Letters to Incoming Freshmen from Previous Freshmen - FPU - 2019

At the end of the Academic & Professional Skills (APS) course, freshmen students wrote letters of advice to next year's freshmen. Below are those letters. Note: these letters are unedited and represent these students' views and opinions.

For some tips on succeeding in college, please see:
- [University Survival - Student Success Skills](#)
- [*College Success* free ebook](#)
- [*Blueprint for Success in College and Career* free ebook](#)

Dear Incoming Florida Poly Student,

Hello! Like half of this University's student body, I am a computer science major, specifically a cybersecurity major. If you're entering computer science as well, then that's cool! If you're entering another field, that's also cool! If you're undecided, that's still cool! I'm not here to judge you, I'm just going to give you some tips about college life, which I am apparently qualified to do now because I went through a single semester.

One of the most important things to consider in college is your time. You gotta use it well, because you won't be getting it back. Ever. Now, we both know you'll be getting a lot of assignments throughout your time here, but that you also don't want to spend all of your time outside of class doing those assignments-you got other things to do. One thing I have learned to help manage my own time is break up the assignment and do it over time. Or, at least, over more time than you normally would. Now, why would you want to spend more time on assignments-isn't the point to get them done as soon as possible? Not exactly. You need to get them done, but not at the cost of your own sanity. Even though I've done it before several times, working on an assignment for 5 hours straight the night before it's due isn't a good way to get your work done. Doing that makes you tired, and sleepy, and certainly not wanting to do more homework or studying. This very situation has lead to me getting overwhelmed by my workload countless times over the semester so far, and I don't want you to do the same. Now, how do you not get overwhelmed?

- Break up your work. As said before, breaking up assignments and studying is beneficial. It sets up clear goals, a clear endpoint, and manages the length of the assignment to lessen the feeling of being overwhelmed.

- Studying should be spaced out and have a clear end goal. Don't just study until you get tired. Break it up by section or by time. There's something called the Pomodoro Method that will be mentioned to you sometime during this class-it's basically just a way to manage your time without overworking yourself. There's a whole website about it that I would suggest looking up.

The other thing I would suggest doing during this semester, specifically for Academic and Professional Skills, is to read the flippin' book. For this class, you'll need to get a book called What the Best College Students Do. I deeply enjoyed this book while reading it, and feel that it helped shape how I view assignments, studying, classwork, and, especially, learning over the course of this semester. And I believe that you would benefit from giving the book a chance, at least until you get to the chapter about deep learning (which I believe is chapter 2 or 3).

At the end of the day, only you know how you best study and learn, and it's going to take some time to figure out what works and what doesn't. If you made it this far, though, I'm sure you'll be able figure it out. All I can say now is welcome to Florida Poly. We're glad to have you here.

Dear Freshmen of Florida Poly,

As a Computer Science major here, it's fair to say that half of those who read this will have that in common with me. If anything, the first year starts off very similar, so everyone who reads this will be able to enjoy this information.

For starters, make sure you have many connections. By having sources that have done what you will be doing, they can give you advice to ease your way into it. If anything, this will allow you to get access to help that you may feel too shy in getting.

Next, be sure to balance your time well. Sometimes, going out every night to hang out may seem alright to you, but that will be until you look on Canvas and see your abysmal grades. Thus, be sure to step away, or even encourage your friends to work together with you to ensure your success.

Finally, be sure to attend each and every class. Although it may seem ridiculous at times, it will allow you to at least see the professor so they may get more familiar with you. Never be satisfied with only getting the attendance code. Plus, you can ask any questions on homework or upcoming assignments while you're there, so it's not a complete waste of time.

Overall, remember that school always comes first. You are here to complete your education and obtain a degree in a field to allow you to work for an amazing wage. This university is not easy. But if you put your heart into everything you do, you will be able to achieve anything. I wish you the best of luck.

Dear Incoming freshman,

I am a Freshman at Florida Polytechnic currently about to finish my first semester here. I am a Computer Science student however most students here will have the same classes first

semester, so we all get a chance to get used to college and the class styles. The single most important tip I can give about college is to make sure you get your sleep. The difference for me between high school and college is massive and it mainly comes down to making sure that I've been getting enough sleep at night. There are many students who aren't getting enough sleep and it's obvious to everyone else who those are since they are the ones who you see missing or being late to class. Which brings me to the 2nd best tip I can give; go to class. The number of people who miss classes that even are attendance mandatory ones is a little ridiculous. But, later in the semester these are the same people having to withdraw from multiple classes their first semester. Lastly make sure you do the homework professors assign, this isn't busy work to eat up your time and it's a decent portion of your final grade, again there are people having to withdraw from classes this semester since they did not do this and are failing. In addition, if a professor sees you have been active and doing your homework then they are more likely to want to help you do better in the class and work with you on any difficulties you have. Now, non-academically, make sure you take time to relax once in a while since this will not be stress free and there will be times where you struggle and that's alright, if you can keep going through the stress you will make it through to the other side and be able to keep going.

Dear random stranger,

   I am currently a freshman majoring in computer science here at Florida Polytechnic, like how you probably are, idk 50% of the people are computer science, it's a pretty good chance that you're majoring in it, too. Here's some good tips for your time here. DO. YOUR. HOMEWORK. Don't put it off to the last minute, you're going to hate yourself and that ain't healthy my guy. Use the study rooms in the dorms if you're living on campus, they are there for a reason, if you don't live on campus, you can just go to the IST commons, just remember it can get loud in there during the day. If you need a place to cry, I recommend joining the crying club, yes, that is an actual club here, it's not a joke. You will probably see me on campus and never know that it was me who wrote that letter. Remember to ask questions if you don't understand a topic in one of your classes, it's not like your teacher is going to actively harass you because you didn't understand the topic, it's their job to help you understand the subject. Make sure to check your polytech email daily, you almost always get important emails from your professors either about due dates or when the next exam is happening, maybe even when there will be tutoring sessions. Canvas has a built-in calendar where it will show when assignments are due (assuming the professor puts in the due date), you can also put items in the calendar manually, this is VERY useful, don't ignore it. I recommend bringing a laptop for note taking, it is a wise investment, saves the trees. I'm running out of things to say, follow this advice, don't give up, YOU CAN DO THIS! I BELIEVE IN YOU, RANDOM STRANGER.

Dear freshmen of FPU,

      I am currently a student at Florida Polytechnic University, or FPU, and I am majoring in Computer Science with a concentration in Software Engineering at this moment in time. What I have realized after coming into University is that you are going to meet a variety of people. There are going to be people that are good to be around academically, socially, and maybe even both. What is essential to note however, is that you must have a healthy balance of both. Personally, speaking as an introvert, I know socializing can sometimes be exhausting. However, learn how to become your own person when you come into University. Learn how to be independent and have a healthy balance of introversion and extroversion.

Time-management plays a significant portion here at any University. If you're planning on working, I highly recommend laying out the basis of your day and building that foundation to help keep your life organized. I realized that for me working, studying, tutoring, class recitations, and clubs on top of that can all be physically and mentally draining, which is why it's essential you have some personal time to just relax and let your mind unwind itself from the day.

Another important thing to note is that things will not always go as planned. For instance, you might be struggling in a course and doing worse than you expected to be doing at the start of the year. You might have been a straight A student that is now struggling to maintain that grade that you desire in a course. Don't let that challenge undermine your potential to grow. It can be extremely difficult to realize that a grade does not define who you are as a person, but that the challenges that you face are an opportunity to learn from. Computer Science is definitely not meant to be an easy subject, but as long as you're willing to put in the effort to go to tutoring, the recitations, attending the professor's office hours, then can you say that you are working on improving yourself and creating a meaningful career in the long term.

Sincerely,

A past freshmen from FPU.

"Life's not about how hard of a hit you can give... it's about how many you can take, and still keep moving forward."

— Sylvester Stallone, Rocky Balboa

Dear, Freshmen or Fresh woman:

I would to welcome you to Florida Poly University; at the same time, I want you to congratulate you because you have put yourself in the path of success, because I know that you have made hard choices to be here; for example, you did choose to be working in your books and assignments instead of been with your friends in a party by doing this kind of choices you

already have started. There will be hard days ahead, studying, struggling, maybe some nights will be short, maybe on the road will be some A's, B's, or C's, yet it is part of the road by learning not only to embrace success but also failure you will better prepared to keep around. It will not be easy, but it this thing would be easy anyone could be doing it right? I want to close with the phrase of Winston Churchill (the victor Prime Minister of England in WWII) "Never, never, never, never, never, never, never, never, never, never, never, never, give up.

Have a wonderful four or five or six years who cares!!! Just do it.

Freshman Letter:

So… I am a freshman at Florida Poly University or FPU, and I am taking Computer Science, no idea what concentration yet, but I'll find out somewhere down the road. I'm pretty much writing this to you, so you know what to prepare for as you come down this path with us. Tip #1: make sure you sleep, now as farfetched as this tip sounds, it's kinda important. Sleep is what will keep you sane during your time at Uni; trust me, it doesn't matter if it is a power nap or you are passing out. Try and get as much sleep as possible because you will need it to wake up for those morning classes or to be able to finish all of your assignments. Bringing me to my next point, Tip #2 don't underestimate the difficulty of your classes. This may seem a little weird but hear me out, some of the classes you take will be as easy as pie, you pretty much just have to show up and be a good student for a good grade, however other classes will work you and test your endurance and push you so close to the edge that you think of pursuing other careers *cough* *cough* (you know what I mean), so I would say its better to overestimate them than to realize at the end of the semester you have a D in Chem or something. So, as a final tip or, Tip #3 be sure to find some good friends; yeah, this one seems like it has literally nothing to do with the other two but hold on. When you find some good friends, you are not only able to have a good time in class, but you will always have a support system. Those friends could be in higher math or science classes, and they can help you out with any of your subjects, and hopefully if you didn't follow Tip #2, get that grade up. Well that's all from me take it easy out there (but not too easy) peace.

Dear Incoming Freshmen,
I am a mechanical engineering major. Before you begin your journey through this rigorous STEM curriculum, there are a few tips and suggestions that I would like to pass on to help you succeed. At this point you might be having some doubt, about attending Poly or whether or not you will do well. One of my tips to you is to remain vigilant and confident in yourself. It is extremely important to be confident in your abilities as a student. When I first started, I was quite

nervous, however, as I continued on this journey, I began to realize that I shouldn't doubt myself or my abilities. Another suggestion I have for you is to enjoy your time here at Poly. It's important to not stay in your dorm or your house all of the time. There are a lot of people I know now who never leave their dorm and they are missing out on so much. There are tons of clubs, events, and activities to put yourself in and be a part of here at Poly. My only hope is that despite homework and studying and school, that you will do what you can to enjoy yourself and be happy because that is the ultimate tip for success. You will learn about all of the best college success tips and strategies soon enough but if you are happy and enjoy what you are doing, I guarantee that you will do well here at Poly.

I am a computer science major and I have a few recommendations for upcoming freshmen. My first advice would be to go to tutoring and extra math sessions. They're good practice for math and give you opportunities to do homework earlier than you might have if you didn't. Next tip is to come up with a system for writing down due dates and important events. I use the sticky notes app on my computer since I'm on it a lot and it helps greatly. Another tip is for if you're living on campus; buy a shower head. The ones in housing aren't the greatest and they're easy to swap out using a wrench of some sort. Just remember to swap them back when you have to move out. My last advice is to join at least one club for a hobby of yours. Good luck out there.

I am currently a Computer Science Major. Hey there! I'm going to provide you some tips I learned from my first semester at Florida Polytechnic University. I would make sure you keep track of your assignments. Most of your assignments will be accessible online, so plan yourself ahead of time to finish them. Try to not procrastinate as much, if you fall into that mindset, homework will take up all your leftover time and provide you more stress than if you try to get some of your homework started or finished. Make sure to take advantage of the events and clubs around the school to hang out with your RA, get to know other freshman, or just to see what the school has to offer. Also try to go to the gym whenever you have time to, it'll help destress you and you'll feel some improvement to your overall self over a few visits. For studying, you want to review around an hour or more for some of your classes. This is just good for recapping just in case. And finally if you lose any of your notes, hopefully you have your syllabus for that class, as it may help you reconstruct missing notes by looking it up. Good luck out there!

I am a computer science major, and a few tips I would recommend to succeed in your first year would be:

• Find clubs or groups of people doing something you are interested in. There are many clubs and many interesting projects going on that you can be involved in.
• Try and set aside some amount of time for studying, and try to have some variety of location.
• Plan due dates. Use a calendar, or notebook, or some other method of planning out your assignments and when they are due.

