

# **Cyndi Dale – The Light Rising Community Energy Healing for a Tumultuous Time 2025**

## **The Light Rising Sacred Circle Healing**

Join The Light Rising Community Energy Healing for a Tumultuous Time. Each week, Cyndi Dale guides a sacred circle to help you grow spiritually. Moreover, you will experience energy healing and connect with a supportive, light-centered community.



## **What You Will Experience in the Circle**

Over 24 weeks, you will learn advanced energy practices. In addition, cross-cultural healing methods and spiritual teachings will help you transmute trauma. As a result, your personal and collective consciousness will expand.



## **Spirit-Guided Energy Practices**

Each session provides energy practices tailored to the week's collective energies. Therefore, you stay grounded, aligned, and attuned to higher guidance. Also, these practices are simple to integrate daily.



## **Cross-Cultural Healing Methods**

Learn techniques from Essenes, Kogi, Hindu, Christian, Hopi, Aztec, Tibetan, and Persian traditions. They transform personal and global pain into spiritual strength. Furthermore, these practices are rarely shared outside their original lineages.

## **Advanced Chakra Activation**

Engage with advanced chakra systems, including the Tibetan 6-chakra model and other divine archetypes. This helps you expand energetic capacity. Next, you can embody higher consciousness in daily life.

## **Community Reflection & Dialogue**

Participate in breakout groups for reflection and sharing. Then, gain collective insights and support. Moreover, this builds courage, resilience, and compassion in turbulent times.

## **Why Join The Light Rising Circle**

This Sacred Circle Healing is for lightbearers ready to activate their gifts. Also, you will transform energetic patterns and co-create a compassionate, conscious world. Therefore, your presence becomes a source of light in tumultuous times.



## **Session Format & Details**

Attend 24 live 30-minute sessions every Sunday at 3:00 PM UTC. Video and audio recordings are available. Moreover, optional 60-minute practice groups allow deeper integration and community connection.

## **Interactive Practice Sessions**

After each circle, join optional practice sessions. These provide intimate group support and integration. Also, participants can share insights and connect meaningfully.

## **Exclusive Online Community**

Access a private platform to continue exploring, sharing, and connecting with like-hearted participants. Meanwhile, this space is free of social media distractions.

## **About Cyndi Dale**

Cyndi Dale is an internationally renowned author, speaker, and intuitive healer. She has guided over 80,000 people worldwide. Furthermore, she helps participants open their essential energy, cultivate spiritual growth, and embody higher consciousness.



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