



# GUADALUPE THROWS CLINIC

(discus and shot put only)

Sponsored by the CFPO-PAL

[www.cfpo-palyouthsports.com](http://www.cfpo-palyouthsports.com)

- When:** Sat., June 25, 2022, from 8:30 am - 12:00 pm (Registration @ 8:00 am)
- Where:** Marion High School, 508 Bulldog Ln., Marion, TX 78124  
(West Side of Football Stadium at Throwing Rings)
- Who:** Anyone age 12 and older.
- Cost:** \$25.00 Make Checks Payable to "CFPO-PAL" Onsite Registration  
(parents must sign a waiver)
- Bring:** Throwing shoes (if you have them), water and dress accordingly  
(Throwing implements for Jr. High and High school sizes will be provided but if you bring your own implements, be sure they are marked so that you can identify them)

We are excited to announce the 3rd Annual Guadalupe Throws Clinic sponsored by the Christian Federation of Police Officers-Police Athletic League (CFPO-PAL). This clinic will feature instruction on warming up, safety and proper techniques for shot put and discus. Instructor is student-athlete that competes in Division I NCAA, Southland Conference and was a state championship qualifier in both the shot put and discus events. For questions, call Garrett Dietert at (830) 491-4194 or Hank Dietert at (210) 381-9351 or email at [dietertlaw@gmail.com](mailto:dietertlaw@gmail.com).