Dear Freshman,

Mechanical Engineer here. I'm currently a freshman at Florida Poly, and want to congratulate you for getting this far. However, don't relax just yet, for the transition from high school to college is extremely difficult. Between having to manage your free time, planning for projects, and studying for multiple exams at the same time, we've got our hands full. However, there are a few tips I can give to assist you. The most important thing, even if it's all you can take from this, is that it is okay to fail. Unlike high school, where you must pass every single one of your courses to move on, college can be as smooth or difficult as you want it to be. Even on scholarships, where certain credit hours are required to make the money to learn at institution, don't be ashamed to withdraw from the course if you've run out of time and know that you can't make the grade.
Another critical skill I must recommend is maintaining a sleep schedule. Seriously. I've slept late a few times, and it completely destroyed my ability to learn the next day. Go to sleep at a reasonable time. Again, even if you forget everything about this class, remember those.

Take the advice, don't question it. Trust me, I've been at this school for 3 years. I'm a Computer Science major, with a concentration in Cyber Security and Cyber Gaming.

• Socialize. Social time is the glue that will hold your academic career together. Without social activities, you'll get depressed.
• Your Success Coach/Guidance Councilor is your friend, and you definitely want to know them.
• You are not limited to your professors office hours. You can visit any professor with questions about courses, work, internships, clubs, academic resources, etc. The teachers like when you visit during their office hours, they get bored too.
• **Objective - Survive!** The classes DO NOT get easier. Yes there are hurdles to get over, but don't get complacent. Each class builds off the ones before it.

- Enjoy your general education classes. Biology, Chemistry, Composition 101, Technical Writing, Philosophy, etc. This school is a math only zone afterwards.
- Don't feel pressured to finish in 4 years. You're going to college and should be proud of that.
- Eat between the hours of 6 and 8 and eat vegetables, beef, and chicken regularly. It forces you to go to sleep earlier.
- Don't take 8 AM classes. You think you can do these things but you cant Nemo.
- Knuckle down and put effort into the beginning of the class so you have a smooth ride. The first 2-3 weeks are like taking candy from a baby, but its only uphill from there.
- Don't avoid the classes you're doing poorly in. Get help, there is no "ill just fix it with the final", the final will fix YOU up.
- Have fun and enjoy yourself, having a positive attitude will get you farther than any kind of knowledge will.

Dear incoming freshmen,

I am a computer science student here at Florida Poly. Allow me to welcome you to FPU, by the way.

Hopefully, you've been settling in well, though I completely understand if you're not. Going into college is a pretty rough transition. You're independent. You may be living in a dorm away from home. Classes are structured differently compared to high school. Maybe I can give some advice to make that transition easier.

Firstly, go and meet new people. Believe it or not, not everyone who goes to this university is antisocial. Find people to hang out with. Join clubs that fit your interests so you can meet new people. You're gonna be here for four years. You might as well not be here alone.

With regards to classes, I can give some pointers. Sadly, you don't get a choice of classes & professors for your first semester. For now, try to figure out how your professor does things (i.e. teach material, administer exams, etc.). This will help you see if you'll need to do learning outside of class. This is especially pertinent for rough classes like programming or physics. (You can appy this to professors you'll have later, too) If you're struggling in a class, feel free to talk to your professor during office hours. Just head upstairs in the IST. Alternatively, have a chat with the tutors in the ASC (room 1019 in the IST). People will help you; you just need to reach out and ask.

Lastly, some general advice: make the most out of your college experience. College really is what you make of it. This university is commonly criticized for not having much to do. I believe

that here, you need to seek out opportunities and events. Find clubs, talk with people, partake in events. If there aren't any opportunities then make them. College is what you make of it.

Hopefully there was some helpful advice in this letter. I didn't cover all my bases here, but maybe you'll take away something. Either way...enjoy your time here!
Signed,
A random Florida Poly student

Dear incoming freshmen,

Welcome to Florida Polytechnic University! First off, I'm a former freshmen like yourself and I'm a computer science major. My time at Florida Poly, honestly, hasn't been the greatest. My core classes are a definite struggle and it seems almost impossible to pass them. Chemistry is no joke. Some advice - if you really are struggling and don't understand material, go to a tutor. You might think you don't need it but I assure you those exams are no joke. If you can't improve your exam grades, focus on your homework enough to help support your grade. Don't take that for granted! Try and make friends, they'll probably help a lot during the first year. I personally didn't make any friends but I do better without social distractions.

But most importantly, enjoy yourself. Don't let school dictate your life and don't let your failures define you. You got this far and will continue to move forward. Good luck!

Dear Freshmen,
        I'm majoring in Computer Engineering and I'll share some tips that I've learned so far. First, do not procrastinate. Homework accumulates in no time. Each assignment may look doable but cramming 3 essays the night before the due date is not going to work and your grade will suffer. Second, connect with other people. University is not only a place to learn, but also the place to connect with other people in the field of your interest. Every individual has something unique that they can offer, so join clubs, participate events, and socialize to create larger connection. You'll be surprised by the benefits that the connection can offer. For example, you might get advantage on getting a job, find a great tutor, find a life-long friend, find a reliable teammate, and so on. Third, eat well and sleep well. A healthy mind comes from a healthy body. It is impossible to perform the best in the class if you are malnourished or tired. If you do not perform well in the class, you will have to cram more, if you cram more you get tired, if you get tired you don't do well in the class – it's an endless cycle. Forth, avoid morning class. I bet you'll regret choosing 8am classes. Extra hours in the morning is so sweet, so try adjusting your schedule accordingly. Good luck with your first year.

I am a current freshman at Poly, just like you. I'm studying computer science with my focused set as advanced topics. I did this since I wasn't sure what I wanted to do and wanted to try different things at my own discretion. Don't feel roped into your major. You can always change it; however, this may make you have to graduate later.

If you are having trouble making friends, I would suggest going to club meetings. Even if you don't end up permanently joining that club, the first meeting is often a good way to meet people. I personally know many people from the Jedi club and the drumline who are all very nice and easy to talk to people. If you really don't want to go to any clubs, you'd be surprised by how many other opportunities there are to make friends. I know many students sit in the dorm common areas and play Smash or other games. Most of these people are happy to have anyone join in. Roommates are also a great way to meet people, especially if you have older roommates. Personally, I met my friend group through my roommate who is a year older than me. Also, something I did during my first weeks here is I got all my roommates together for pizza and root beer floats. This was a fun little way to talk and get to know each other.

This varies from teacher to teacher, but I have found that most of my professors are very understanding and will help you even if you put something off for too long. I remember when I had put off doing half of the video interview project until the day before the due date. I ran around the IST trying to find a teacher to interview and got turned down repeatedly. I finally went to my teacher's office and was honest about putting off the project and he happily offered to help. He introduced me to his friend who I interviewed and turned in the project in time for the due date. I remember I was so afraid he would shrug and tell me that was my own fault since most teachers at my high school were like that, but I truly believe it's different here at Poly.

Dear Florida Poly Freshman,

I am currently approaching the end of my first semester at Florida Poly studying computer science. In high school, I easily achieved high grades, and I assumed that this would continue the way it had been. I never felt that I had to study intensely in high school or focus on time management to be able to get what I needed done in time. In addition, all of my high school learning was done through online private schools that used the Florida Virtual School curriculum, and Florida Virtual School emphasizes going at one's own pace, meaning that, as long as I submitted enough assignments each week, I maintained good academic standing. However, when I started college, the thing that I felt was the most difficult was adjusting to all of

the deadlines I had to meet. (I am still working on that!) There are numerous things you are supposed to do to get the most out of college, such as attending classes, completing assignments, studying and working on practice problems, attending clubs and events, socializing, networking for future careers, and looking for internships, but if you do not have enough time to do those things, you will never get to doing them. That is why I feel that the most important college success skill is time management. Even though, after completing most of my first semester, I feel that I am not particularly good at this skill, I still have a couple tips I can give you for success with it. Always maintain a list of tasks you need to complete. I use a program called gTasks for this, which syncs with the Google Tasks list of your Google account. Second, be mindful of the time you spend on things, and think about whether you actually want to be on your phone instead of studying. If necessary, block out your free time using a calendar app so that you can fill your free time with things you actually want to do, instead of mindlessly using your phone. If you can do these things, hopefully, you will find that college is a rewarding experience.

Sincerely,

A Florida Poly freshman

Hello incoming Freshmen,

I am a Data Science major, one of the few, at Florida Polytechnic University. Throughout my freshman year I've made a few mistakes I hope you can avoid with my warnings. Your first year in a college is exciting and you're motivated to do well. This motivation usually doesn't last long after you have adjusted to your new lifestyle. Making sure you keep your work ethic consistent and holding yourself to a standard will stop your grades from slipping after your strong start. Another thing is utilizing the on-campus help like tutoring or recitations. It's a stigma that people who need help are the only ones who can get it. That is far from true. Getting assistance can help you avoid needing help in the future. I hope the few things I've shared helped.

