

Passages for Imaginative Prayer:

Matthew 8:23-27, Matthew 14:13-21, Luke 5:1-11, Matthew 9:1-8, Matthew 26:36-46

- Read through the passage 3 times slowly.
- Now picture the setting of that story. Imagine you are there among the group of disciples.
- What is being said, what do you hear, what do you see, smell, touch? How do you feel?
- Imagine Jesus, in this scene. What is his posture? What are his non verbals?
- Pause and pray – Jesus, show me only what *you* want me to see, bind the enemy from my mind.
- Go through the story again imagine yourself in the scene
- What is being said, what do you hear, what do you see, smell, touch? How do you feel?
- Imagine Jesus, in this scene. What is his posture? What are his non verbals?
- What might God be saying to you through this story?
- Take to write down in your journal what you saw and sensed.