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| <b>1st Grade</b>                                                                                                                                                                | <b>Theme: Standing up and Standing Together</b>                                                                                                                                                                                                                                                            |
|                                                                                                | Be Kind written by Pat Zietlow Miller and illustrated by Jen Hill                                                                                                                                                                                                                                          |
|                                                                                                                                                                                 | <a href="#">Watch the Read Aloud</a>                                                                                                                                                                                                                                                                       |
|                                                                                                                                                                                 | <b>Enduring Understandings</b><br>When something unfair, unkind, or difficult happens, we feel better when others say something, stand with us or support us. When you see something unfair, unkind or difficult happening, you can say something or do something, even if it doesn't impact you directly. |
| <b>Expected length of lesson:</b> <i>45 mins to 1 hour. This includes reading the book and the activity.</i>                                                                    |                                                                                                                                                                                                                                                                                                            |
| <b>Materials (all are at school):</b> <i>A hardcopy of the book, a printout of this lesson, and all materials for the post-reading activity will be provided at the school.</i> |                                                                                                                                                                                                                                                                                                            |

## OVERVIEW

**Before the Read Aloud:** Arrive at school ahead of time to pick up materials. Each school will have its own system. Check with the main office if you have questions.

**During the Read Aloud:** Encourage discussion by pausing at identified stop-spots in the book. Guiding questions help prompt students to share what they are thinking about.

**After the Read Aloud:** Walk around as students are working to praise work and ask questions.

### Teaching Tip

- 1) The stop spots are suggestions. You may decide to stop other places in the book to hear what students are thinking.
- 2) Students may ask questions you don't know the answer to. You can say, "What a great question. I don't know, but I will ask someone that can help us learn about that."

### What do I do when the lesson is over?

- Students can take completed products home or the teacher can collect work to display.
- Please return materials to their original location so we can keep the Project organized and running smoothly.
- Please fill out our [feedback form](#) (or scan QR code). Thank you!



## LESSON PLAN

### Lesson Introduction

**Say:** Today we are going to read a story about Tanisha who spills grape juice on her dress and feels embarrassed. As we read, think about how other people change Tanisha's feelings.

### Reading

Stop-Spot 1: (page 2: illustration shows everyone laughing)

**Ask:** Why are the other kids laughing?

**Do:** Call on a few students.

**Ask:** What would you want someone to say or do if you spilled grape juice on your dress?

**Do:** Call on a few students.

Stop-Spot 2: (after reading the page with "my mom says the quickest way to be kind is use people's names")

**Ask:** How do you feel when someone remembers and uses your name?

**Do:** Call on a few students.

Stop-Spot 3: (after reading the last page)

**Ask:** What would you do for Tanisha?

**Do:** Call on a few students.

**Ask:** What's a small kindness you could do today?

**Do:** Call on a few students.

### At the end of the story

**Do:** Share the Enduring Understanding by saying: When something unfair, unkind, or difficult happens, we feel better when others say something, stand with us or support us. When you see something unfair, unkind or difficult happening, **you can think about the best way to be a good friend and act on it**, even if it doesn't impact you directly.

**Ask:** What would you want a friend to do for you?

### Post-reading Activity

**Do:** Show students the worksheet.

**Say:** Now we're going to draw three ways to be a good friend. (Materials: copies of the following page, 1 per student, crayons, colored pencils or markers.). Walk around as students are working.

Name: \_\_\_\_\_

Be Kind by Pat Zietlow Miller

# BE KIND

**To have a friend, you must be a friend.**

Draw 3 ways you can be a good friend.

