

2024 CF Varsity Track Schedule

Date	Meet	Location	Start Time	Bus Time
Monday, March 11	Varsity Practice Begins			
Thursday, March 28	Rotary Relays	Home	4:30 PM	
Tuesday, April 9	Dual Meet vs. Owego	Home	5:00 PM	---
Saturday, April 13	NY/PA Invite	Windsor	10:00 AM	8:30 AM
Tuesday, April 16	Dual Meet vs SCC	Home	5:00 PM	
Saturday, April 20	Quinney Invite	Sidney	10:00 AM	8:15 AM
Tuesday, April 23	Dual Meet	CV	4:15 PM	3:10 PM
Friday, April 26	Ithaca Relays	Ithaca	5:00 PM	3:15 PM
Tuesday, April 30	Dual Meet	Waverly	5:00 PM	3:30 PM
Friday, May 3	Legends of the Night	Odessa	TBS	TBS
Thursday, May 9	Dual Meet	ME	5:00 PM	3:35 PM
Saturday, May 11	Parkhurst	UE	12:00 PM	10:45 AM
Wednesday, May 15	STAC Championship	JC	4:15 PM	2:45 PM
Wednesday May 22	Class Championships	Sidney	4:15 PM	2:35 PM
Wednesday, May 29	State Qualifying Meet	Endicott	5:00 PM	TBA
Thursday, May 30	State Qualifying Meet	Endicott	5:00 PM	TBA
Friday, June 7	State Meet	Middletown		
Saturday, June 8	State Meet	Middletown		

2024 Updated CF Modified Track Schedule

Date	Meet	Location	Start Time	Bus Time
Wednesday, April 24	Modified Meet	ME	5:00 PM	3:45 PM
Monday, April 29	Modified Meet	Owego	5:00 PM	3:35 PM
Monday, May 6	Modified Meet	CV	5:00 PM	4:15 PM
Thursday, May 9	Modified Meet	Waverly	5:00 PM	3:30 PM
Monday, May 13	Modified Meet	Corning	5:00 PM	3:00 PM
Monday, May 20	Modified Meet	Home	5:00 PM	—
Tuesday, May 28	Modified Championship	UE	5:00 PM	3:45 PM

The Meet originally scheduled for Thursday, May 16 at Windsor, has now been moved to Monday, May 20.

2024 Updated CF Modified Track Schedule

Date	Meet	Location	Start Time	Bus Time
Wednesday, April 24	Modified Meet	ME	5:00 PM	3:45 PM
Monday, April 29	Modified Meet	Owego	5:00 PM	3:35 PM
Monday, May 6	Modified Meet	CV	5:00 PM	4:15 PM
Thursday, May 9	Modified Meet	Waverly	5:00 PM	3:30 PM
Monday, May 13	Modified Meet	Corning	5:00 PM	3:00 PM
Monday, May 20	Modified Meet	Windsor	5:00 PM	3:30 PM
Tuesday, May 28	Modified Championship	UE	5:00 PM	3:45 PM

The Meet originally scheduled for Thursday, May 16 at Windsor, has now been moved to Monday, May 20.

NY/PA INVITATIONAL ORDER OF EVENTS

10:00	1	2000 M Steeplechase	G	Final
10:17	2	3000 M Steeplechase	B	Final
10:38	3	400 M Relay	G	Semi
10:46	4	400 M Relay	B	Semi
11:02	5	3200 M Relay	G	Final
11:18	6	100 M Hurdles	G	Semi – White Marks
11:29	7	3200 M Relay	B	Final
11:44	8	100 M Dash	G	Semi
11:56	9	100 M Dash	B	Semi
12:08	10	100 M Hurdles	G	Final – White Marks
12:10	11	110 M Hurdles	B	Semi – Yellow Marks
12:20	12	1500 M Run	G	Final
12:32	13	400 M Dash	G	Final – Timed Sections
12:49	14	110 M Hurdles	B	Final – Yellow Marks
12:51	15	1600 M Run	B	Final
1:11	16	400 M Dash	B	Final – Timed Sections
1:33	17	100 M Dash	G	Final
1:35	18	100 M Dash	B	Final
1:37	19	400 M Hurdles	G	Final – Timed Sections – Black Marks
1:49	20	400 M Hurdles	B	Final – Timed Sections – Black Marks
1:51	23	800 M Run	G	Final
2:02	24	800 M Run	B	Final
2:13	25	3000 M Run	G	Final
2:28	26	200 M Dash	G	Final - Timed Sections
2:40	27	200 M Dash	B	Final - Timed Sections
2:52	28	3200 M Run	B	Final
3:10	29	400 M Relay	G	Final
3:15	30	400 M Relay	B	Final
3:20	31	1600 M Relay	G	Final
3:40	32	1600 M Relay	B	Final

Boys Long Jump (Going Toward Bleachers) - Stay on that pit

Boys AND Girls High Jump (Two Areas)

Boys Discus

Girls Pole Vault

Girls Triple Jump (Going Toward Creek) - Stay on that pit

Girls Shot Put

Followed By:

Girls Long Jump (Going Toward Creek)

Girls Discus

Boys Triple Jump (Going Toward Bleachers)

Boys Shot Put

Boys Pole Vault

Douglas I Quinney Invitational

Saturday April 20

Time (all times are approx.)

10:00	2000 Meter Steeplechase	G	Final
10:12	3000 Meter Steeplechase	B	Final
10:27	100 Meter Hurdles	G	Semi
10:33	4 x 800 Meter Relay	G	Final
10:47	100 Meter Hurdles	G	Final
10:54	110 Meter Hurdles	B	Semi
11:00	4 x 800 Meter Relay	B	Final
11:14	110 Meter Hurdles	B	Final
11:21	100 Meter Dash	G	Semi
11:32	100 Meter Dash	B	Semi
11:40	1500 Meter Run	G	Final
11:58	400 Meter Dash	G	Final
12:08	400 Meter Dash	B	Final
12:17	1600 Meter Run	B	Final
12:35	100 Meter Dash	G	Final
12:37	100 Meter Dash	B	Final
12:42	400 Meter Hurdles	G	Final
12:50	400 Meter Hurdles	B	Final
12:57	800 Meter Run	G	Final
1:07	800 Meter Run	B	Final
1:18	200 Meter Dash	G	Final
1:31	200 Meter Dash	B	Final
1:40	3000 Meter Run	G	Final
1:54	3200 Meter Run	B	Final
2:12	4 x 100 Meter Relay	G	Final
2:20	4 x 100 Meter Relay	B	Final
2:28	4 x 400 Meter Relay	G	Final
2:33	4 x 400 Meter Relay	B	Final

FIRST:

Boys HJ (4'9 Start)

Girls HJ (3'9 Start)

Boys LJ

Girls LJ

Girls Discus

Boys SP

Girls PV

FOLLOWED BY:

Boys TJ

Girls TJ

Boys Discus

Girls SP

Boys PV

Scoring:

10-8-6-4-2-1