

From Lisa Naugle to Everyone: 10:27 AM

Good Morning all, I'm in another meeting that is running over so I'll be a little late

From Me to John Crawford: (Direct Message) 10:32 AM

https://drive.google.com/drive/folders/1cSPH_8N_0BP5krUot4gXUDFko49SG42u?usp=sharing

I can send again towards the end :)

From Claudia Brenner to Everyone: 10:32 AM

@Nico - so beautiful where you are!!

From Kiki Ogawa to Everyone: 10:33 AM

I have to leave for half an hour at 10am for a meeting but will be back

From X RAZMA to Everyone: 10:34 AM

friend gifted me a bunch of lenses

From John Crawford to Everyone: 10:34 AM

OK, thanks Kiki.

From X RAZMA to Everyone: 10:34 AM

and tripod

to make micro and telephoto media

got great EcoRegulation shots of the ocean // coastal ecosystem in north bay

From Amber Bassett to Everyone: 10:34 AM

heya LSC crew 🙌🌱

From gina bria to Everyone: 10:35 AM

Warm greetings to my collaborators

From X RAZMA to Everyone: 10:35 AM

awe yay Adah yes touch is so helpful for wellbeing

From Adah Parris (she/ her) to Everyone: 10:37 AM

Definitely X Razma. It has made such a difference to my mood and ability to focus.

From stefanietraveler to Everyone: 10:39 AM

- I also got to have physical contact with family for the first time in a year- covid tested- I am in NY with family and it's been such a blessing..

From Adah Parris (she/ her) to Everyone: 10:40 AM

Yeah Stefanie. That's wonderful. I'm so happy for you.

From stefanietraveler to Everyone: 10:40 AM

Me for you to Adah!!!

From Demetri Bolduc to Everyone: 10:40 AM

Everyone remember to sign in!

https://docs.google.com/spreadsheets/d/1YLBWd52QhYNNKwTKEY7MdPJ6wxiRxOc_32phh0X3o2Yw/edit?pli=1#gid=320130401

From John Crawford to Everyone: 10:41 AM

<https://ohyay.co/>

From stefanietraveler to Everyone: 10:41 AM

I checked it out yet have not yet made my own..

From Roxi Shohadaee to Everyone: 10:41 AM

<https://ohyay.co/>

From Claudia Brenner to Everyone: 10:42 AM

@Mansoor - yes, we have to love ourselves first. key!
From Ruta Danyte to Everyone: 10:43 AM
cool :)))
From Stephen Bau to Everyone: 10:45 AM
Fireside chats
Poetry fridge
From gina bria to Everyone: 10:45 AM
Okay, who else loved the champagne glasses?
From Amber Bassett to Everyone: 10:45 AM
teaaa table
From Roxi Shohadaee to Me: (Direct Message) 10:47 AM
remember to remind peeps to capture the chat 🥰
From Ruta Danyte to Everyone: 10:47 AM
if anyone wants to test it together, lets connect!
From gina bria to Everyone: 10:47 AM
Ruta wouldn't this be good as a version of your book?
From Ruta Danyte to Everyone: 10:47 AM
ha! :)
From Stephen Bau to Everyone: 10:48 AM
Octopus's Garden
From Ruta Danyte to Everyone: 10:48 AM
:)))
From Helena Sheridan to Everyone: 10:48 AM
Will sign up for that John, didn't realise it was so customizable (is that a word?)
From X RAZMA to Everyone: 10:48 AM
there was a cool water situation
From Maxi Cohen to Everyone: 10:49 AM
Looks more fun
From Stephen Bau to Everyone: 10:49 AM
For SAME Community?
From X RAZMA to Everyone: 10:49 AM
glasses of water
for you @maxi and the water museum
From gina bria to Everyone: 10:49 AM
Yes RAZ
From Maxi Cohen to Everyone: 10:49 AM
I am interested
From Natalya Ribinson to Everyone: 10:49 AM
Thank you John!
From Claudia Brenner to Everyone: 10:50 AM
@John - thank you for organizing OhYay!
From X RAZMA to Everyone: 10:50 AM
and you @gina :: i mapped faces onto glasses of water
From Ruta Danyte to Everyone: 10:50 AM
so cool :))

From X RAZMA to Everyone: 10:50 AM

I feel the earth's gravity as love

From Ruta Danyte to Everyone: 10:51 AM

Universe as Love, hmm!

