

•GREATER NY SLAA VIRTUAL & IN-PERSON MEETING LIST•

Last Updated: 11/2/2025, 5:40pm (EST)
*If you are having trouble viewing this document, try clicking on “File” and then “Download” either a PDF or a Word doc.

TO REGISTER/ EDIT CURRENT VIRTUAL / IN PERSON MEETING:

[GREATER NY SLAA Meeting Google Form](#)

For individual meetings interested in registering your meeting with SLAA Fellowship Wide Services:
<https://slaafws.org/registermeeting/>

Contact the NYC Virtual Meeting Registrar: registrar@slaany.org

MEETING STARTER KIT: <https://slaafws.org/download/SLAAGroupStarterKit.pdf>

ADD YOUR NAME TO A ** SPONSOR LIST ** VIA EMAIL: info@slaany.org

DOCUMENTS for Zoom Hosts, Account Holders & Meeting Chairs:

- [Zoom Safety / Protection Guide](#)
- [SLAA - General Zoom Meeting Format \(Script\)](#) - UPDATED 12/29/2020 **** (Includes updated Zoom function)
- [SLAA Online Meeting Document Links](#) (Steps, Traditions, Characteristics & Others)

SLAA of Hudson Valley: <https://slaahv.org>
SLAA Greater Delaware Valley: <https://slaadvi.org/local-phone-meetings/> (Includes New Jersey & Pennsylvania)

DONATE to Greater New York SLAA Intergroup: <http://www.slaany.org/donations>
SLAA Literature: <https://store.slaafws.org/product-list.html>
For national/international calls & virtual meetings: <https://slaafws.org/telephonemeetings> / <https://slaafws.org/onlinemeetings>

IN PERSON MEETINGS

TIME (EST)	MEETING NAME	FORMAT *** (defined at end)	LOCATION	CONTACT EMAIL / PHONE
MONDAY				
5:30 PM-6:30	Monday - Men’s Fulton Street Meeting	MO	St. Peter’s Church (meeting is held in the church) 346 W 20 St New York, NY 10011	--
6:00 PM -7:00	Anorexia Step Work Meeting	ALL, NC, OM	208 w 13th, New York, NY 10014	–
7:00 PM -8:30	Newfound Peace	WO, N/B	First Unitarian Brooklyn 50 Monroe Place Brooklyn, NY 11201	Meeting takes place in the Frances White Room (same location as Wednesday St. Augustine Women: Solution is Spiritual meeting)
7:15 PM -8:30	Sober Dating and Healthy Relationships	ALL, HR, LGBTQ+, NC,OM, Sober Dating	Memorial Baptist Church 401 16th St. Brooklyn NY 11215 (Entrance on 8th avenue)	monbksoberdating@gmail.com
7:30 PM -8:45	Montclair Co-Ed Meeting	ALL, NC, OM	153 Park Street, Montclair, NJ 07042 First Lutheran Church of Montclair	George @ 973-481-5267
7:30 PM -8:45	Metuchen SLAA	ALL	17 Oak Ave, Metuchen, NJ	metuchenslaa@gmail.com
TUESDAY				
9:00 AM - 10:00 AM	Guiding Light Men's Meeting	MO, LGBTQ+	346 W. 20th St., New York, NY 10011	Paul.charles1000@gmail.com
6:30 PM - 7:40 PM	Men's Meeting 107 - Long Island	MO, SS, OM	35 Broadway, Hicksville, NY (Worksmart Coworking Space)	Sam (516) 506-5300 or mens107li@gmail.com

