



Course: Career Life Education

Teacher: Elyse Cochrane

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BIG IDEAS: Finding a balance between work and personal life is essential to good physical and mental health. A network of family, friends and community members can support and broaden our career awareness and options. The global economy affects our personal, social, and economic lives and prospects. Effective career planning considers both internal and external factors. Learning how to learn prepares us to be lifelong learners who can adapt to changing career opportunities. Successful career and education paths require planning, evaluating and adapting.

Course Layout:

UNIT	TOPIC
1	Who am I?
2	How Connected am I?
3	What Do I Have to Learn?
4	What would I Like to do?
5	How does today's world influence my career choices?

Grading:

ITEM	WEIGHT
REFLECTIONS	10%
ASSIGNMENTS	80%
ASSEMBLE AND REFLECT	10%

Learning Outcomes:

The activities in this course are based on the [core competencies and curricular competencies](#) as provided by the Ministry of Education of BC.

Reflections:

Your reflections will be graded using the following rubric:



SEA TO SKY
ONLINE

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4	3	2	1	0
<p>Superior in its depth of discussion. Demonstrates an insightful understanding. Support, explicit or implicit, is thoughtful and well-integrated. Despite its clarity, the response need not be flawless.</p>	<p>Competent in its discussion of ideas. Response is organized and straightforward, but may miss subtle or complex ideas. Supported by relevant details.</p>	<p>Somewhat adequate in its discussion of ideas. Response may be unclear, incomplete or lack detail. Assertions are often simplistic or unevenly developed. Support is not clearly connected to the central idea.</p>	<p>Inadequate - Demonstrates a misreading or significant misunderstanding of the task. Response may be incomplete or consists of underdeveloped, limited ideas. Support is absent or flawed, with little evidence of relationships or connections. Does not meet the expectations of the task.</p>	<p>Makes no attempt to address the topic or simply restates the question.</p>

Assignment Marking Criteria:

Assignments will be graded based on rubrics. These rubrics can be found in the submission area of the assignment within the moodle course. If you have any questions about the criteria for an assignment, first check there and then email your teacher.

Resources:

No textbook is required, as all required material is included. If you have any questions regarding a concept covered in this course, please reach out via email.

Completion Policy:

Students have 30 days to complete the initial assignment (also known as the substantive assignment). If a student fails to submit work within 30 days they may be withdrawn from the course. If for some reason you have not started the course within this timeframe but wish to remain in the course, please reach out to your teacher to communicate your learning plan.

Once enrolled students have up to 1 year to complete their course.

Transcript and Reporting:

For information regarding transcripts or reporting documentation please contact Elise Lambert at elambert@sd48.bc.ca