

Student Questionnaire form during the Delta College Mental Health Fair:

1.) Did you find a resource that you think can help?

73 = YES                      4 = NO

2.) Did you find a resource that you think can help a loved one?

74 = YES                      3 = NO

3.) Do you think events like this help to break the stigma of mental health?

77 = YES                      0 = NO

4.) Do you think Delta College is supportive of mental health?

76 = YES                      1 = NO

5.) Is this your first, second, third, or fourth mental health fair?

1=54              2 =15              3=4      4=3

Comments:

“Love this event, keep it going!”

“It was nice to know about all the different resources that are available.”

“Love this event, very helpful.”

“Such a great event! Thank you for putting this on!”

“Great idea.”

“Please keep up the care, empathy and love to help others!”

“Think this is wonderful!”

”Amazing event.”

This data is from 27 staff at Delta College that participated in the mental health first aid that the Green Ribbon Initiative proposed. 70% of the SES staff at Delta College completed the mental health first aid.

1. Did you find Mental Health First Aid Training useful?

26=YES      1=unsure      0=NO

2. Did the training provide information or perspectives you had not considered before?

24=yes      5=no

3. Have you been able to use the information you learned in your daily interactions with students?

16=yes      1=unsure      2= at times      7=no

4. Would you be interested in attending a follow-up or related training?

19= yes      3=mixed reviews      5=no

5. Is there anything you wish had been covered or explored more deeply?

- Postvention support tools.

How to support families and friends of those who may be living with a mental illness or navigating poor mental health.

- The training is well done and useful, but it does not always seem to align with the projects and tasks we take on. There is a drive for different forms of technology and ways to obtain and use data, but we never have training that is technology related.

There seems to be a huge gap in people's technology ability, ranging from extremely well versed to those unable to filter a spread sheet. It would seem that if we want to be data driven and increase our use of technology, we need to first increase the competency of our staff so that we can maximize the potential.

- The intersection of mental health and trauma informed practices.

- getting students to open up about really what is going on in their lives that is impeding them from college success. how to help students upfront from overextending themselves when scheduling classes and juggling work, family, school balance.