

## **Role of the School Counselor During an Emergency Shutdown**

School Counselors are the first line of defense and can provide students with direct and indirect services to support their academic, social/emotional, and career development needs. The rapid spread of COVID-19 has forced districts to implement emergency shutdown plans. During this time of high levels of stress and anxiety, School Counselors can continue to provide [comprehensive school counseling services](#) via virtual platforms.

## **Promote Educational Equity**

Plans should outline comprehensive school counseling services that will be provided and address equity and access issues such as ensuring students have access to computers and the internet, and advocate for [educational equity in instruction](#).

## **Virtual School Counseling Resources (ASCA, 2019)**

[Download the PDF](#) of Planning for Virtual/Distance School Counseling During an Emergency Shutdown and check out these additional resources:

- [Webinar on Demand: School Counseling in a Virtual Setting](#)
- [School Counseling in an Online World](#)
- [Position Statement: The School Counselor and Virtual School Counseling](#)
- ["School Counseling Principles: Ethics and Law" – Chapter 3, Cyberspace](#)
- [Magazine Article: It's a Virtual World](#)
- [Ethics and Law Ch3 from Dr. Stone](#)
- [Ethics Considerations Webinar](#)

## **Ethical Standards Applicable to Virtual School Counseling (ASCA, 2016)**

The ASCA Ethical Standards for School Counselors: Virtual Section states the following:

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| a. Adhere to the same ethical guidelines in a virtual/distance setting as school counselors in face-to-face settings.                               | e. Inform both the student and parent/guardian of the benefits and limitations of virtual/distance counseling.   |
| b. Recognize and acknowledge the challenges and limitations of virtual/distance school counseling.  | f. Educate students on how to participate in the electronic school counseling relationship to minimize and prevent potential misunderstandings that could occur due to lack of verbal cues and inability to read body language or other visual cues that provide contextual meaning to the school counseling process and school counseling relationship. |
| c. Implement procedures for students to follow in both emergency and nonemergency situations when the school counselor is not available.            |  |
| d. Recognize and mitigate the limitation of virtual/distance school counseling confidentiality, which may include unintended viewers or recipients. |  |

## Build your Virtual School Counseling Program

Check out Our Complete [Virtual Folder](#) for additional resources

Website/ Tool	Description
<b>CDE</b>	<ol style="list-style-type: none"> <li>1. <a href="#">Online Engagement Systems and Platforms</a></li> <li>2. <a href="#">New COVID Guidelines for K12</a></li> </ol>
<b>Stanford Online School</b>	<ol style="list-style-type: none"> <li>1. <a href="#">This website has advice and resources on how to start your virtual program.</a></li> </ol>
<b>Amazing Educational Resources</b>	<ol style="list-style-type: none"> <li>1. <a href="#">List of free educational resources for all grade levels accessible to educators and parents</a></li> </ol>
<b>GOOGLE for Educators</b>	<ol style="list-style-type: none"> <li>1. <a href="#">Learn how to use google platforms</a></li> <li>2. <a href="#">Video on google classroom for lesson delivery</a></li> <li>3. <a href="#">Google Meets for video conferencing</a></li> </ol>
<b>Choosing Tools</b>	<ol style="list-style-type: none"> <li>1. <a href="#">CAPO District: Tool and Advise Presentation</a></li> <li>2. <a href="#">Recorded version of CAPO presentation</a></li> <li>3. <a href="#">List of recommended platforms to begin your virtual platform.</a></li> <li>4. <a href="#">How to use Smores</a></li> <li>5. <a href="#">Teach From Home Hub</a></li> </ol>
<b>Appointment Trackers and Sign-ups</b>	<ol style="list-style-type: none"> <li>1. <a href="#">Sign up Genius</a></li> <li>2. <a href="#">You Can Book Me</a></li> <li>3. <a href="#">Calendly</a></li> <li>4. <a href="#">Calendly QuickStart</a></li> </ol>
<b>Resources on How to Get Started</b>	<ol style="list-style-type: none"> <li>1. <a href="#">Video on how to switch to Online Learning</a></li> <li>2. <a href="#">Curated list of virtual activities</a></li> <li>3. <a href="#">ACA Recommendations for Telepsychology (information about informed consent and confidentiality discussed here).</a></li> </ol>
<b>Examples of Surveys for School Counselors</b>	<ol style="list-style-type: none"> <li>1. Needs Assessments: <a href="#">Comprehensive Program</a></li> <li>2. Needs Assessments: <a href="#">MS</a> and <a href="#">HS</a></li> <li>3. Check-in <a href="#">Sample 1</a> and <a href="#">Sample 2</a></li> <li>4. <a href="#">Sample of Informed Consent for E-Group</a></li> <li>5. Comprehensive list <a href="#">here</a> with virtual group counseling rules and confidentiality language samples</li> </ol>
<b>HIPPA vs. FERPA</b>	<ol style="list-style-type: none"> <li>1. <a href="#">What's the difference and who does each apply to? This document helps provide some differentiation.</a></li> </ol>
<b>Video Conferencing FERPA Compliant</b>	<ol style="list-style-type: none"> <li>1. <a href="#">This provides information on FERPA compliance with Zoom.</a></li> <li>2. <a href="#">Google Hangout information on FERPA compliance</a></li> </ol>