7:00 PM -8:00	Steps on Christopher Street	LGBTQ+, SS	81 Christopher St., New York, NY 10014 (St. John's Lutheran Church, Fellowship Hall. Enter through the alleyway between the main church entrance and the red door.)	stepsonchristopher@gmail.com
7:30 PM -8:45	Morristown Hybrid Meeting	CM	Morristown Medical Center 100 Madison Ave Morristown NJ 07960 Use the main entrance and go downstairs to Level B Go past the Mo'town Cafe, follow hall to the end. Corner room on right.. Conference room 3. Parking garage has a \$4 fee upon exit. There is also free parking across the street at 95 Madison Avenue.	Email for Zoom password: info@slaadvi.org
7:30 PM -8:45	SLAA Women's Meeting	WO	First Lutheran Church of Montclair. Located at 153 Park St in Montclair, NJ.	montclairwomenslaa@gmail.com
WEDNESDAY				
12:30 PM - 1:40 PM	Citylights Greenwich Village - Beginners' Meeting	OM, NC, SS, MW	Church of the Ascension, 12 West 11th Street between 5th and 6th Avenues	For more information, contact Dan at 917-251-5841
6:00 PM - 7:15 PM	Healthy Relationships: Inside and Out	ALL, HR	Old Dutch Church, OMG Room Kingston NY 12401	
6:00 PM - 7:30 PM *Please note: new time as of 11/5/25	Men's 107th Street Meeting *Please note: new time as of 11/5/25	MO, CM / CLOSED *Please note: new time as of 11/5/25	221 West 107th Street, New York, NY 10025 Ascension Roman Catholic Church (in the basement of the Church) *Please note: new time as of 11/5/25	- *Please note: new time as of 11/5/25
7:00 PM -8:35	St. Augustine Women: Solution is Spiritual	WO, N/B, LGBTQ+ Literature & Speaker	50 Monroe Place Brooklyn, NY 11201	brooklynheightsslaa@gmail.com
7:30 PM -8:45	Montclair Co-Ed Healthy Relationships Meeting	ALL, NC, OM	153 Park Street, Montclair, NJ 07042 First Lutheran Church of Montclair	George @ 973-481-5267
THURSDAY				
10:00 AM *Please note: new meeting as of 11/5/25	Cold Turkey *Please note: new meeting as of 11/5/25	MO, CM / CLOSED *Please note: new meeting as of 11/5/25	360 Schermerhorn St. Brooklyn, NY 11217 *Please note: new meeting as of 11/5/25	*Please note: new meeting as of 11/5/25
6:30 PM -8:00	Facing Love Avoidance	ALL	Church of the Holy Trinity, 316 East 88th Street, New York, NY 10128	
6:55 PM -8:10	Thursday Citylights Beginners' Open Meeting	ALL, NC	55 Broadway, 4th floor New York, NY 10006 (Manhattan @ Exchange Place)	For more information, email slaacitylights@gmail.com or text 917-251-5841 If you would like to join the email list for this group, please fill out this form and we'll get you added.
7:30 PM -8:30	Thursday Rumson NJ Newcomers mens meeting	MO	7 Lincoln Ave, Rumson, NJ 07760	rumsonslaa@gmail.com
7:30 PM -8:30	Steps Work: Women and Non-Binary SLAA Meeting	WO, N/B	RYAN Recovery House 19 Barclay Street, Saugerties, NY 12477	
FRIDAY				
10:00 AM	Lost Boys in-person only, and is not affiliated with the Lost Boys zoom meeting	MO, CM LGBTQ+ Speaker	St. Peter's Church 346 W 20th St New York, NY 10011	corwin@umd.edu

4:30 PM -6:00	Becoming Unaddicted to a Person or Pattern	ALL, NC	St Francis of Assisi Church 135 W 31st St b/w 6 & 7th Ave Adult Education Center - 3rd Floor	—
6:15 PM -7:45	Solutions for Social and Emotional Anorexia	ALL, NC	St Francis of Assisi Church 135 W 31st St b/w 6 & 7th Ave Adult Education Center - 3rd Floor	—
6:15 PM -7:15	Women's Together We Can Make It Meeting	WO, CM	Located on Long Island. Please contact for more information and meeting location: serenityforwomen2@gmail.com	serenityforwomen2@gmail.com
7:30 PM -8:45	Montclair Co-Ed Beginner's Meeting	ALL, NC, OM	153 Park Street, Montclair, NJ 07042 First Lutheran Church of Montclair	George @ 973-481-5267

SATURDAY

10:00 AM -11:00	Bob P. Home Group	ALL, CM	128 Springs Fireplace Road East Hampton, NY 11937	Scott (631) 431-7107
10:00 AM -11:15	State of Grace Meeting and Bagel Fellowship (special Characteristics of Fantasy Addiction format the 2nd Saturday of the month)	ALL, OM	The Open Door Recovery Center - Back Door 5 East Main Street, Flemington, NJ (Free street parking or back parking lot)	damon12steps@gmail.com
2:30 pm - 3:30 pm	Women/Non-Binary Meeting	WO, N/B, LGBTQ+ Literature & Speaker	50 Monroe Place Brooklyn, NY 11201 (When you walk in, room is immediately on the right)	Saturdayslaabklynheights@gmail.com
6:00 PM -7:30	Saturday Beginners	ALL, NC, OM	St. Francis of Assisi Church 135 W 31st St New York, NY 10001	—

SUNDAY

10:00 AM	Boys Do Cry	MO/CM (Closed)	The Center, 208 W. 13th Street, New York, New York	—
3:00 PM -4:30	Citylights Sunday Thrivers - SLAA/ACA Meeting	ALL, OM (Open), SS	The Center, 208 West 13th Street, New York, New York, Room 110	For more information, contact Joe at (212) 353-1950
5:00 PM -6:30	UWS Sober Dating, Healthy Relationships & Boundaries	ALL	Fourth Universalist Society 4 West 76th Street, New York, NY 10023	—
5:00 PM -6:00	Page 69 Straight Pepper Diet (SLAA/AA Double Winners Meeting)	ALL	304 Boerum Street, B1, Brooklyn, NY 11206 Zoom mtg ID: 411 404 9464 (no passcode)	—

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VIRTUAL MEETINGS

TIME (EST)	MEETING NAME	FORMAT *** (defined at end)	ZOOM LINK	DIAL-IN	MEETING ID #	PASSWORD (OR CONTACT EMAIL)
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PLEASE NOTE THAT SOME MEETINGS REQUIRE A PASSWORD. CONTACT EMAILS ARE LISTED.

****DAILY****

7 AM -7:20	Step 11 Group Meditation	ALL	https://us06web.zoom.us/j/110974287?pwd=8iLBqigeCMxQDFfrFJvXXwG329x1H8.1		Meeting ID: 110 974 287	Passcode: 010009
8 AM -9:00	MENS SLAA “UPON AWAKENING” DAILY 8AM-9AM EST	MO	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com
10 AM -11:30	Women & Non-binary Daily Topline Meeting	WO, N/B	https://zoom.us/j/93060773008?pwd=YkowVGJKBjI0NzRMUDZYTTZGWkdaUT09	—	930 6077 3008	slaadailytoplines@gmail.com

