

34rd Head of the Genesee

Regatta Packet

October 7-8, 2023

Please check Regatta Central regularly for important bulletins and deadlines.

Please read this document thoroughly before contacting the Regatta Director with questions.

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There will be a coaches/cox meeting each morning in person at the Roundhouse Pavilion.

The meeting will be 8:45 am on Saturday, 7:15 am on Sunday

Hot seating is not suggested.

Preliminary Heat Sheets are expected Tuesday.

Team envelopes are available for pick up at 7am each day.

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Host Organization - Genesee Rowing Club

Founded in 2008, Genesee Rowing Club (GRC) is the premier rowing and racing club in the Rochester, NY rowing community. With over 100 members. We offer a variety of sweep and sculling programs for novice, recreational and competitive rowers. We maintain a fleet of high quality singles, doubles, quads, 4's and 8's for teaching and competing in all rowing events locally, nationally and internationally. GRC's mission is to provide comprehensive rowing opportunities to develop and train life long rowers in the Rochester community. And most of all, we provide Rochester, NY with a sport that promotes the joy and fun to be had on the Genesee River and Erie Canal.

HISTORY

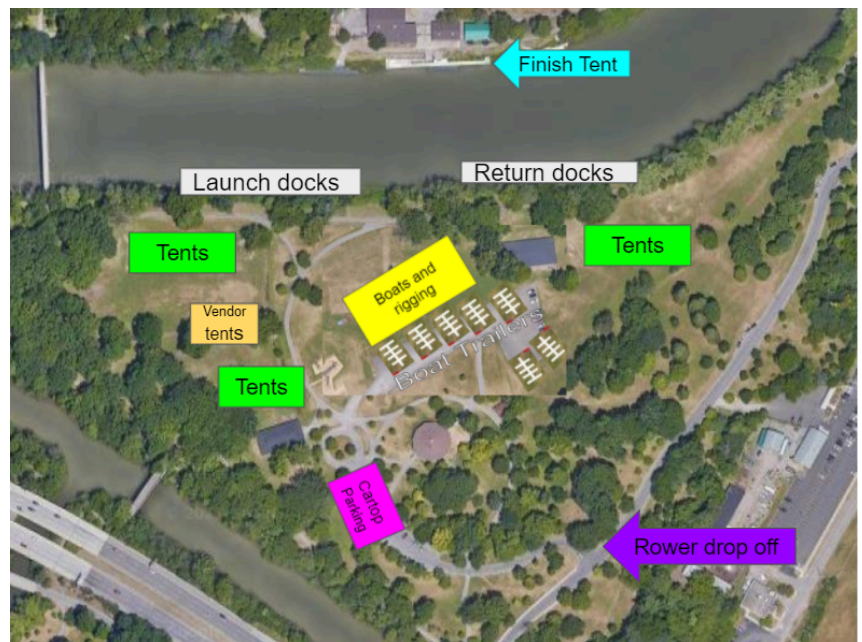
The Head of the Genesee is part of the Rochester River Romance Weekend of activities promoting our great city and venue for rowing. It is one of the largest regattas in New York State west of the Hudson River hosting over 50 organizations annually.

The Head of the Genesee would not be possible without the continued dedication and support of over 150 volunteers every year from 13 rowing clubs: Brighton Rowing Club, Fairport Crew, Genesee Rowing Club, Genesee Waterways Center, McQuaid Crew, Mercy Crew, Naiades Oncology Rowing, Pittsford Crew, Rochester Institute of Technology Crew, Rochester Boat Club, SUNY Geneseo Crew, University of Rochester Rowing Club, and William Smith Crew.

VENUE

Regatta Control Commission located at the southeast side of the park, there will be an information stand, medical personnel registration and medal pick up in the Roundhouse Pavilion.

