

Trojan



Strong

Strength / Power / Speed Summer 2026

Purpose

The Trojan Strong Summer Program is a strength, power, speed, agility, injury protection and leadership program; run by the Andover High School Strength Staff in coordination and cooperation with the Andover High Coaching Staffs. It is designed for Andover Trojan sports teams to train together and develop a championship culture.

Registration and Payment

Cost

\$90 - Trojans

\$80 - Lady Trojans

\$65 - Young Trojans

\$50 - Future Trojans

Cash/Check: Can be delivered first day
Check: Payable to **"Coach Cruce Camps"**
Venmo: **@CoachCruce**

Registration Links

[**Register Here!**](#)

Or Scan QR Code



Trojans

Grades 9 - 12

May 26th - July 30th

Monday - Thursday

6:30 - 8:00 A.M.

Report to Gym A

Break

June 29th - July 5th - KSHSAA

Lady Trojans

Grades 7 - 12

June 1st - July 23rd

Monday - Thursday

8:00 - 9:30 A.M.

Report to Gym B

Break

June 29th - July 5th - KSHSAA

Young Trojans

Boys Grades 7 - 8

June 1st - June 25th

Monday - Thursday

8:15 - 9:30 A.M.

Monday/Tuesday/Thursday

Strength Training

Middle School Weight Room

Wednesday

Speed / Agility / Competitions

Communication

Please download the Remind App sign up for your sessions below

Trojans 9 - 12	Text @3dcdh9 to 81010
Lady Trojans 7 - 12	Text @4bch8ag to 81010
Young Trojans 7 - 8	Text @482fdk to 81010
Future Trojans 5 - 6	Text @ce377e to 81010

Questions: Contact Coach Cruce at crucej@usd385.org

Future Trojans

Speed / Agility / Competitions

Boys and Girls Grades 5 - 6

June 8th - June 24th

Monday and Wednesday

9:30 - 10:30 A.M.

Trojan Baseball Field