1:30 PM -2:30	MENS SLAA “MIDDAY MIRACLE” DAILY 130-230PM EST	MO	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com
5:00 PM -6:00	Conscious Contact Step (11 Guided Meditation and Sharing)	ALL, NC, OM, AF	https://zoom.us/j/96657751498?pwd=TCtkZzJsdHF4aFlaGVMMnBqeUZLZz09	929-205-6099	966 5775 1498	300260
6:00 PM -7:00	MENS SLAA “EVENING MEETING” DAILY 6PM-7PM	MO	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com
10:30 PM -11:30	MENS SLAA “BACK TO BASICS MEETING” DAILY	MO	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com	nycafintergrouprep@gmail.com
MONDAY						
6:30 PM -7:30	Monday Night Newcomers Literature Meeting (SLAA literature meeting/ all literature shared on the screen)	ALL	Zoom ID: 852 3474 6091	—	852 3474 6091	MonLitMtg
7:00 PM -8:00	Women’s Writing Workshop	WO, NC, SS	https://us02web.zoom.us/j/831791204?pwd=T0dQV2lLdEFsRGxwQ1Exb0VvTVJiUT09	929-436-2866	831 791 204	181959
7:30 PM -8:45	Montclair Revolving Format	All, HR	Zoom Meeting ID: 973-862-1212	—	973-862-12 12	Montclair
8:30 PM	Midlife Recovery (Focusing on 40 years and over. COED.)	ALL	https://us02web.zoom.us/j/84420661692?pwd=L0RDZXJMRERLTFFwdGhwcXpEWEJZZz09	+16469313860 84420661692# 404142#	844 2066 1692	404142
TUESDAY						
7:00 PM -8:15	SLAA Women of Color (Closed meeting for WOC) *Meeting currently on pause	WO, PG	https://zoom.us/j/329788863	646-558-8656	329-788 863	WOGSLAANYC@gmail.com
7:00 PM -8:15	Women's Path to Freedom	WO	https://zoom.us/j/7838168025?pwd=aElhMzFEa3FkZkZ2cGJpQ0Q1Q0pCUT09	646-558-8656	783 816 8025	womenspathtofreedom@gmail.com
7:00 PM 8:30	Answers in the Heart	ALL, HR, LGBTQ+, NC, OM, SS	https://rit.zoom.us/j/93519851444	—	935 1985 1444	(no password) slaarochester@gmail.com
7:30 PM -8:30	SLAA Lost Boys - Step	MO, NC, SS	https://us05web.zoom.us/j/7779247489?pwd=eXBremVsb1djNWlOM1lwcmVHVXUyUT09	646-931-3860 PW: 015281	777 924 7489	015281
7:30 PM -8:45	Team Tuesday - Morristown, NJ	ALL	https://us02web.zoom.us/j/7553273844	—	7553273844	010422
7:30 PM -8:45	Women’s Love and Hope *Meeting currently on pause	WO	973-862-1212	929-205-6099	973-862 1212	montclairtuesday730@gmail.com
7:30 PM -8:45	Healthy Sexual Eroticism (Topics include healthy sexuality, kink, erotic practices, polyamory, and gender.)	ALL, LGBTQ+	Please e-mail: slaahhealthysexualeroticism@gmail.com for a screening questionnaire.	—	--	(see email)
8:00 PM -9:00	Breaking Free in our 20's	MO	https://us02web.zoom.us/j/5254068981	—	525 406 8981	(no password for this meeting)
8:30 PM -9:30	Staying in the Solution	ALL, LGBTQ+, Solution Focused Literature	https://us02web.zoom.us/j/84306920400?pwd=Y3JJK0NWSUwxQTU5NmpHdlkvUWVKUT09	—	843 0692 0400	recovery
WEDNESDAY						
10:30 AM-11:30 AM	Meditation and Book Study	ALL, NC, OM	https://us02web.zoom.us/j/81003986421?pwd=N2N5TVB4Y3ZPN0RCbmQ1R3U3RnIPUT09		810039864 21	included in Zoom URL
11:00 AM-12:15 PM	Wednesday Morning Citylights Steps Meeting (We do the steps during the meeting, participation is part of the meeting)	ALL, SS	https://us02web.zoom.us/j/717755178	646-558-8656	717755178	

12:00 PM -1:15	Spirituality & Recovery	ALL, NC	https://us02web.zoom.us/j/82161085945	646-558-8656	821 6108 5945	noonspirituality@gmail.com **no later than Wed. 12:10pm
12:00 PM -1:00	SLAA Powerhouse Women’s Only Meeting	WO, OM, SS	https://us02web.zoom.us/j/84757748531?pwd=NTRXUDdyM3A3YkVGNTThHek15LzBnZz09	—	847 5774 8531	958468
3:00 PM -4:00	AA/SLAA Double Winners Speaker Mtg (Open sharing to all addictions of any kind, speaker qualifications will focus on emotional sobriety) *Meeting reported inactive on10-22-25. Please email registrar@slaany.org if you know for certain whether this meeting is still happening or canceled.	ALL, NC, OM	https://us02web.zoom.us/j/84952316403?pwd=UmNhTVpSMHM3TnlrL3RtYmxvbjBIZz09	—	849 5231 6403	double
6:00 PM - 7:30	Romantic Obsession, Fantasy, and Intrigue	ALL, NC	https://zoom.us/j/93791740559?pwd=AZbGBE3eoF45aSvElgu5os2tCFtoh9.1	—	937 9174 0559	serenity
7:30 PM -8:45	Montclair Developing Healthy Relationships	All, HR	https://us02web.zoom.us/j/89489064342?pwd=bElhZVVSc1RHRE1CU2xGVUhKVnkzdz09	—	894 8906 4342	montclairwednesday730@gmail.com
8:30 PM -9:30	Expanding Compassionate Imagination	ALL, LGBTQ+	https://us06web.zoom.us/j/81785127756	—	817 8512 7756	topline
THURSDAY						
1:00 PM -1:45	Sex Love Pornography Addiction	ALL	https://us05web.zoom.us/j/6680837848?pwd=AhNxEmNq4vOa0w3RVlwle64D8MWF2h.1&omn=82147494230	201-580-7378	668 083 7848	1zCxwr
7:15 PM -8:45	Developing Healthy Relationships	ALL, NC, HR	https://zoom.us/j/656421059	646-876-9923	656 421 059	822190
7:45 PM -9:00	Long Island Women’s Serenity	WO	(see meeting ID)	—	207 404 3161	acceptance
8:30 PM -9:30	Constellations: Queer Polyamorous Recovery in SLAA	ALL, CM, HR, LGBTQ+	https://us02web.zoom.us/j/86355138910		863 5513 8910	Please email: constellationsslaa@proton.me
10:00 PM -11:00	Signs of Recovery (7pm Pacific)	ALL, SS	https://www.zoom.us/j/629725250	Zoom only	629 725 250	recovery
FRIDAY						
9:30 AM -10:30	SLAA Lost Boys - Speaker/Literature	MO, NC,	https://us05web.zoom.us/j/7779247489?pwd=eXBremVsb1djNWlOM1lwcmVHVXUyUT09	646-931-3860 PW: 015281	777 924 7489	015281
11:00 AM - 12 PM	Healthy relationships Womens Meeting	WO	https://us02web.zoom.us/j/88299838999?pwd=WEJONWJKbzVkUVNOODhTN3NreEdGQT09			RecoverySlaa@gmail.com
12:00 PM -1:00	Women’s Sexual Healing (Topics: Sexual wounding, body shame, healthy sexuality and sober dating)	WO		—	884 8814 8162	628478
4:30 PM -5:45	Becoming Unaddicted to a Person	ALL, NC	https://us02web.zoom.us/j/87260204186?pwd=VW50QUVkv2dwUzF6eW5nYTZGcmVjZz09	929-205-6099	872 6020 4186	555310
6:15 PM -7:45	Sexual and Emotional Anorexics *Zoom only (not hybrid)	ALL, NC	https://zoom.us/j/672894301	646-876-9923	672 894 301	615615
7:30 PM -8:30	Kingston (Hudson Valley) Meeting	ALL, NC	https://us02web.zoom.us/j/86329437926?pwd=NTZHTjIGNmJ3VTth3OWNLd1d5bXM2Zz09	646 558 8656	863 2943 7926	126690
8:00 PM -9:00	Romantic obsession, Fantasy and Intrigue meeting	ALL	https://zoom.us/j/97640605037?pwd=m6lUZfBb6jpbX34tGrcxj0V20RoDWY.1		976 4060 5037	serenity