From X RAZMA to Everyone: 10:51 AM

gravity draws us close to the planet, while it also supports and holds us

From Ruta Danyte to Everyone: 10:52 AM

'infusing all activities with Love so that their shape becomes fractal' - love that idea to explore!

From Chris Weir • c.weird art to Everyone: 10:52 AM

Yes!

From Amber Bassett to Everyone: 10:52 AM



From Claudia Brenner to Everyone: 10:53 AM

@Mansoor - seems like excellence in music, cooking, art is often driven by inspired emotion and love ... :-)

From Natalya Ribinson to Everyone: 10:53 AM

I love that Mansoor! Thank you for kicking us off.

From Ruta Danyte to Everyone: 10:53 AM

I'd love to join Mansoor's room !

From Amber Bassett to Everyone: 10:54 AM

likewise

From Natalya Ribinson to Everyone: 10:54 AM

Mansoor's room please! Thank you

From gina bria to Everyone: 10:54 AM

Send me to Mansoor's room

From Me to Nicolás Alcalá: (Direct Message) 10:57 AM

Don't forget to record please!

From gina bria to Everyone: 10:57 AM

love works just like sunshine

From Kiki Ogawa to Everyone: 10:57 AM

Thank you! <3

From gina bria to Everyone: 10:57 AM

Food has frequencies that can be measured

From X RAZMA to Me: (Direct Message) 10:58 AM

can you help us record?

From Me to X RAZMA: (Direct Message) 10:58 AM

Ya

Was thinking the same :)

From gina bria to Everyone: 10:58 AM

https://www.anton-paar.com/us-en/products/details/abbemat-juice-station/?ref=adwords&utm_source=google&utm_medium=cpc&utm_campaign=US_BM.RIPOL_REFRACTOMETER&utm_content=C-00039433&gclid=Cj0KCQiA962BBhCzARIsAlpWEL0Lrt1egIOMWgmwt4Po_NsxQz24n1PPnsexpPeRKMPX6EKInDB6jihYaAv7-EALw_wcB

From X RAZMA to Me: (Direct Message) 10:59 AM

thank you !

From Ruta Danyte to Everyone: 10:59 AM

gina, how so?

From gina bria to Everyone: 10:59 AM

As a place to start Brix measurements measures the nutrition content in food where plants are treated well

From Ruta Danyte to Everyone: 10:59 AM

wow

From Chris Weir • c.weird art to Everyone: 10:59 AM

I was just talking about tools of measurement in this way with a good friend yesterday.

From Kiki Ogawa to Everyone: 11:00 AM

Digitally mediate love?

From Ruta Danyte to Everyone: 11:00 AM

Chris you could connect 'love-food-measurement' with your app

From gina bria to Everyone: 11:00 AM

If the plant was grown in high quality ecological conditions it shows up as higher nutrition. Of course this is only one measurement

From Kiki Ogawa to Everyone: 11:01 AM

I would love to explore the biological and digital feedback loops with the plants and the human's relationship with the biosphere

From Ruta Danyte to Everyone: 11:01 AM

yes Kiki!

From Chris Weir • c.weird art to Everyone: 11:01 AM

@ruta yes!

From gina bria to Everyone: 11:01 AM

we can also reference Emoto's work for food since food is essentially water molecules

From Ruta Danyte to Everyone: 11:01 AM

re apps & gamification , people could track how they feel before cooking and how they feel after cooking

From Kiki Ogawa to Everyone: 11:01 AM

<https://bigthink.com/philip-perry/we-have-overcome-the-plant-animal-communication-barrier-mit-professor-claims#:~:text=MIT%20engineers%20recently%20accomplished%20this,nanotube%20sensors%20triggered%20a%20signal.>

Plants can send us emails

From Ruta Danyte to Everyone: 11:02 AM

hmm!

From gina bria to Everyone: 11:02 AM

thank you so much for honoring the material world in this way..some spirituality wants to skip how sacred the material is

From Ruta Danyte to Everyone: 11:02 AM

love letters from plants ;)

From Kiki Ogawa to Everyone: 11:02 AM

Haha yes, plants can let us know if it's lacking in nutrition or not

From gina bria to Everyone: 11:03 AM

All leafy greens are over 96% water, most fruits and veggies are over 90% water filled with photons

filled with information, information that supports or diminishes us

From Stephen Bau to Everyone: 11:03 AM

Dr. Seuss meets Dr. Doolittle

From Ruta Danyte to Everyone: 11:03 AM

I wonder, how would this work technically? how can this be engineered (to track such data)?

