



**CRESTHILL**  
COUGARS

# **CRESTHILL MIDDLE SCHOOL**

## **ATHLETICS**

**7<sup>th</sup> Grade Girls Volleyball, 2024-25**  
Coach Coach Wakefield, Coach Davis, and Coach Ewert

### **I. Forms/Paperwork/Money**

- ATHLETES MUST HAVE PHYSICAL IN ORDER TO PRACTICE
- All paperwork & fees MUST be turned in by day 3 to continue practicing
- Questions call Stephanie Young at 303-387-2800

### **II. Practice Times**

#### **MONDAY - FRIDAY (REQUIRED)**

- 2:45-2:55 - Dressed, READY for practice, and in meeting spot for team
- 2:55-4:30 - Team Practice Time
- STUDENT-ATHLETES MUST BE PICKED UP BY 4:40 P.M.

### **III. Rules of Conduct and Participation**

#### **A. Behavior Infractions (Disrespect toward other players/schools/etc.)**

- 1<sup>st</sup> = Coach and Athlete Discussion
- 2<sup>nd</sup> = Player/Coach/Parent meeting w/signed behavior contract
- 3<sup>rd</sup> = Removal From Team

#### **B. Excused Absence (Excused from School, Homework Center, Doctor's Appt.)**

- 1 Excused = Limited playing time
- 2 Excused = Limited playing time
- 3 Excused = Will not play in next game

#### **C. Unexcused Absence (Ex: Unexcused from School,)**

- 1 unexcused = Will not play in next game
- 2 unexcused = Will not play next game + Parent contact
- 3 unexcused. = Removal from team

#### **D. Suspensions/Detention (Repeated Classroom Behavior Issues)**

- 1<sup>st</sup> Incident = Parent Contact w/behavior contract signed (Please note that student-athlete will NOT play in games until coach/admin/parent conference)
- 2<sup>nd</sup> Incident = Removal from team

**CMS 7<sup>th</sup> Grade Volleyball, 2024-25**

Questions? Contact Coach Wakefield, [mdwakefield@dcsdk12.org](mailto:mdwakefield@dcsdk12.org)



#### E. Miscellaneous

- Forget Game Jersey = Player does NOT play

#### IV. Eligibility

At Cresthill Middle School students have the privilege of *choosing* to participate in a sport. When they make that decision they become a “CMS Student-Athlete”.

Our student-athletes *will be held accountable* for both their character conduct as a CMS athlete (as outlined above) and with their performance in class as a student. Eligibility lists will come out every week based two criteria:

1. **Work Habits Grades** (Any student with 3+ missing assignments in a week will still be allowed to practice with their team but not play in games or meets.)
2. **Character & Behavior Conduct** (Both in and out of the classroom.)

#### V. JERSEYS/UNIFORMS

- Each person is responsible for their assigned practice/game uniforms
- Players who lose their assigned jerseys/uniforms will be charged a fee
- There will be NO exchanging of jerseys for practice and/or games

#### VI. TRANSPORTATION

With the new DCSD transportation policy for middle school athletics there will be NO buses for our student-athletes to use. Arrangements **MUST** be made for each of our student-athletes to get transportation to any away games or meets. With that said at CMS we want to be clear about expectations:

- **AWAY GAMES/MEETS:**
  - ALL student-athletes **MUST** be picked up in the front of CMS by 3:05 p.m. to give enough time to get to game or meet location
  - ALL student-athletes **MUST** have a parent sign them out with their son/daughter's respective coach at the end of the game or meet before they are allowed to leave. **NO EXCEPTIONS.**
  - It is a requirement that if anyone other than a student-athlete's parent or legal guardian is going to be taking them home, the parent or legal guardian must have direct communication with the CMS office and coach.
- **HOME GAMES/MEETS**
  - Athletes are not required to sign out at the end of home



games but **MUST** have transportation arranged.

#### VII. GAMES OR MEET SCHEDULE

- Please visit Cresthill Middle School’s website and click on the “Athletics & Activities” link for a list of all game schedules and locations

#### VII. SPORTSMANSHIP - PARENT/PLAYER/COACH CONDUCT

Our program is in line with DCSD’s commitment to excellence in promoting positive behavior for all those involved – coaches, players, and parents alike.

The district’s philosophical statement is inherent in all we do:

“Members will **Respect** all participants,  
**Foster** good, fair play,  
**Promote** academic excellence,  
**Provide** a safe, competitive, education experience  
and **Do** the right thing.”

We expect our coaches, players, and parents to promote the type of behavior that is reflective of not only DCSD but specifically of the vision we have set here at Cresthill MS for “Building Study Human Beings For the Journey Ahead.”



## Athletics Agreement Form

Please keep the first two pages of this letter for future reference. However, please sign and return this sheet by the assigned due date. Student-athletes will not receive either their practice or game uniform until they return this form signed and completed.

Thank you for your support of CMS Athletics!!!!

### STUDENT-ATHLETE

I agree to the expectations for Cresthill MS Athletics and understand I will be held accountable for my behavior, work habits, and character as a student-athlete.

Student-Athlete Printed Name: \_\_\_\_\_

Student-Athlete Signature: \_\_\_\_\_

### PARENT OR LEGAL GUARDIAN

I/We agree to expectations for Cresthill MS Athletics and agree to partner with the administration, coaches, and teachers to hold my son/daughter accountable for their behavior, work habits, and character as a student-athlete.

Parent Printed Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

QUESTIONS/COMMENTS:

