



**Leading Health Education on Site**  
Note Taking Guide

| <b>Health Literacy</b><br><u>Health Literacy One-Pager</u>                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                       |
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| What courses and programs are offering instruction in the six content areas?                                                                                                                                                                                                                                      | How are these courses and programs supporting the skill development of students?                                                                                                                                                                                                      |
| <ul style="list-style-type: none"> <li>• Alcohol, Tobacco, and Other Drugs</li> <li>• Mental, Emotional, and Social Health</li> <li>• Personal and Community Health</li> <li>• Nutrition and Physical Health</li> <li>• Growth, Development, and Sexual Health</li> <li>• Injury Prevention and Safety</li> </ul> | <ul style="list-style-type: none"> <li>• Analyzing Influences</li> <li>• Accessing Valid Information</li> <li>• InterpersonalCommunication</li> <li>• Decision Making</li> <li>• Goal Setting</li> <li>• Practicing Health-Enhancing Behaviors</li> <li>• Health Promotion</li> </ul> |
| Physical Ed 9                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                       |
| Wellness/MTSS                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                       |
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## Health Education in CA Schools

Access course [HERE](#)

| Key Learning | Questions           |
|--------------|---------------------|
|              |                     |
| Next Steps   | Resources Necessary |
|              |                     |

## Access, Equity, and Health Literacy

Access course [HERE](#)

| Key Learning | Questions           |
|--------------|---------------------|
|              |                     |
| Next Steps   | Resources Necessary |
|              |                     |

## Policies and Mandates

Access course [HERE](#)

| Key Learning | Questions           |
|--------------|---------------------|
|              |                     |
| Next Steps   | Resources Necessary |

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| Curriculum and Instruction<br>Access course <a href="#">HERE</a> |                     |
|------------------------------------------------------------------|---------------------|
| Key Learning                                                     | Questions           |
|                                                                  |                     |
| Next Steps                                                       | Resources Necessary |
|                                                                  |                     |

| Admin FAQs<br>Access information <a href="#">HERE</a> |                     |
|-------------------------------------------------------|---------------------|
| Key Learning                                          | Questions           |
|                                                       |                     |
| Next Steps                                            | Resources Necessary |
|                                                       |                     |

## Sex Ed During Distance Learning

Access information [HERE](#)

| Key Learning                                                                                                                                                                                                  | Questions                                                                                                                                                                                                                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Demonstrate internet research for valid and reliable information and services</p> <p>Demonstrate communication skills such as refusal, negotiation or conflict resolution through different scenarios.</p> | <p>What services should we be having students find to what extent explore? How do we manage issues/potential push from families/parents since virtual learning will give parents/guardians much more direct access to the curriculum as it is being taught?</p> <p>Are there specific scenarios already created that can be utilized by districts?</p> |
| Next Steps                                                                                                                                                                                                    | Resources Necessary                                                                                                                                                                                                                                                                                                                                    |
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