ULT Launch Zoom Call Outline

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During the next 30-minutes I will walk you guys through this "Ultimate Lifestyle Transformation Program" and each single one of the products.

As we all know during the last 2 years our world has gone through a health crisis with the quarantine. A lot of us have been in lockdown, now working from home, sitting all day, putting inflammation in the body, and suffering from stress.

Now more than ever people are looking for something that works and something that is easy and convenient.

I want to start by saying that this is:

- Not a diet or deprivation. This is for those that are looking for a way to keep your immune system strong, balance the hormones, balance gut health, have more energy, and just feel better overall.
- A lot of people start this program because they want to drop weight initially but what they end up finding very quickly is that there is way more than that. Very quickly their sugar cravings disappear, bloating goes away, their brain fog disappears and tells me that their joints aren't hurting anymore and it's so beautiful when our bodies start to respond. Plus, they drop weight. A bonus.

How does this program work?

You will have 2 meal replacements a day. You choose which meal you want to replace, most people replace breakfast and lunch. Then they have a decent dinner and as many snacks as they want because this is not about deprivation. Then cherry before bed.

- I will go over what that does.
- Your 2 meal replacements consist of gut support, protein, and power shake.

BioMedic:

- Gut support is a pro and pre biotic and also removes glyphosate.
 Glyohostae is a toxic herbicide that has been sprayed in non organic fruits and vegetables. If you have ever eaten non organic then there is a 100% chance there is glyphosate in your gut. Glyphosate is linked to cancer, autism, gluten intolerances and more. It is amazing to have something that removes glyphosate but also rebuilds the gut.
- There are so many problems like IBS, leaky gut and this product give a lot of relief.

Super Aminos:

Protein has 99% absorption rate. Most proteins has 14-40% absorption and the rest you pee it out. This protein does not strain your kidneys. It skips your digestive system.

- It gets absorbed by your muscles in 23 minutes causing you to burn fat and it builds muscle without working out. It also helps in tightening the skin and it's a fantastic collagen booster.
- They are Tablets. If you don't like to take tablets you can mix it with a Power Shake. You take this 2 times a day. Vegan protein from legumes.

Power Shake:

It comes in a compostable bag. Add water, shake it and go. No juicer and save time. Add frozen banana, cacao, dates and make it a dessert. So much nutrition that your body absorbs to a cellular level..

- Maybe the first day would be an adjustment for those in the American diet and pallet adjustment. Make it taste however you want.
- What's unique about power shake is that every ingredient is organic. No isolates, fillers, metals, the company doesn't believe in that stuff. Only 150

calories. Very low as a meal replacement. Add extra calories with cacao, avocado, etc. You can NOT eat all the nutrients in your body with a regular diet.

Take the shake twice a day. I like to take it with the Super Amino tablets.

Apothe Cherry:

Take before bed time. Have a tablespoon of Tart Cherry 30 minutes before bedtime. Natural source of melatonin. Helps us sleep better. Helps clean up the liver. It may help with gout (intense red inflammation in joints, feet, etc) and is loaded with antioxidants. Is a collagen booster. Brings down inflammation and cleanses the liver. Antioxidants mean vitality. Oxidizing means rusting.

This program is so simple. It will save you time and money. Who doesn't want more of that?

Super CleansR:

Lastly, we take herb's gentle colon cleanse. We flush extra toxins and clean off parasites.

- What I love about this formula is that every ingredient is designed to attack
 the parasites in a different way. Some dehydrate them, make them infertile,
 cut them in half, starve them, etc.
- If you want to make this program a full parasite cleanse I recommend you buy a second Super CleansR.
- Take it for 10 days then wait 20 days and take it again.
- The reason for this is because the parasites leave eggs and it takes 20 days for them to latch again. We want to make sure the second sweep takes those away.
- If you are pregnant or breastfeeding you will skip this.

If you are an athlete or doing weight training, do crossfit, or workout, you might want to consider the **ULT + Performance Pack**. It comes with extra protein, energy drink and extra support.

 Whoever invited you here will help you decide which program is best for you.

Investment. Now, this entire program with all the meal replacement for 30 days breaks down to under \$11 a day. This is what I mean you will be saving in groceries. I have people that spend more in Starbucks or Mcdonalds. This might also be a program that might help you get off the medications. I am not making claims but we have lots of testimonials in our support group.

- You will love this program however everyone reacts differently and has different results. Some people drop weight and other bodies say let's work on liver and adrenals before the weight and then it decides to release the weight.
- Those are huge wins! Even though we can't see them. But we can feel them. Having more energy, sleep better, less inflammation, there are some victories and after those victories and a few months later the weight drops.
 The body is intuitive and knows what to do.
- What people do after the program is the "core 4." They do 1 meal replacement instead of 2 or they do a 90 day run to do a deep cleanse. It will take more than 1 month to get to where we want to go.
- Remember where you are now is where you have been probable almost a lifetime.
- Snack whenever you are hungry. The leaner the greener. Fill your house with healthy stuff. Everything we put in our mouth will help us or hurt us. You don't have to be vegan, keto, vegan, etc. This is about eating real food.
- This is a common sense plan. (Does anyone here want to share testimonials)

1-2 TESTIMONIAL STORIES (2-3 MINUTES EACH)

New Brand Partner asks questions to presenter:

- 1. What do we do after the 30 days?
- 2. Can you workout during this program?
- 3. What if \$12 a day is out of the budget?
- 4. What if you drink coffee?
- 5. What does a day in the ULT look like?

Closing:

- Once your gut is balanced out you start craving the good stuff
- You are going to love it and share it. Friends will start asking you what you are doing. You can also share them with a code that the company gives you complimentary if you wish. Chat with whoever invited you here and they will help you place your order.
- Make sure you set up your maintenance program. You can whatever option you decide. 1 meal replacement or 2
- The maintenance program will lock your 25% saving and double points and mainly your maintenance will help you achieve the long term goals!
- The person that invited you has all the info in getting you started.

Thank you!