Dear Freshmen,

I am a Mechanical Engineering major. Welcome to Florida Polytechnic University. Here you will find a whole suite of fantastic facilities and aid. Classes aside there are a few things I urge you to do. First, go to club row and find at least one club to attend, clubs here are a great way to find a community of like minded people and make new friends who share interests. Second,

complete the workshop safety course. Once complete you will be able to use the shops and can design and create your own personal projects. Third, learn your due dates. Most professors here assign weekly homework, so learn what is due when. This can help you plan your weeks and space out homeworks. Personally I complete one or less assignments per day and manage to submit everything on time. Before I conclude I have one last tip for you. I've found the best way to study is to pick a question or two from material you had homework on the previous week and try to answer them without notes. If you need to review your notes then work on that material some more. It is extremely important to practice working on older material, as repetition is the best way to remember it. Also, don't just memorize a formula, make sure you know why it works. That can also help you remember important information for tests. That's all I have to say, have a wonderful year and above all else, remember to have fun!

Good day, upcoming freshmen,

I am a past freshmen computer science major. I came into this school with high school honors and a rather high GPA. The biggest advice that I could possibly give you is not to rely on your high school capabilities. College is very different. I've wasted countless hours procrastinating assignments everyday. This has led to consistent lower grades and late assignments. Fortunately, most of my teachers were incredibly kind and considerate but that doesn't excuse the lack of effort. Don't procrastinate. Finish assignments on time so you have time for everything else.

Dear Freshmen,

First, congrats on making it this far, but remember they don't just hand out diplomas, you still have to grind for that. Any ways I'm not going to tell you what to do nor how to do it, but I will say that you need to handle your own issues before you try to help others. What I mean is sometimes you need to be selfish and say no to people. It doesn't make you a bad friend, they will understand. Also try to keep in touch with your old friends or at least who you love and don't let your new "college life" consume you and subsequently cut off those who matter most to you. Also don't end conversations w/friends or people you care about on a bad note. I've recently learned what its like to lose a close friend out of nowhere and there's nothing I can say or anyone else can say to make coping w/that easier, but what makes things harder is having regret. In my case it was not realizing how much she meant to me when she was still alive. Something else I learned from that was petty fights w/close friends are pointless and stupid. If you find yourself in that situation take a break, let everything cool down, and tell them how much they mean to you.

There is not a single person that will hear a piece of advice and implement it automatically. That is why people hate when advice is shoved on them without asking. A person needs to experience the negative consequences of not following the advice and then come to the conclusion that the best way to overcome this is with the advice. A person might look back on past advice given and implement some of that but more often they will seek a trusted person and ask them for new advice. So the only advice I will give is to ask for that advice quickly and often. Hopefully it won't take too long before you can internalize that advice.

Hello freshmen,
I have a couple of things to say about being a freshman at Florida Polytechnic. I honestly didn't love being a freshman, but this was not the university's fault. I disliked it because of the general education classes I had to take. I would have disliked it much more if the professors weren't as caring as they are. The professors want you to succeed, remember that. With that being said, I struggled for the first half of my freshman year due to the fact that I hated most of my classes and this caused me to not care and I got lazy. Don't get lazy and you will do fine, I can promise that. One more thing, get involved in a club or 2. It helps you develop connections and connections are worth more than gold (come join the esports club).

Dear new student of Florida Poly,

Congratulations on making it in, and I hope you're excited to be here. Although, it is understandable if you are not excited. I'm a computer science major with a concentration in software engineering. Hopefully you are in a major you feel comfortable/confident in, and if not, I hope that you either do come to like it, or change it. A piece of advice that a professor once told me is that, if you are repeatedly struggling in your major or classes, just switch out or transfer. Don't get yourself stuck in a hole of stress and do what you can to pursue something that will make you happy. In the end, it's what you'll be doing for the next few decades.

Being in Florida Poly may feel stifling for a while, and the only way to deal with that is to open yourself up to new experiences. These new experiences can be joining clubs, going to campus events, socializing with your fellow classmates, and making friends. Honestly, opening myself up more has made Florida Poly more enjoyable and less stressful. When feeling down or alone, just know that there are people that can help and be there for you, or there are activities that can distract you just for a moment. Whatever you choose to make time at Poly for, treasure it. It'll be a memory worth saving.

I wish you the best in your classes here at Poly, or in whatever you choose to do.