Roundhouse Pavilion,
Moore Road
Genesee Valley Park 14620



CLASSIFICATIONS & ELIGIBILITY

- All participants are required to have submitted and verified **electronic waiver forms** on file with USRowing. There can be no exceptions. See the WAIVER section on Regatta Central for more information.
- **Collegiate** competitors, inclusive of coxswains, are bona fide undergraduate students enrolled at and representing a single accredited/chartered college or university and eligible to compete in intercollegiate athletics for the aforementioned institution. **Women's Collegiate** crews shall be DII/DIII or non-varsity. **Men's Collegiate** crews who are members of the IRA, EARC, or PAC-12 conferences and wish to compete must contact regatta staff. Any women's DI or men's conference rowers should enter the open events.
- "A **Youth** is a competitor, who in the current calendar year, does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A competitor thus ceases to be a Youth after December 31 of the year of his or her 18th birthday, or in the year in which he or she completes the 12th grade of secondary school, having been a full-time student, whichever is later."*
- "A **Master** is a competitor who has attained, or will attain, the age of 21 during the current calendar year. A competitor's age is determined as of December 31 of the current calendar year, rounded down to the nearest whole number. A competitor thus becomes a Master on January 1 in the year of his or her 21st birthday. A **Masters Crew** shall be comprised exclusively of Masters rowers, but the Coxswain need not be a Master."* (For information on handicaps see RESULTS)
- An "**Open**" rower includes persons not currently enrolled in high school, or who will attain the age of 19 by December 31st of a given year.
- **Novice** shall mean a rower, sculler, or coxswain whose initial competition within that same discipline has been in the previous 12 months of the date of the regatta.
- A "**1V**" is the top boat from a given team. A team must have a boat entered in the 1V event to enter in the 2V event. A team may not have more than one entry in the 1V event.
- **Coxswains**, regardless of their sex, may compete in events for both men and women.
- Coaches who wish to register boats with **male and female** rowers in non-mixed events must contact regatta staff.
- **Quad** events may be with or without coxswain.
- A **U17** rower must not exceed 17 by December 31 of a given year.

NB: In the interest of fair competition, the regatta reserves the right to rule on eligibility of any crew and appropriate placement in any event.

*USRowing Rules of Racing, Article IV

REGISTRATION

Please see our boat fees and deadlines on Regatta Central. All boats registered late will be seeded last and subject to a \$50 late fee.

Double rowing is only supported on Sunday over the lunch break. The competitor takes full responsibility for launching on time beyond these opportunities. **Hot seating is not permitted.**

PARKING

Parking near the sports complex and boathouse is restricted.

Saturday Buses turn south at Moore Road, and release their passengers at the drop off point at the top of the parking lot. Buses then cross the canal to park for the morning.

Parents and Sunday Team Buses dropping off athletes will turn off Elmwood Ave. onto Moore road, across from the University of Rochester. Do not park. Athletes will get off in the drop-off zone and proceed along the short pathway along the parking lot. Buses and parents can then drive around the park and out onto Elmwood Avenue. Limited Sunday Bus Parking will be accommodated just across the street beyond the sports complex.

Parents, Spectators, and Masters Athletes are suggested to park in the UR Medical parking lots. Follow parking signs across from the entrance to Genesee Valley Park.

Team Food Trailers should plan to arrive Sunday between 6 am and 7 am. Access will be restricted after 7am. From Elmwood Ave turn south at Moore Road, and drive to the main parking lot, turn right and go through the parking lot, until you are directed by volunteers where to set up. Team Food Tents are encouraged to be set up to the west (left) of the trailer area. No cars or trucks are to be on the grass. Also, no team tents are permitted along the path near the launch/recovery docks.

Boat Trailers turn onto Moore Road, directly across from the University of Rochester. Turn into the parking lot located off Moore Road where the athlete drop off is located, through the parking lot to the trailer parking area. There will be no overnight security and lights available, **crews are encouraged to bring their boats the morning they race.** Any crew that wants to drop a trailer the night before should contact the regatta director.

Masters Car Toppers will also enter this way and park in the lot adjacent to trailer parking. Trailers should NOT attempt to go around the traffic circle.

Handicap and Regatta Official parking is located next to the turnaround circle near the Genesee Waterways Center south of Elmwood.

PARK FACILITIES and VENDORS

Clothing vendor will be located near the boatyard. Porta potties and waste bins will be available for your use.

There are two park pavilions available for shelter, contact the regatta director if your team is interested in using either pavilion.

DOCKS

60 seconds on the dock. Hot seating is not permitted. Most boats will launch and land at Genesee Valley Park SOUTH but crews should be aware of boats launching and landing at the Genesee Waterways Center, and Genesee Rowing Club. All bow balls and heel ties will be inspected. Please arrive at your assigned dock at your scheduled launch time. You will not be allowed to leave items on or near the docks.

