

# NEUROSPHERE



Нейрохаб: [neurosphere.pro](https://neurosphere.pro)



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**Главная** → JSON-Режиссёр → вводишь идею → получаешь готовый промпт.

Используй промпты в разделе **Видео** → Google Veo3.

## **ПРОМПТЫ:**

### **Девушка кушает лаву:**

Scene: A dark, intimate room with a plain dark wall in the background, creating a cozy, mysterious atmosphere during the night.

Main Character: A 25-year-old young woman with soft, wavy dark hair, fair skin, wearing a simple black top. She has a serene, blissful expression, eyes slightly closed, clearly enjoying the experience.

Background & Setting: Minimalistic, dark textured wall behind her, no extra decorations or lighting except soft shadows emphasizing her face and hands. The focus is solely on her eating.

Camera: Close-up portrait shot, framing her face and hands clearly. The camera is still, focusing tightly to highlight subtle facial expressions and delicate hand movements.

Dialogue & Action (8 s):

0-2 s: The woman gently picks up a piece of lava sushi with two chopsticks, her fingers precisely grasping it.

2-5 s: She slowly brings the sushi to her lips and takes a delicate bite, eyes closing softly in pleasure.

Main Character says (in Russian): Мне так нравится этот вкус (no subtitles)

5-8 s: She chews slowly, savoring the flavor; her lips part slightly but no lava drips out, showing control and care. Her breathing is calm and satisfied, small sounds of quiet eating and subtle lip smacks fill the audio like ASMR.

### **Печатают на клавиатуре из желе:**

Scene: A bright, softly lit studio environment with a simple, neutral background that emphasizes the subject. The atmosphere is calm and focused on the tactile sensation.

Main Character: Young female hands, approximately 20 years old, fair skin, well-groomed with a natural manicure, no jewelry to avoid distractions.

Background & Setting: The background is a plain studio backdrop in soft pastel tones to enhance the vibrant colors of the keyboard. The lighting is gentle and even, highlighting the shiny, translucent jelly material of the keyboard.

Camera: Close-up shot focusing tightly on the hands and keyboard. The camera is static, capturing detailed finger movements and the texture of the jelly keys.

Dialogue & Action (8 s):

0-2 s: The hands gently rest above the bright, multicolored jelly keyboard, fingers poised to type.

2-5 s: Fingers press down on the jelly keys one by one with slow, deliberate movements, producing distinctive, soft squishy sounds characteristic of jelly material.

Main Character says (in Russian): Мне нравится этот звук (no subtitles)

5-8 s: The typing continues rhythmically, fingers lightly tapping and sliding across the keyboard, creating satisfying gelatinous clicks and pops.

### **На хлеб намазывают желе из бриллианта:**

Scene: A dark, softly lit studio kitchen setting with minimalist and simple lighting focusing on the action. The atmosphere is intimate and calming, emphasizing ASMR sounds.

Main Character: Young female hands only, fair skin, neat short nails without decoration, visible from the wrist down.

Background & Setting: A plain dark studio background with subtle soft lighting highlighting the hands, the toast, and the jar. The toast is lightly toasted, golden-brown with crispy texture visible. The jar contains translucent jelly with shimmering diamond-like sparkles inside.

Camera: Close-up wide shot focused tightly on the hands, the jar, the toast, and the knife. The camera is still with gentle focus shifts to catch the texture and movement.

Dialogue & Action (8 s):

0-2 s: Hands pick up a small transparent jar filled with sparkling, diamond-like jelly and open it slowly, creating soft ambient sounds.

2-5 s: Using a small butter knife, the hand scoops a shimmering portion of the jelly out of the jar, the jelly glistening and emitting delicate, crystalline crackling sounds.

5-8 s: The jelly is slowly spread over the slightly toasted bread with crisp, crunchy, and sparkling sounds mimicking diamond-like textures.

### **Девушка кушает мороженное из лавы:**

Scene: A cozy studio with a dim, burgundy backdrop, creating a warm and intimate atmosphere.

Main Character: A woman's lips and hands are visible. Her lips are painted in a deep red, matching the background, and her nails are finely manicured. She appears focused and calm.

**Background & Setting:** The studio setting is softly lit, emphasizing the rich burgundy color. The atmosphere is peaceful and quiet, typical for ASMR videos. The lighting focuses on her face and the ice cream bar.

