2026-2027 CONCUSSION VITAL SIGNS (CVS)

BASELINE TESTING INFORMATION

REQUIREMENTS:

- **Take the test in a quiet, distraction free environment.**
- **Use a desktop computer or a laptop** placed on a firm surface such as a desk or table. **You cannot take this test on a phone!**
- Do NOT use a wireless keyboard
- Make sure you have a reliable internet connection
- **Close ALL other programs and browser tabs before starting the test**
- **Use Google Chrome or Firefox browser to access the website. If possible, clear the cache/cookies on your computer before starting the test.**
- **NO cell phones, music, or other devices may be used during testing**

TESTING INSTRUCTIONS (FOLLOW STEP-BY-STEP):

*** FAILURE TO FOLLOW THESE DIRECTIONS MAY RESULT IN AN INVALID TEST AND THE NEED FOR YOU TO TAKE IT AGAIN!!!**

1. **Go to: www.concussionvitalsigns.com**
2. Click **"Athlete Testing"**
3. **Enter the username: ManAthlete**
4. **Enter the password: Braves26**

5. Device type: select **“Laptop or Desktop”** Click **“Athlete Assessment Login”**
6. For Athlete ID - **Enter your Manalapan HS student ID (numbers only)** (if you do NOT have a student ID, use your date of birth)
7. Click **“Take the Test”**
8. **Confirm Athlete Reference/ID: re-enter your Student ID**
9. **Enter: Birth Date**
10. **Enter: Full Name (NOT optional)**
11. Assessment Type: **“Baseline”**
12. Under **Assessments: select the first 3 boxes:**
    a. **Concussion Vital Signs**
    b. **Athlete Info & Medical History**
    c. **Concussion Symptom Scale**
13. **Test Supervision:** select one
14. **Testing Environment: “Alone”** Click: **“OK”**
15. **Confirm settings:** select - **“English or Spanish”** Click **“OK”**
16. **The test will now begin:**
    - **Test will take approximately 25 - 35 minutes total.**
    - **READ ALL DIRECTIONS CAREFULLY!**
    - **Once you start, you CANNOT stop the test; if you need to take a quick break, do so between testing sections**
    - **FOCUS AND COMPLETE THE TEST TRUTHFULLY, AND TO THE BEST OF YOUR ABILITY**
17. Once you have completed the test, you will need to complete 3 pages of **Athlete Information & Medical History** and 2 pages of **Concussion & Medical History**
18. Complete all information honestly, and as accurately as possible
19. For **Primary Sport: enter YOUR CURRENT SPORT (the one you’re testing for in order to participate this season)**
20. Once you have completed all information at the end of the test, click **“Logout”**

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