

CSBBH services are delivered in the school, home and community using a team approach. Each CSBBH team consists of at least one Masters' level Mental Health Professional (MHP), one or more Bachelor's level Behavioral Health Workers (BHW), and consultation with a psychologist or psychiatrist.

Western Behavioral Health

Woodland Hills School District
Wilkins Primary

McKeesport School District
Twin Rivers Primary
Francis McClure Elementary

Penn Hills School District
Penn Hills Elementary

373 Burrows St, Pittsburgh PA 15213
Phone: 412-383-1550
Fax: 412-682-4640

Pressley Ridge

Sto-Rox School District
Sto-Rox Lower and Upper Elementary

Pittsburgh Public School District
King K-8

2611 Stayton St, Pittsburgh PA 15212
Phone: 412-422-2080
Fax: 412-231-5199

Wesley Family Services

Pittsburgh Public School District
Lincoln Elementary

Clairton School District
Clairton High School
Clairton Elementary School

221 Penn Ave, Wilkinsburg PA 15221
Phone: 412-342-2300
Fax: 412-247-6399

Every Child, Inc.

Highlands School District
Highlands Elementary

East Allegheny School District
Logan Elementary

1425 Forbes Ave, Pittsburgh PA 15219
Phone: 412-665-0655
Fax: 412-665-0755

MULTISYSTEMIC THERAPY

MST – Multisystemic Therapy is a multi-faceted, short-term, home and community-based intervention for families of youth with severe psychosocial and behavioral problems. MST is an intensive family and community-based treatment that targets delinquent, violent, or juvenile offenders, both male and female.

To be eligible for MST Services, the adolescent MUST:

- Be 12-17 years of age
- Be residing in a family setting with a caregiver, or returning home after any type of placement
- Have a caregiver who is willing to participate
- Have active Medical Assistance Coverage
- Be exhibiting chronic, violent, delinquent behavior and/or serious emotional problems

If the family is receiving outpatient services, partial hospitalization, or IBHS services, the mental health professionals working with the adolescent must agree to a referral to MST.

MHY Family Services

820 Evergreen Avenue
Pittsburgh, PA 15209
Phone: 412-350-8934
Fax: 724-625-2226

FAMILY BASED MENTAL HEALTH SERVICES

FBMHS – Family based Mental Health Services are voluntary mental health services for children and teenagers with serious emotional and/or behavioral disorders, as well as their families. FBMHS is for children who may need other out-of-home services if intense in-home services are not provided.

In addition to family therapy, FBMHS can provide around-the-clock crisis intervention to decrease the possibility of a child needing to leave home due to a crisis situation.

Allegheny Children's Initiative, Inc.
2304 Jane Street
Pittsburgh, PA 15203
Phone: 412-431-8006
Fax: 412-431-8124

Every Child, Inc.
1425 Forbes Ave, Third Floor
Pittsburgh, PA 15219
Phone: 412-665-0600 x221
Fax: 412-665-0755

FamilyLinks
401 N. Highland Avenue
Pittsburgh, PA 15206
Phone: 412-924-0142
Fax: 412-661-4166

Family Resources
1425 Forbes Avenue, Suite 500
Pittsburgh, PA 15219
Phone: 412-363-1702 X 1127
Fax: 412-253-2880

Glade Run Lutheran Services
P.O. Box 70
30 Glade Run Drive
Zelienople, PA 16063
Phone: 724-452-4453 X 1084
Fax: 724-452-2395

Pressley Ridge
2611 Stayton Street
Pittsburgh, PA 15212
Phone: 412-442-2080
Fax: 412-231- 5199

Southwood Psychiatric
342 Linden Creek Road,
Canonsburg, PA 15137
Phone: 724-338-4080
Fax:724-514-7942

Wesley Family Services
221 Penn Avenue
Wilkinsburg, PA 15221
Phone: 412-342-2205
Fax: 412-436-4305

Western Behavioral Health
Franklin Building
1011 Bingham Street
Pittsburgh, PA 15203

Phone: 412-235-5435
Fax: 412-798-6871

ACUTE PARTIAL HOSPITALIZATION PROGRAM

PHP – Partial Hospitalization Programs provide mental health treatment delivered in a clinic or school setting, to assist a child in transitioning from inpatient treatment or for prevention of psychiatric hospitalization. Typical treatment lasts 10-14 days.

Pittsburgh Mercy
(Ages 8-18)
1200 Reedsdale Street
Pittsburgh, PA 15233
412-697-3408

Mercy Partial Hospitalization works towards stabilizing a child's crisis by offering a day program designed for those who are leaving an inpatient setting or need more treatment than is available from outpatient services. The program separates children into elementary, middle school and high school groups. The structure of each day includes three hours in a Pittsburgh Public School therapeutic classroom, two hours in a therapeutic group, and one hour of milieu therapy.