You will be heading upstream. Boats launching from GRC and the main launch dock should launch bow upriver. From the McQuaid dock, launch towards the city, follow the buoys around the finish area, and proceed to the upstream travel lane.

GENESEE RIVER

The Head of the Genesee is held on a natural river with tree branches, shore snags, outcroppings, turns, eddies, and in some years heavy current. Some floating debris is to be expected.

THIS IS A NEW TRAFFIC PATTERN (same as 2022) - CREWS SHOULD BE PREPARED FOR A DIFFERENT TRAFFIC PATTERN than before covid. Hazard, start and finish buoys are red. Keep yellow buoys marking the travel lane on your starboard side at all times. Oars, not hull, may cross over a buoy without penalty unless doing so interferes with a race. **Boat traffic from launch to landing is clockwise.** The finish line is on the east end of the metal dock and will be marked by a horn. The start is 5000m upstream. The High School Novice start is approximately 3000 m upstream.

PROCEEDING TO THE START

ON TIME = arriving 5 minutes before your event is scheduled to start.

Row briskly to the start with ALL oars. Do not row by pairs if a 4, nor fours if an 8. Row only in the designated travel lane. The travel lane will proceed through the left(south) arch of the Genesee Park Footbridge.

STAGING AREA

Listen for instructions from the start marshals as you arrive at the start. Your race will line up in bow number order. Coxswains are advised to check their fin and rudder for debris. If you take your crew too far upriver, past the marshaling area, you risk missing your event.

Stay alert and observe the handful of boats in front of you as they are called into the start chute in turn. Be ready to paddle well before the boat in front of you starts to paddle and immediately when called upon. You will be released in turn by the Start Marshal and advance into the start chute (red buoys).

You are responsible for maintaining boat spacing. If you keep close to the boat in front before you cross the start line, you will have an easier time passing before the S-turn. Aim for 15 second centers, approximately 5 to 8 strokes between boat starts. Listen for the Judge on shore as they may give you further instructions.

START

You will be given the command “ Ready GO” to start racing as your bow crosses the start line. The start line is marked with red buoys and a tent on shore. Boats leaving the starting area are presumed to accept the fairness of the start.

Boats failing to start without legitimate breakage will be assessed a warning and restarted appropriately as determined by the Judge at the Start.

If you suffer equipment breakage, pull off of the course within 100 meters of the start safely to port into the travel lane. Travel to the Start Marshal and report your issue.

RACE

When approaching the footbridge near the finishing area, go through the CENTER arch ONLY. Traveling through the south or north arches is not safe and will result in exclusion.

Boats intending to pass are to clearly and loudly indicate which side they choose to pass. Boats being passed are required to give safe water to the passing boat. Interference will be determined by the observing course official and is not subject to protest. When in doubt yield. Yielding will result in less time lost than an interference penalty or exclusion.

FINISH AND LANDING

The finish line is marked by red buoys and a tent on shore. Ease your pressure and row around the yellow turn buoy. Crews are NOT to go past the line of orange buoys past the finish indicating the dam(4 km downriver).

PENALTIES

Monitors have been stationed along the water to have eyes on the entire course. If a crew feels their race has been impeded in some way, the coach should talk to the Regatta Director or Chief Ref. The crew should also raise their hand at the finish to indicate they think their race was impeded.

If a crew would like to appeal an assessed penalty, the coach may see the Regatta Director.

Failure to heed instructions of course officials or entering the race course from the travel lane may result in a warning or exclusion.

Foul language and unsportsmanlike behavior will not be tolerated in any form and will result in penalties, including possible exclusion.

Code	Seconds	Penalty
1	60	Unsportsmanlike Conduct (can result in exclusion)
2	5	Missed Buoy (hull) - capped at 5 missed buoys
3	30	Interference - failure to separate
4	60	Interference - contact
5	60	Failure of crew being passed to yield
6	60	Failure of passing crew to slow or yield if unsafe to complete a pass
7	60	Pushing a crew into an unsafe situation or off the course
8	60	Safety violation
9	10	Late to the Start
10	30 - EXL	Failure to recognize officials' commands
11	60	Traffic Pattern Violation

RESULTS

Results will be posted on crewtimer. If a coach has a question about results, they may see the Regatta Director or Chief Referee.

USRowing handicaps will be utilized for calculating results for all Masters events. Athletes who fail to submit their date of birth prior to racing will race without a handicap.

COURSE MAPS

5000 meters