**Camera:** Close-up shot, capturing only her lips, nose, and hands. The angle is perfect for a detailed view of the ice cream being eaten.

**Dialogue & Action (8 s):**

0-2 s: The woman gently moves the lava ice cream bar towards her mouth. The surface of the ice cream sizzles softly.

2-5 s: She takes a careful bite. The ice cream crunches, and a small stream of molten lava flows sensually down its surface. Her eyes gently close as she savors the texture.

5-8 s: Her lips form a slight smile as the camera catches every detail of the bite and melting ice cream.

### **Мужчина режет грозовые тучи:**

**Scene:** A studio kitchen environment in soft, neutral lighting, evoking a calm and focused atmosphere in the afternoon.

**Main Character:** Unseen male hands only; hands adult, clean, steady, skillfully handling a sharp knife.

**Background & Setting:** Modern, minimalistic studio kitchen with matte white countertops and subtle kitchen utensils blurred in the background; small cutting board holds several small cloud-shaped objects roughly the size of two apples, resembling storm clouds.

**Camera:** Close-up shot focusing tightly on the hands and cutting board; camera is steady with slight slow zoom to emphasize detail.

**Dialogue & Action (8 s):**

0-2 s: Hands position the knife above a small gray cloud-shaped object on the cutting board. The ambient sound of a gentle thunderstorm is faintly heard in the background.

2-5 s: The knife smoothly slices through the cloud-shaped object, crisp slicing sound amplified for ASMR effect. Occasional small sparks and mini lightning flashes appear within the cloud piece as it is cut.

5-8 s: Hands continue with another slice on a second cloud-shaped object; thunder rumbles softly increasing in volume, with the subtle crackle of lightning synchronized with the cutting motions, enhancing the immersive ASMR experience.

### **Девушка ломает золотой слиток:**

Scene: A luxurious indoor setting with warm, golden lighting creating a rich and opulent atmosphere, focusing on a table overflowing with gold items in the background, softly blurred to emphasize depth and shine.

Main Character: POV view showing only female hands; hands are well-groomed, delicate, with elegant nails, gently breaking a solid gold bar. The mood is calm and focused, hands move smoothly and confidently.

Background & Setting: A wooden table covered densely with gold objects — gleaming gold coins, bars of various sizes stacked unevenly, some sparkling subtly in the warm light. The gold fills the frame so much that the table surface is almost invisible.

Camera: POV close-up shot focused on the hands and gold bar; steady camera captures all the tactile details of the breaking process with a slight depth of field blurring the background gold.

Dialogue & Action (8 s):

0-2 s: Hands pick up the solid gold bar and inspect it briefly, light reflecting off smooth surfaces; soft ambient sound of a luxurious room, slight gold shimmer sounds subtly audible.

2-5 s: Hands start to break the gold bar; an amplified, crisp, satisfying crunch sound plays emphasizing the ASMR effect; small golden dust particles shimmer briefly in the light.

5-8 s: The gold bar breaks into two uneven pieces; hands hold the pieces and gently tap gold coins around, creating soft metallic clinks enhancing the rich gold ambience.

### **Мужчина режет волну:**

Scene: A studio kitchen environment with soft, neutral lighting, creating a calm and immersive atmosphere in the afternoon.

Main Character: Unseen male adult hands, clean and steady, skillfully holding a sharp knife.

Background & Setting: Modern minimalistic studio kitchen with matte white countertops, subtle blurred kitchen utensils in the background. On a small cutting board lies a moving, realistic sea wave shaped like a cake, about the size of two apples. The wave gently rolls and flows as if alive.

Camera: Close-up shot tightly focused on the hands and the cutting board, steady camera with a slow zoom to capture details of the cutting and wave movement.

Dialogue & Action (8 s):

0-2 s: Hands carefully position the knife above the small rolling wave on the cutting board.

Ambient sound includes gentle ocean waves mixed with distant thunder.

2-5 s: The knife smoothly slices through the moving wave "cake," producing crisp slicing sounds enhanced for ASMR. As the knife cuts, the wave visually parts, water ripples realistically separating, with subtle splash effects.

5-8 s: Hands make a second cut on the next part of the moving wave; sound of slicing merges with soft thunder rumbling and ocean waves, creating a soothing ASMR atmosphere. The wave continues gentle motion after being cut, emphasizing the fluid texture and realistic wave behavior.