Western Behavioral Health
For referrals contact the Pediatric Outpatient Call Center - 412-246-6668
(Ages 12-18)

1011 Bingham Street
Pittsburgh, PA 15203
412-235-5494

11279 Perry Highway, Suite 500
Wexford PA 15090
724-933- 1100

Western Behavioral Health Partial Hospitalization treatment offers a supportive environment of highly structured time, four to five days a week, for up to 20 hours per week. The program provides individual, family, and group therapies, and medication management. Transportation is not provided by the program.

Wesley Family Services
(Ages 6-18)
243 Johnston Road
Pittsburgh, PA 15241
412-885-7017

The Wesley Family Services Acute Partial Hospitalization Program provides the child with short-term crisis prevention and stabilization and referrals for special education placement or therapeutic help. The program is linked to a transitional school program so the child can keep up with coursework. By living at home during treatment, the child feels secure, and families

stay together. Following treatment, the child moves onto a more specialized school setting, or returns to his/her community and school better able to face issues and meet his/her goals.

NON-ACUTE PARTIAL HOSPITALIZATION PROGRAM

The non-acute partial hospitalization programs in Allegheny County are housed within school buildings and do not need to be written into an IEP. These programs are open to youth residing inside and outside of the school district where they are located. The treatment team consists of a psychiatrist, master's level therapists, mental health specialists and academic support staff. Average length of treatment is 6-9 months. Youth receive their treatment and education through the non-acute partial hospitalization program throughout each day.

Wesley Family Services
(Ages 5-18)
Deer Lakes High School
163 E. Union Road
Cheswick, PA 15024
Phone: 412-350-5483

Adelphoi
(Ages 10-14 : Grades 5-8)
West Mifflin Middle School
81 Commonwealth Ave
West Mifflin, PA 15122
724-804-7002

SCHOOL BASED PARTIAL PROGRAMS

School Based Partial Hospitalization Programs offer intensive mental health and behavioral health service that are designed to be embedded within educational programming. A referral to an APS (approved private school_ that offers a School Based Partial Program is an IEP team decision. The partial within the school will then complete an evaluation to determine if the student is appropriate for the School Based Partial housed within the APS.

PACE
2432 Greensburg Pike
Pittsburgh, PA 15221
Phone: 412-244-1900
Fax:412-244-0100

PLEA
733 South Avenue
Pittsburgh, PA 15221
Phone: 412-243-3463
Fax: 412-243-5649

Pressley Ridge
530 Marshall Avenue
Pittsburgh PA 15214
Phone: 412-321-6995
Fax: 412-321-0508

Watson Institute- Friendship Academy
255 S. Negley Avenue
Pittsburgh, PA 15206
Phone: 412-365-3800
Fax: 412-361-6775

Wesley Family Services
(K-8)
243 Johnston Road
Pittsburgh, PA 15241
Phone: 412-885-7017

INPATIENT HOSPITALIZATION

Inpatient Hospitalization - Acute level of care that includes a short hospital stay, during which youth receive around the clock medical care and intensive therapeutic interventions including intensive family intervention, individual and group psychotherapies, and medication management. Inpatient hospitalization can be utilized to ensure the immediate safety of the youth or those around him/her due to mental and behavioral health crisis the youth may be experiencing. The focus of treatment is to address the crisis or behaviors which led to up to the hospitalization and provide stabilization for the youth in order to discharge to a lower level of care.

Southwood Psychiatric Hospital
2575 Boyce Plaza Road
Pittsburgh, PA 15241
Phone: 412-257-2290
or 833-796-1841

Western Behavioral Health
3811 O'Hara Street
Pittsburgh, PA 15213
Phone: 412-624-1000
or 1-877-624-4100

TRANSITION AGE YOUTH TREATMENT TEAMS

Assists transitioning young adults to develop close therapeutic relationships that are focused on wellness and recovery. The program helps them to learn to manage their mental health symptoms, build safe and strong relationships, and learn to problem solve and resolve conflicts in their schools/employment, communities and relationships. Population served is 18-25 years old and it is a team delivered community-based approach, consisting of a Therapist, Service Coordinator, Psychiatric Rehabilitation and Certified Peer Support.

Pressley Ridge
Mobile Transition Aged Youth Program (MTAY)
101 Bellevue Road, Suite 301
Pittsburgh, PA 15229
Phone: 412-992-5643

Auberle
Mobile Intervention for Young Adults (MIYA)
1101 Hartman Street
McKeesport, PA 15132
Phone: 412-673-5800

PERMANENT SUPPORTIVE HOUSING FOR TRANSITIONAL AGE YOUTH (18-24)

PSH – The requirement for the program is that the consumer must have a mental health diagnosis with the desire to live independently in the community.

This service provides help to the MH consumer to find an apartment, work out tenant concerns and help with Independent Living Skills training related to housing.

Referrals for this program are only made through Community Care Behavioral Health Organization at 412-545-2120 for transition age youth who are already open with Pressley Ridge's MTAY or Auberle's MIYA programs.

TSI – Transitional Services, Inc.
806 West Street
Homestead, PA 15120
Phone: 412-461-1322
Fax: 412-461-1250

Notes:



Other Important Numbers:

