# **Suicide Prevention Coalition Miami Darke Shelby**

https://sites.google.com/view/spcmds/home

# **General Meeting**

### 7 August 2024 1-3PM

## **Tri-County Board Administration & Training Center**

#### Minutes

- 1. Call to Order at 1:00pm 2/6/2024 by Vicki Martin
- 2. Attendees: Amy Cain, Brad Reed, Brittany Weitzel, Cathy French, Gregory Tucker, Hannah Blair, Janel Hodges, Jim Atchley, Julia Rose, Kristopher Anderson, Leslie Gardener, Megan Campbell, Rebecca Sousek, Roberta Mangen, Ryan Acker, Valerie Mullikin, Vickie Martin, Wanda Ortiz Thayne
- 3. Approval of Minutes completed. Motion for approval given by Janel Hodges, 2nd motion by Wanda Ortiz Thayne.
- 4. Membership Update: Up to 54 members. Brad mentioned to make sure all new members complete the membership agreement form found on the coalition website. The coalition is open to all members of the community. Brad also mentioned if any of the task forces have any changes to members to email him to update the list serv. Also, old members need to reaffirm their membership by filling out the google form.
  - Reaffirm Membership
  - Member Agreement Form

## 5. Training

- a. QPR Training on 6/5/2024 Update
  - i. The training went extremely well. There were 15 participants covering all 3 counties.
- b. Free training opportunity VA S.A.V.E. (psycharmor.org)
  - i. Description: Developed in collaboration with the Department of Veterans Affairs, this course presents a general understanding of suicide within the military and Veteran community in the United States. It addresses how to identify a Veteran who may be at risk and teaches viewers what to do to

help. Using the simple steps of S.A.V.E., we can all make a difference. By the end of this course, learners will be able to:

- Develop a general understanding of the problem of suicide in the United States
- 2. Understand how to identify a Veteran who might be at risk for suicide
- 3. Know what to do if you identify a Veteran at risk
- c. Other upcoming training opportunities
  - QPR Question, Persuade, Refer September 18 1-3pm, Tri-County Board Administration & Training Center

## 6. Coalition Coaching: You Thrive

a. The Darke County ESC received a grant focused on youth suicide prevention. This grant will help the ESC implement suicide prevention programs in Darke County Schools. With the grant, there was an opportunity for coalition coaching/ training. Amy Hamilton, with You Thrive, will be coaching and training our coalition. There are 6 members part of the coaching meetings: Brad Reed, Julia Rose, Roxann Bickle, Jim Atchley, Jordan Francis, and Brittany Weitzel. Before the first coaching session, the team did a self-assessment on the coalition. The coalition does have strong connections in the community, but lacks at documenting how the coalition is accomplishing its goals. Amy will work with the coalition to improve its sustainability.

#### 7. Suicide Trends

- a. Janel Hodges- Miami County Epidemiologist presented Miami County hospital data on suicide attempts and self-harm. The data is from residents' home addresses. Attached is updated data
- b. Roberta Mangen- Shelby County Epidemiologist presented Shelby County hospital data on suicide attempts and self-harm. The data is from residents' home addresses. Attached is updated data
- c. Rates rising, especially among girls 8-12
- d. 988: Has a media kit online if you want to promote the crisis line, but TCB prefers to disseminate information about our local crisis line. If you need local crisis line cards contact Brad Reed or Julia Rose.
  - i. +1 Veterans
  - ii. +2 Spanish
  - iii. +3 LGBTQ+
- e. Veteran Community Suicides
  - i. Higher rates with Vietnam Vets than the younger generation
- f. CIT Courses
  - i. TCB does have a CIT course for Dispatchers

- ii. All CIT trained officers are listed on the TCB website
- iii. If in a crisis, ask dispatchers for a CIT officer

#### 8. Event Schedule

- a. Miami County Fair Aug 9-15 TCB/NAMI/SPCMDS double booth in Merchants Building
- b. Darke County Fair Aug 16-24 TCB/NAMI/SPCMDS double booth in Coliseum
- c. Art of Recovery Kickoff Concert with Bruce Moon, Aug 28 7pm, Historic Sidney Theater
- d. Overdose Awareness Day
- e. Darke County Aug 29 9am-1pm, Recovery & Wellness, Walnut St., Greenville
- f. Miami County Aug 29 6-8pm, Treasure Island Park, Troy
- g. Shelby County Aug 31 8am-Noon, Shelby County Courthouse Square, Sidney
- h. Mental Health Fair Sept 5 10:30am-1:30pm, Miami County Courthouse Plaza, Troy
- i. UVMC Employee Health Fair, Premier/UVMC, Troy

### 9. Task Force Updates:

- a. Veterans Task Force:
  - i. The task force met on April 25th and Jun 27th. Only 2 members attended the July meeting, therefore it was cancelled.
  - ii. We have been focusing on lethal means safety and exploring the possibility of visiting gun shops in the 3 counties to provide lethal means safety materials and engage in collaboration that could result in providing gate keeper trainings to the staff and membership.
  - iii. We created our mission and vision statements:
  - iv. Mission: "Prevent suicides among Service Members, Veterans, and Families through collaborative support and intervention".
  - v. Vision/tagline: "Working together to reduce suicide on life at a time."
  - vi. We continue to collaborate and support local mental health related events.
  - vii. Reminder that when you are informed of a Veteran death by suicide that you email the Dayton VA suicide prevention team at this email address: VHADAYTONVeteranSuicideNotification@va.gov
  - viii. Hannah Blair, Compact Act Coordinator may be reached at hannah.Blair@va.gov

## b. Youth Task Force:

- 1. Chris Mackey is no longer with BBBS and no longer is on the coalition
- 2. The task force has not met all summer
- c. Aging Adults and those with Life Limiting Illness

i. The task force has not met and hopefully will get a meeting scheduled soon.

### d. LGBTQ+

- i. The committee has not met yet.
- ii. Ryan Acker reported that the LGBTQ+ Center of Darke County opened on May 1<sup>st</sup>. There have already been over 200 people that have visited the center with positive comments. The center is using a public health strategy and has 2 groups per week. The center is in the process of starting an AA. They only have adult programming, but are working on implementing youth curriculum. The center is partnering with Family Health and the Darke County Health Department to allow members to access healthcare.
- iii. On 8/6/2024, a law went into effect that would affect LGBTQ+ youth. In this situation it is important to promote self-care to youth and others affected by this law.

#### e. Other

- i. Rural and First Responders
  - 1. Both on pause until there are more members of the coalition.

## 10. Open Forum

- a. Wanda: If anyone needs safe gun storage posters, please contact Wanda
- b. Valerie: Found a news article that stated, "More veterans are applying for VA benefits than ever before. Thanks to the largest outreach campaign in VA history, Veterans submitted 2,433, 729 claims applications in 2023- an all-time record and 39% more than in 2022. More Veterans report trusting the VA: Veteran trust in the VA has reach an all time high of 80.4%- up from 55% when the survey began in 2016.
- c. Vickie: Family Resource Center ceased their operations in Shelby County and Recovery and Wellness is taking over as the provider in Shelby County. On Wednesday, August 7<sup>th</sup> was their first day seeing clients.

## 11. To Do

 The coalition needs to vote on a Vice Chair and a Youth Task Force Leader during the next meeting

Next Meeting is November 6<sup>th</sup> hybrid at Tri County Board from 1-3pm