SATURDAY						
10:00 AM -11:00	Saturday Morning Citylights Hudson Yards	ALL, NC	https://zoom.us/j/8590855898	929-205-6099	859 085 5898	624011
11:00 AM -1:00	Sexual and Relationship Avoidance/Anorexia (Step Study)	ALL, NC, SS, AF	https://zoom.us/j/8590855898	929-205-6099	859 085 5898	624011
1:00 PM - 2:00 PM	Artists in Recovery	ALL, LGBTQ+	https://us04web.zoom.us/j/75814611604?pwd=UWNGQ2lhSzZGK09TdXVkSHBGRUFZdz09	The dial-in number for Artists in Recovery is +1 669 444 9171 USA	832 5179 4726	Artists slaa.sat.artists.online@gmail.com
7:30 PM -8:45	Morristown Saturday Night	ALL	https://us02web.zoom.us/j/5567030426?pwd=QjFaUUUpRWXZMMmR3cDAvSm1BY0xsOT09	—	556 7030 426	slaanorthjersey@yahoo.com
8:30 PM -9:45	SNL (Saturday Night Love)	ALL	https://us02web.zoom.us/j/87479287650?pwd=MIQ0TUJhZGV4N203Q2pXdnBvT3ZJdz09	646-876-9923	874 7928 7650	serenity
SUNDAY						
9:00 AM -10:00	SLAA Sunday Asia Expat (A State of Grace SLAA approved literature 📖 / Daily meditation reading. & Being current.) *Meeting reported inactive on 7-20-25. Please email registrar@slaany.org if you know for certain whether this meeting is still happening or canceled.	ALL	https://us04web.zoom.us/j/6387252622?pwd=cFQ0Z1RDZ3NETDJMM29PWEdpQkpGUT09	—	638 725 2622	971983
10:30 AM-11:30	Women & Nonbinary SLAA HOW meeting (Cameras on when entering meeting, please. Camera can go off after initial greeting.)	WO, SS, N/B	https://us06web.zoom.us/j/4586293577		4586293577	sundaywnbrecovery@gmail.com
12:00 PM -1:00	SLAA Lost Boys Top Lines	MO, NC	https://us05web.zoom.us/j/7779247489?pwd=eXBremVsb1djNWl0M1lwcmVHVXUyUT09	646-931-3860 PW: 015281	777 924 7489	015281
1:00 PM -2:00	Developing Healthy Relationships	ALL, NC, HR	https://us02web.zoom.us/j/86921449517?pwd=aE43QkRyY0VOQU5MNEhONTJSZ0dxUT09	—	869 2144 9517	589318
5:00 PM 6:00	Page 69 Straight Pepper Diet (SLAA/AA Double Winners Meeting) *Meeting reported inactive on 12-15-24. Please email registrar@slaany.org if you know for certain whether this meeting is still happening or canceled.	ALL	Zoom mtg ID: 411 404 9464	—	411 404 9464	
7:00 PM -8:30	Men's Talking Stick	MO	n/a (phone meeting)	605-313-5878	For access code, contact: trevorslaa@yahoo.com	
7:00 PM -8:00	Sisters in Solution	WO		Meeting ID: 8276 926 2881	*For password, please contact: sistersinsolution@outlook.com	
8:30 PM -9:45	Women's Reading Meeting	WO	https://us02web.zoom.us/j/9586791400	— (zoom only)	958 679 1400	surrender

MEETING FORMAT KEY:

- ALL** - Meeting is open to all gender identities (men, women, non-binary).
- AF** - Anorexia Focus
- CM / CLOSED** - available to all who identify as a sex and love addict or think they may have a problem with sex and love addiction.
- HR** - Healthy Relationships. Focusing on the issues that surround being in recovery from sex and love addiction while also maintaining healthy relationships with spouses, partners, family, and friends.
- LGBTQ+** - Lesbian/Gay/Bisexual/Transgender/Queer/Questioning + . Members may discuss issues surrounding gender preference and this meeting welcomes friends of the LGBTQ+ community.
- MO** - Men Only.
- N/B** - Nonbinary
- NC** - Newcomers. A meeting or segment set aside specifically for welcoming newcomers to the program.
- OM** - Open Meeting. This means anyone may attend, whether or not they have a problem with sex and love addiction.
- PC** - People of Color. Focusing on issues specific to those of African American, Hispanic and/or Asian heritage.
- SS** - Step Study. Focusing on the study of the Twelve Steps of S.L.A.A.
- WO** - Women Only.
- OL** - Outside Literature

UPCOMING MONTHLY INTERGROUP MEETING SCHEDULE:

Please visit this link for information about our Intergroup and meetings: <https://www.slaany.org/igreps>

OTHER WAYS TO BE INVOLVED:

--Si estás interesado/a en ayudarnos con la traducción del libro de trabajo de preguntas para los pasos de SLAA, por favor haz clic en este enlace y suscríbete al boletín informativo. Te agradecemos tu colaboración.

If you're interested in assisting with the translation of the Step Workbook Questions into Spanish, please visit our website and subscribe to the newsletter. Your contribution will be greatly appreciated.

<https://slaatranslation.blogspot.com/>

