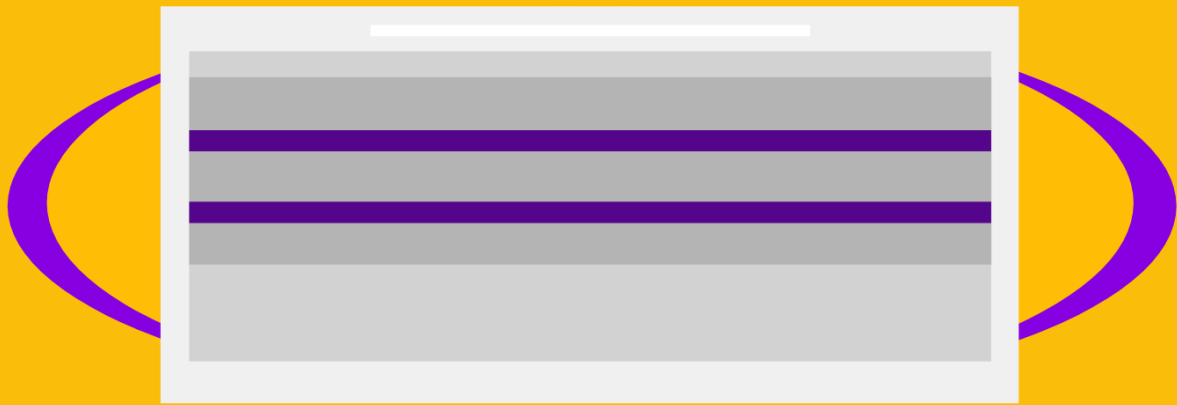




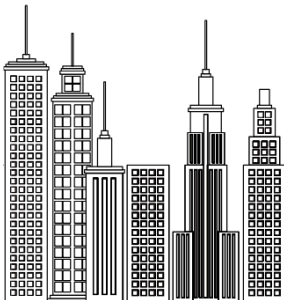
NYU

**SCHOOL OF
PROFESSIONAL STUDIES**

Jonathan M. Tisch Center of Hospitality



Masks for Shelters



**Help us spread
hospitality by making
masks to donate!**



OFFICIAL INSTRUCTIONS

Masks for Shelters

We hope that you and your loved ones are safe and well! Thank you for being a part of the Jonathan M. Tisch Center of Hospitality **Masks for Shelters** initiative. Through this project, we'll be providing masks to NYC homeless shelters that are facing a critical shortage. Read on to learn how you can make a mask in five minutes and donate it to a great cause. Let's get started!

Make sure to wash your hands thoroughly before gathering materials and making masks.

Best Materials

Cotton offers the best combination of filtration and breathability. We recommend using any of the following materials:

- 100% Cotton t-shirt
- Cotton Blend t-shirt
- Pillowcase
- Dish Towel (breathable)
- Tightly woven fabric (breathable)

Tip: Make sure the material that you use does NOT contain any spandex. Spandex absorbs particles rather than filtering them.

How to Make Your Mask(s)

[Follow this video for how to make the mask \(0:20\).](#) You will need a t-shirt/pillowcase/fabric and scissors...that's all!

Some tips on best practices:

- When using your hand to plan your mask width, be sure to spread your hand out wide. This will ensure that the mask is large enough to fully cover the face.
- Make sure that the straps for your mask are long enough. For stretchier materials like t-shirts, straps should be *at least* 8 inches long. For non-stretchy materials like pillowcases, the straps should be *at least* 10 inches long.
- Please be mindful of cleanliness when you are assembling your mask(s). All masks should be free of any possible contamination.
 - Use only clean materials.
 - Wash your hands before picking up and using the materials (wear gloves if you can!)
 - Do not "test" or try on your mask at any point, as this will contaminate the mask.
 - If you have easy access to a washing machine and dryer, consider washing your mask before sending it!

See the following page to package and send your mask(s) →

How to Package and Send Your Mask(s)

Thank you for making a mask to donate! Follow these steps to mail the mask to us safely:

1. Fold the mask flat and place it inside a clean envelope. You will be able to fit one or two masks in each envelope. For more masks, you may need to use multiple envelopes.
2. Seal the envelope, but DO NOT LICK THE SEAL. As an alternative, use tap water or tape.
3. Stamp the envelope. You can find stamps at major grocery stores. In NYC, they are often available at corner stores. If you would prefer to have stamps delivered, you can [order them from the US postal service](#).
4. Address the envelope to:
Masks for Shelters
131 East 7th St.
Apt #3A
New York, NY 10009
5. Place the envelope in a [nearby mailbox](#). There is no need to go to the post office.

Where Your Mask(s) Will Go

For the first phase of our initiative, masks will be compiled at the address listed above, then delivered as a bulk donation to the [Bowery Mission](#). The Bowery Mission has served homeless and hungry New Yorkers since the 1870s, and is recognized as one of New York City's most effective organizations for New Yorkers in need.

Share Far and Wide

If you can help us to spread the word about this project, we'd be so grateful! Feel free to:

- Share this document with family and friends
- Link to this document on social media
- Post a photo of your mask on with the hashtag #tischmasksforselters

Thank You!

Thank you so much for contributing your time to this cause! We appreciate any and every mask donation. For other ways to help, check out the [NYUSPS donation page](#). Happy mask making, and be well!