






















 WEEK 1: FEELINGS + WAS / WERE


 1. Vocabulary Expansion (NEW WORDS)


- |   |   |  |
|---|---|--|
|  happy  |  exhausted |  relaxed      |
|  sad    |  excited   |  disappointed |
|  angry  |  bored     |  frustrated   |
|  scared |  confused  |  loved        |

 Activity 1: Emoji + Definition Matching

Match:

- |  |  |  |
|--|--|--|
| 1.  → _____ | 4.  → _____ | 7.  → _____ |
| 2.  → _____ | 5.  → _____ | 8.  → _____ |
| 3.  → _____ | 6.  → _____ |  |

 Now write a definition: Example:

 Happy: feeling good and positive

- |                 |                    |                   |
|-----------------|--------------------|-------------------|
| 1. Angry: _____ | 2. Confused: _____ | 3. Relaxed: _____ |
|-----------------|--------------------|-------------------|

 Activity 2: WAS / WERE ( Practice) Complete:

- |                                      |                                 |
|--------------------------------------|---------------------------------|
| 1. I _____ very tired yesterday      | 5. He _____ scared of the movie |
| 2. They _____ excited about the trip | 6. You _____ angry last night   |
| 3. She _____ bored in class          | 7. My friends _____ confused    |
| 4. We _____ happy at the party       | 8. The teacher _____ relaxed    |



 Rewrite sentences in negative:

Example: I was tired → I was NOT tired

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 Activity 3: ADVANCED WORD SEARCH  Find 12 words: HAPPY, SAD, ANGRY, EXCITED, BORED, CONFUSED, RELAXED, SCARED, TIRED, FRUSTRATED, LOVED, DISAPPOINTED

H A P P Y X Z T R E L A X E D Q  
 D I S A P P O I N T E D Y U I O  
 A N G R Y T R E E X C I T E D P  
 B O R E D A S D F G H J K L M N  
 C O N F U S E D Z X C V B N M Q  
 S C A R E D L O V E D R T Y U I  
 F R U S T R A T E D P O I U Y T  
 T I R E D S A D W E R T Y U I O

 Activity 4: READING COMPREHENSION (10 lines)

## "A Difficult Day"

Yesterday was a very long day for Maria. She was tired because she studied for an important exam. In the morning, she was nervous and a little scared. During the exam, she felt confused because some questions were difficult. After the exam, she was not happy because she thought she made mistakes. Later, she met her friends and they were excited to see her. They talked and laughed together. That made her feel better. At night, she was relaxed but still a little worried about her results. Finally, she went to sleep feeling calm.

### Activity 5: Reading Tasks

#### A. Answer:

1. Why was Maria tired? \_\_\_\_\_
2. How did she feel during the exam? \_\_\_\_\_
3. Why was she not happy? \_\_\_\_\_
4. Who did she meet? \_\_\_\_\_
5. How did she feel at night? \_\_\_\_\_


#### B. True or False:

1. Maria was relaxed in the morning \_\_\_\_
2. She was excited during the exam \_\_\_\_
3. Her friends helped her feel better \_\_\_\_
4. She was completely happy at night \_\_\_\_

#### C. Organizer (Fill the Chart)


Moment	Feeling	Reason
Morning	_____	_____
Exam	_____	_____
Afternoon	_____	_____
Night	_____	_____

## WEEK 2: ROUTINES + SPEAKING + PRODUCTION

 **Activity 6: Verb Expansion (Routine Verbs)** wake up – brush teeth – eat – go to school – study – do homework – play – watch TV – use phone – sleep

### Activity 7: Fill + Transform

1. I \_\_\_\_\_ (study) yesterday
2. They \_\_\_\_\_ (play) soccer
3. She \_\_\_\_\_ (watch) TV
4. We \_\_\_\_\_ (eat) pizza
5. He \_\_\_\_\_ (sleep) late

 Change to negative:




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### Activity 8: WHEN WAS THE LAST TIME... (Extended)

Complete + answer:

1. When was the last time you felt happy?  \_\_\_\_\_
2. When was the last time you were tired?  \_\_\_\_\_
3. When was the last time you studied a lot?  \_\_\_\_\_

4. When was the last time you felt bored? 🙅 \_\_\_\_\_

5. When was the last time you played with friends? 🙅 \_\_\_\_\_

### 🧠 Activity 9: SURVEY (CLASS ACTIVITY)

Ask 5 classmates: When was the last time you felt \_\_\_\_\_?

Name	Happy and why?	Tired and why?	Angry and why?

### 📖 Activity 10: READING 2 📖 "My Last Weekend"

Last weekend was very interesting. On Saturday, I was happy because I played soccer with my friends. We were excited and energetic. Later, I was tired because we played for three hours. In the afternoon, I studied for a test and I was a little bored. On Sunday, I was relaxed because I stayed at home. I watched TV and used my phone. At night, I was a bit nervous because of school. However, I felt calm before sleeping.

### 🧠 Activity 11: Reading Tasks

#### ✓ A. Multiple Choice:

1. Why was the person happy?

- a) Studied
- b) Played soccer
- c) Watched TV

2. Why was the person tired?

- a) Studied
- b) Played a lot
- c) Slept

#### ✓ B. Sequence the events:

\_\_\_ Studied \_\_\_ Played soccer \_\_\_ Slept \_\_\_ Watched TV

#### ✓ C. Graphic Organizer

Day	Activity	Feeling
Saturday	_____	_____
Sunday	_____	_____

📖 Activity 12: FINAL WRITING Write 8–10 sentences: Include: ✓ was / were ✓ 3 emotions ✓ 3 routine verbs ✓ "when was the last time..."

✍️ Your paragraph:

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🎉 FINAL PROJECT - 🧠 Create a mini story: 🙅 "My Emotional Week" Include: 5 emotions 5 verbs drawings or emojis