

Hello Team,

Good luck to all SSC Swimmers competing in this week's LIE Fall Classic.

500 Swimmers in the meet tomorrow, 11/03/23, please plan to arrive to the pool by 6:45pm the LATEST to ensure you have ample time to warm up before your races. All other swimmers please report to the meet by 3:45pm!

LIE Fall Classic Session Information:

SESSIONS:	Friday: Warm up 4:00 start 5:00 Friday Session 2 - begins 15 minutes after the end of event 12 Saturday and Sunday 11/12 and 13/14 8:00 warm up 9:00 start Saturday and Sunday 10/u and OPEN 2:00 warm up 3:00 start
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11-12 Year old LIE Fall Classic 500 Free Swimmers: Please be advised that due to a limited meet timeline, only the top 8 swimmers seeded in the 11-12 500 free swim during the meet. All other swimmers in the 500 will swim in a time trial session immediately following the end of the morning session. Please [click here](#) to view this list and please plan accordingly! **This affects all SSC athletes in the 11-12 500 yard Free!**

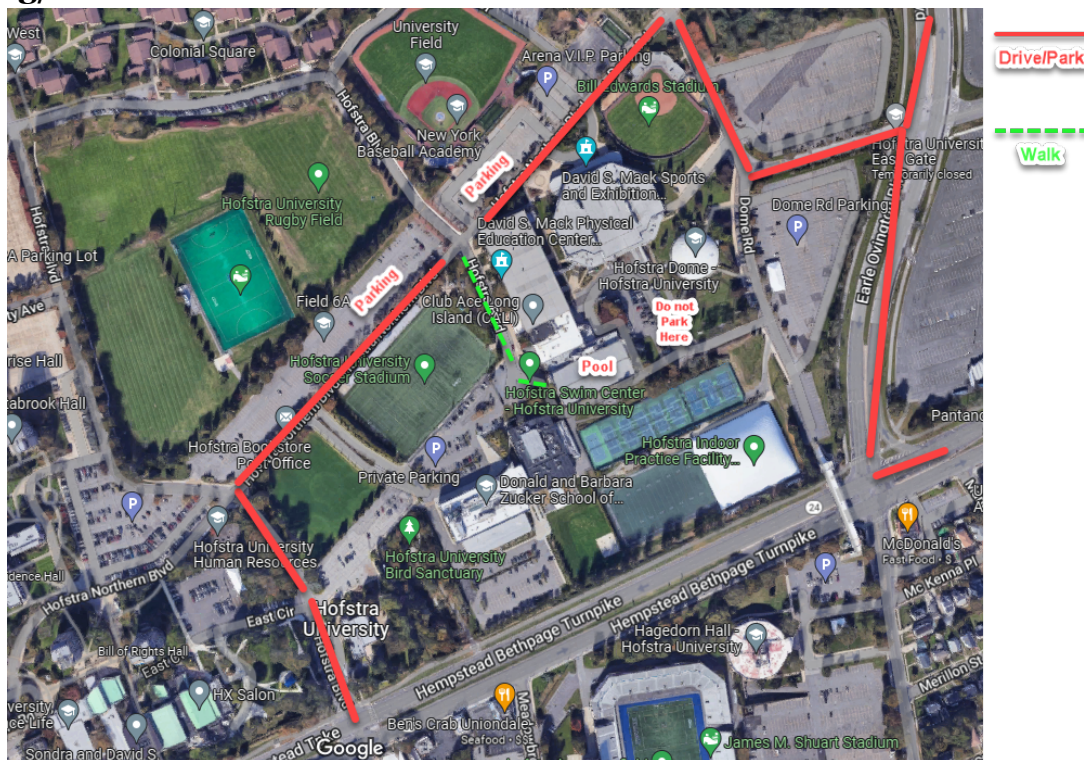
Please review the information below for the additional meet information updates on the SSC Turkey Trot and the SSC Turkey Trot Distance Meet!

As always, please be reminded that failure to arrive on time to your warm up may result in being scratched from the meet session without re-entry. Please plan accordingly so that you are not late! Entry to this meet without a note will result in a full meet entry for your athlete (Up to 3 events each session available for all applicable meet sessions).

Coach Kyle

LIE Fall Classic
Nov 3-5, 2023 - Hofstra University
This meet is for all SSC Competitive Group Swimmers (Dev -> Sr)

Meet info & Entry Report: [Click Here](#) ***All Entries are Final, no new entries/ no scratches are being accepted at this time***

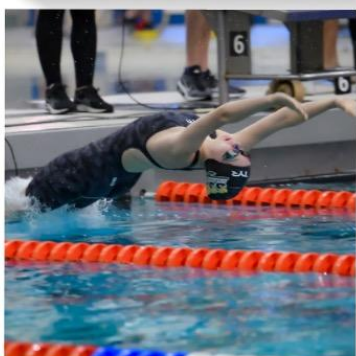
Parking/Access:

2023 SSC Turkey Trot
November 11th - Nassau County Aquatic Center
HOME MEET AUTO ENTRY ALL COMPETITIVE GROUPS

Meet Information & Entries: [Click Here](#)

Please let us know ASAP if you are not able to attend the Turkey Trot Meet **(AUTOMATIC ENTRY FOR ALL SWIMMERS in the Competitive Groups (Dev thru Seniors)). Failure to notify us of a scratch prior to the entry deadline may result in a charge for the splash fees!**

Action Shots/Photography Information:



Parking/Access:



2023 SSC Turkey Trot DISTANCE MEET November 18th - Sachem High EAST High School

HOME MEET AUTO ENTRY ALL SENIOR & ADVANCED SWIMMERS

ALL JUNIOR SWIMMERS HIGHLY ENCOURAGED TO ATTEND

SELECT NOVICE SWIMMERS ENCOURAGED TO ATTEND

Meet Information & Entries: [Click Here](#)

Mid-Season Championship Meets

Now is a good time to remind you all to head over and take a look at the SSC [Meet Calendar](#) for additional upcoming Home and Away meets! Most importantly, take a look at the travel and local championship meets in December (Turkey Claus, NCAP Invite, and the HAUP TYR Eagle Invite). These meets are going to be the big competitions that we are looking for the best representation of our athletes! If you cannot travel or if it is not in the budget, please consider going to the HAUP Eagle Invite, otherwise, we encourage all athletes to participate in Turkey Claus or NCAP if you qualify!

Travel Information for Turkey Claus Meet: [Click Here](#)
Hotel Block CLOSED.

Cut times are NOW AVAILABLE for the 2023 NCAP Invitational. [Please click here to view the meet info and cut times in meet information packet.](#)

Entry in Turkey Claus is for any level (Dev->Seniors) athlete. The only prerequisite to entering this meet is having legal swim times in the events that you enter into! If you qualify for any events at the NCAP Invite, you cannot swim them at Turkey Claus. If you qualify for 3 or more NCAP events, you cannot swim in Turkey Claus. Please plan accordingly!

SSC Meet Entry Protocols Explained

Please remember that you can and should insert notes when submitting your entries through your accounts on [SachemSwimClub.com](#). When doing so, please indicate which days/sessions you are available for. ***Leaving no notes will result in automatic enrollment in every session for up to 3 events each session per individual.***

Please also indicate whether your swimmer has requested to swim less than the standard 3 events or if they have any specific goals or plans for said meet. If you are not managing that correctly, you may be paying for additional entries and leaving coaches wondering if you're showing up to a specific session or not! Parents are responsible to SSC for payment for all entries on away meets. These are charged to your account and due the 1st of the month after the meet.

If you are having trouble interpreting the SSC Meet Calendar, please send SSCCoachKyle@gmail.com an email requesting a phone call to review and manage your entries. You can also send this information via email if you experience any trouble with your account.

When doing entries, please be reminded of your swimmers IMX (14&Unders as of January 2024) and event completion requirements for training group move up consideration. You can review some of the Training [Group Standards](#) on our website!

Please also review your swimmers times at the links below to determine which events may be a good idea to try, which have not been completed, and which may be close to future meet qualifying times!

SSC Top Time Report

[Top Times Report - LCM - 07.30.23](#)

[Top Times Report - SCY - 10.28.23](#) *Pending HAA Halloween Meet results*

If you are not on the Top Times Reports or some of your times are not appearing, please notify us ASAP