<b>Helpful Tips for Offering Virtual Early Intervention Services</b>	1. <u>While the context of this document is geared towards providing virtual services with special education, the tips shared in this document may be useful for providing virtual counseling services.</u>
<b>Corwin's Online Teaching Toolkit</b>	1. <u>Corwin provides a toolkit with resources for providing online instruction to students.</u>
<b>Transition to Online Learning with TIE: Resources and Support</b>	1. <u>TIE (Technology and Innovation in Education) has a web page devoted to resources along the areas of:</u> <ul style="list-style-type: none"> <li>• <u>Curating and sharing content</u></li> <li>• <u>Free online content for subject areas</u></li> <li>• <u>How to make it happen</u></li> </ul>

## Professional Development for School Counselors

Website/ Tool	Description	
<b>Hatching Results</b>	<u>Is currently offering free online PD courses for School Counselors/Counselor Interns</u>	FREE
<b>ASCA Webinars</b>	<ol style="list-style-type: none"> <li>1. <u>Upcoming webinars</u></li> <li>2. <u>ASCA On Air</u></li> <li>3. <u>Ethics and Law Ch3 from Dr. Stone</u></li> <li>4. <u>Ethics Considerations Webinar</u></li> </ol>	FREE until May 15
<b>ASCA U Specialists</b>	From March 15 - May 17, 2020, <u>all ASCA U Specialist trainings will be offered for \$29 for ASCA members (regularly \$99) and \$49 for nonmembers (regularly \$249). No code needed. If you have any issues purchasing or registering for any of these professional development offerings, please contact ASCA.</u>	Prices reduced
<b>Teaching Tolerance</b>	<u>Lesson Against Bullying &amp; Racism Around COVID-19</u>	Free
<b>ASCA Position Statements</b>	Download a PDF containing the text of all <u>ASCA position statements.</u>	Free
<b>NACAC</b>	E- Learning on <u>various topics</u>	Membership Fee
<b>Trauma Informed Practices</b>	PD for FREE with this PROMO CODE: <u>TRAUMAINFORMED</u>	Free with PROMO Code
<b>Telehealth for Mental Health</b>	Professionals 2 day distance learning PROMO CODE: <u>TELEXFREE Telehealth FREE PD</u>  <u>ACA Webinars on Best Practices for Telepsychology</u>	Free with PROMO Code  No Cost During COVID
<b>Wellness Together 3 Day Webinar by OCDE</b>	<u>Supporting You Supporting Students: Tools for the Challenging Times</u>	No Cost
<b>Panorama Education</b>	<u>Daily virtual learning</u>	FOR PROFIT
<b>Effective School Solutions</b>	<u>Webinars around mental health</u>	FOR PROFIT some webinars are free
<b>Webinar from CDC &amp; ASCD</b>	<u>Supporting Schools During The Coronavirus Crisis</u>	FREE

<b>International School Services: Webinar on Demand</b>	<p>Focused on the unique needs of <a href="#">counselors working with secondary students in online environments</a>.</p> <p>Various topics are discussed related to current school counselor struggles and best practices.</p>	FREE
<b>California PBIS Coalition</b>	<p><a href="#">Events for Student Wellness and School Climate</a></p> <ol style="list-style-type: none"> <li>1. <i>"Moving from the Physical Classroom to the Virtual Classroom: PBIS Foundations"</i> April 13, 2020 1:00pm-2:00pm</li> <li>2. <i>"Cultivating Your Emotional Health and Well-being"</i> April 14, 2020 11:00am-12:00pm</li> <li>3. <i>"Moving from the Physical Classroom to the Virtual Classroom: Prevention Practices for Addressing Online Specific Behaviors"</i> April 15, 2020 1:00pm-2:00pm (PDT)</li> <li>4. <i>"Integration of Mental Health"</i> April 16, 2020 2:00pm-3:00pm</li> <li>5. <i>"Supporting Acknowledgement and Expectations in Distance Learning"</i> April 17, 2020 11:00am-12:00pm</li> <li>6. <i>"Offering Behavior Specific Praise Online and at Home #PBIS"</i> April 20, 2020 11:00am-12:00pm</li> <li>7. <i>"Supporting Social-Emotional-Behavioral Skills in the Virtual Classroom"</i> -April 22, 2020 1:00pm-2:00pm</li> <li>8. <i>"How to be a Trauma Informed Behavior Jedi"</i> April 23, 2020 12:30pm-2:00pm</li> <li>9. <i>"Supporting Social-Emotional-Behavioral Skills in the Home"</i> April 29, 2020 1:00pm-2:00pm</li> <li>10. <i>"RENEW: A Tier 3 Intervention for High School aged Students"</i> -May 1, 2020 3:30pm-4:30pm</li> </ol>	FREE
<b>Additional Lists for PD</b>	<u>Resource to an outside list compiled by colleagues</u>	Vary by resource