From Kiki Ogawa to Everyone: 11:04 AM

We could use semantic web ontologies @Ruta

From Roxi Shohadaee to Everyone: 11:05 AM

Hi dears! There are too many in this room and not enough in the other, can some people go to the other room to support the other artists?

From gina bria to Everyone: 11:07 AM

Here's how Brix works

https://cdn2.hubspot.net/hubfs/4905262/Assets/Application%20Notes/SE_Application_Notes_SmartFarming_Non-destructive_Brix_measurement.pdf

Tashka, love that you are making clothes that offer love to the body wearing them clothes that receive light

And pass it to us

From Ruta Danyte to Everyone: 11:07 AM

yes amazing tashka

From gina bria to Everyone: 11:08 AM

it sounds like our collaboration is around all the pathways to receive more life

From X RAZMA to Everyone: 11:08 AM

love loves love // life loves life

From gina bria to Everyone: 11:09 AM

Plants have attitude!

From X RAZMA to Everyone: 11:10 AM

clay soil is hard for plants roots to break through

From Natalya Ribinson to Everyone: 11:10 AM

Personality is a process

From X RAZMA to Everyone: 11:10 AM

swaddled in soil

From Ruta Danyte to Everyone: 11:11 AM

beautiful umair!

From Natalya Ribinson to Everyone: 11:11 AM

beautiful relationship

From gina bria to Everyone: 11:11 AM

plants are observing us

From Chris Weir • c.weird art to Everyone: 11:11 AM

yes!

From gina bria to Everyone: 11:11 AM

Eating plants as an an organic "app"

From X RAZMA to Everyone: 11:12 AM

the action of observation changes the outcome { quantum physics }
it collapses the waveform into a concrete possibility

From Natalya Ribinson to Everyone: 11:12 AM

Xrazma!!! change only can be experienced, feedback loop

From X RAZMA to Everyone: 11:12 AM

rather than a cloud of probability

From stefanietraveler to Everyone: 11:13 AM

There is a book / film the life of plants

From X RAZMA to Everyone: 11:13 AM

you cannot touch without being touched

From gina bria to Everyone: 11:13 AM

Adah, can you post link to that article?

From Chris Weir • c.weird art to Everyone: 11:13 AM

yes please!

From gina bria to Everyone: 11:14 AM

kinship. All living things are our relatives....

From Ruta Danyte to Everyone: 11:14 AM

hmm interesting Adah! in my mother tongue, we dont have "it" :) sun is a she, and a tree is a he :D and so on

From stefanietraveler to Everyone: 11:14 AM

Go near a plant and close your eyes and touch it - when we touch - we touch with love - rather than just look at

From X RAZMA to Everyone: 11:14 AM

kinship & right relationship

From Adah Parris (she/ her) to Everyone: 11:15 AM

Article: Speaking of Nature by Robin Kimmerer -

<https://orionmagazine.org/article/speaking-of-nature/>

From X RAZMA to Everyone: 11:15 AM

++ Ruta Lithuanian wisdom embedded in mother tongue ++ so grateful Lithuanian was my first language it really changed my wiring in a profound way

From Natalya Ribinson to Everyone: 11:16 AM

brilliant

From Chris Weir • c.weird art to Everyone: 11:16 AM

yes!!

From Ruta Danyte to Everyone: 11:16 AM

X Razma, I'll explore some more on that!

From Adah Parris (she/ her) to Everyone: 11:16 AM

I've also just read this wonderful article by Tyson Kaawoppa Yunkaporta -

https://www.researchgate.net/publication/330496192_Our_Ways_of_Learning_in_Aboriginal_Languages

From Ruta Danyte to Everyone: 11:17 AM

when you think, how can some-thing be "it" and have no gender? it has to be both at least

From Chris Weir • c.weird art to Everyone: 11:17 AM

thanks adah! <3

From Ruta Danyte to Everyone: 11:17 AM

thanks for all the links Adah wow!

From Adah Parris (she/ her) to Everyone: 11:17 AM

My pleasure @Chris.

From Chris Weir • c.weird art to Everyone: 11:17 AM

a murmuration =)

From X RAZMA to Everyone: 11:17 AM

emergence // flocking birds

From Chris Weir • c.weird art to Everyone: 11:18 AM

<https://improvisedlife.com/2017/12/11/sublime-murmuration-starlings-great-scarf-birds-updike/>

From Adah Parris (she/ her) to Everyone: 11:18 AM

Yes @Ruta. "We are human only in contact, and conviviality, with what is not human." -

David Abram (The Spell of the Sensuous)

From Ruta Danyte to Everyone: 11:19 AM

! reading D Abram now too :)

From Natalya Ribinson to Everyone: 11:19 AM

You do not digest food as well when stressed

From X RAZMA to Everyone: 11:20 AM

there's a good book on wild food. about how for example blueberries are swollen with water and 'watered down' compared to their wild and more nutritious counterparts that are much smaller and more concentrated.

From Natalya Ribinson to Everyone: 11:21 AM

Perception log- gratitude journal - love feedback loop

From gina bria to Everyone: 11:21 AM

In Italy that's called the hand of the cook. Food from their hand tastes better

From X RAZMA to Everyone: 11:22 AM

'Deep Nutrition' by Catherine Shanahan

From Ruta Danyte to Everyone: 11:22 AM

wow Gina

From Kiki Ogawa to Everyone: 11:22 AM

@Gina do you know Victor Schaubeger? The guy that worked with water vortices?

From Natalya Ribinson to Everyone: 11:23 AM

This is Brilliant!! In Russia we restructure water by freezing and unfreezing water

From Kiki Ogawa to Everyone: 11:23 AM

To generate electricity

From Ruta Danyte to Everyone: 11:23 AM

oh watched Victor's documentary during Xmas! randomly found on youtube when googling water movies

tashka - interesting!

From stefanietraveler to Everyone: 11:24 AM

Gina - what is it called?

From Natalya Ribinson to Everyone: 11:25 AM

Love Chris project, Come not from scarcity but abundance and creativity

From gina bria to Everyone: 11:26 AM

Many devices. Go to Gary Greenfield website is one I support

<https://www.greenfieldwater.com/structured-water-filters/>

<https://thewellnessenterprise.com/>

From Ruta Danyte to Everyone: 11:27 AM

would be cool to expand on Chris comment, and —> how might we measure Love we put into our activities? gardening, cooking, eating, and also ideating, creating, ... what ideas birth with Love in mind?

From gina bria to Everyone: 11:27 AM

This is another company whose devices I have tested in my lab to assure that the water comes out with cohesive molecules

From Chris Weir • c.weird art to Everyone: 11:28 AM

I love this @ruta!

And yes, Adah, yes!

From Natalya Ribinson to Everyone: 11:28 AM

We are touched by sound all day long. It vibrates through our bones before we hear it.

From Ruta Danyte to Everyone: 11:28 AM

gardening, cooking, eating = input ; ideating, creating = output . love in movement :)

From X RAZMA to Everyone: 11:28 AM

the soundscape by who

From gina bria to Everyone: 11:29 AM

we are now looking at frequencies as well, a much harder process to test, but frequencies such as sound seriously effects cells...here's my colleague John Stuart reid

https://www.youtube.com/watch?v=8_K44SXa0zU&ab_channel=CymaScope

From Adah Parris (she/ her) to Everyone: 11:30 AM

Our Sonic Environment and The Soundscape the Tuning of the World -

https://www.goodreads.com/book/show/585024.The_Soundscape

From gina bria to Everyone: 11:30 AM

He shows what frequencies cells broadcast when they are healthy and when they are cancerous

From Ilaria Forte to Everyone: 11:30 AM

@Ada, for the ER+ (www.experienccerom.plus), we are working on AI-Powered MOOD MAPPING SYSTEM with integrated sensory information.

By monitoring, early signals and symptoms patients have a better chance to track how lifestyle and treatment plan impacts their mood. We integrate data, research insights, and the latest peer-reviewed scientific information on mood disorders. We work closely with clinical researchers, medical practitioners, therapists, and patients to improve diagnostic accuracy and monitoring with AI-powered metrics to understand individual mood patterns and symptoms trends.

From Ruta Danyte to Everyone: 11:31 AM

re how can we use what we have.. I'm amazed by chickpeas sprouting from interaction with water :)))

From gina bria to Everyone: 11:31 AM

ugandan women have figured out vertical gardens built with very little. cost

From Adah Parris (she/ her) to Everyone: 11:31 AM

Amazing @Ilaria. Thank you.

From Ilaria Forte to Everyone: 11:31 AM

The mapping and metrics is science-backed, data-powered. We have been working with patients and doctors to create the assessment for the metrics and still improving it

From gina bria to Everyone: 11:31 AM

Ilaria! Sounds like this could help Mansoor

From Chris Weir • c.weird art to Everyone: 11:32 AM

This sounds incredible, Ilaria. So excited to see how this can collaborate with Mansoor's endeavors and visa versa.

From Natalya Ribinson to Everyone: 11:33 AM

Feedback is one of the most important thing for the system to experience change

From Ruta Danyte to Everyone: 11:34 AM

how on this app Love could be spread from app user to app user?

love that gina :))

From Chris Weir • c.weird art to Everyone: 11:34 AM

yes, the beautiful gadgets distracting us from traditional observation =)

From gina bria to Everyone: 11:36 AM

I believe an optimally hydrated person is a walking information collector of a much higher perception

From Adah Parris (she/ her) to Everyone: 11:37 AM

That's beautiful Mansoor.

From Chris Weir • c.weird art to Everyone: 11:37 AM

this is!

wow!

From gina bria to Everyone: 11:38 AM

Glorious story!

From stefanietraveler to Everyone: 11:39 AM

Hearing it again as I am so interested in these ways of feedback.

From gina bria to Everyone: 11:41 AM

I use music constantly to support my mood through this pandemic. Pandora and Spotify let me dance for 3 or 4 minutes when my mood or motivation plummet. I use a lot of Electronic Dance Music because DJs are experts at the beats which get people to get up and move. Movement is the bio technique for delivering and cohering water/information

From Natalya Ribinson to Everyone: 11:41 AM

design that eliminates waste

From Chris Weir • c.weird art to Everyone: 11:42 AM

please no sorrys, Umair! =) I am very interested in all you are sharing!

From Ruta Danyte to Everyone: 11:42 AM

yeah!

From gina bria to Everyone: 11:42 AM

Something is good when you like it.....wise words from Umair

From X RAZMA to Everyone: 11:42 AM

+++ gina movement, dance, shaking, rocking are very regulating rhythmic beats

percussion

From Ruta Danyte to Everyone: 11:42 AM

'good design is the one you like' - nice :) emotion/intention makes meaning

From Adah Parris (she/ her) to Everyone: 11:43 AM

I do that Gina. I created a playlist called Audible Hugs. Every track on it activates my synaesthesia. I feel the different notes in different parts of my body

<https://open.spotify.com/playlist/21wljBEBHwAJI7bYkuERZQ?si=et9xZm5BSqieDNhh0iVpHg>

From gina bria to Everyone: 11:43 AM

all living things are trying to preserve their integrity.....more wise words from Umair

From Ruta Danyte to Everyone: 11:43 AM

design from the heart!

From Ilaria Forte to Everyone: 11:43 AM

Awesome conversation. I gotta go. I am part of the GreenPlanet BluePlanet tonight from our cohort member Julian Guderley, talking about our regenerative future.

From X RAZMA to Everyone: 11:44 AM

also 'motherese' vocals { female bodied vocalists }

From gina bria to Everyone: 11:46 AM

Sufficiency from within and in our proximity our local kin environment

From Natalya Ribinson to Everyone: 11:46 AM

Yay Ilaria!!

From X RAZMA to Everyone: 11:47 AM

how much love we have to give :: how can we expand our capacity to give and receive love ?

From Chris Weir • c.weird art to Everyone: 11:47 AM

a great question, ruta!

yes!

From gina bria to Everyone: 11:48 AM

Let the water collect us!

From Ruta Danyte to Everyone: 11:49 AM

!

From Natalya Ribinson to Everyone: 11:49 AM

Emerging direction through intention

From John Crawford to Everyone: 11:49 AM

Iscrementors@bfi.org

From Chris Weir • c.weird art to Everyone: 11:50 AM

yes!!

From Natalya Ribinson to Everyone: 11:51 AM

thank you John!!

From Ruta Danyte to Everyone: 11:51 AM

thank you!!

From X RAZMA to Everyone: 11:52 AM

<3

From Kiki Ogawa to Everyone: 11:52 AM

Thank you

From gina bria to Everyone: 11:52 AM
was wonderful to be read the Rumi poem from MAnsoor....
From Chris Weir • c.weird art to Everyone: 11:52 AM
yes!
From Umair Zia to Everyone: 11:52 AM
thank you everyone. love you all. :)
From gina bria to Everyone: 11:52 AM
High point