

Sergio Magaña - The Toltec Secrets of Dreaming 2022

During this powerful 7-module journey with Sergio, you'll discover:

- The **brain waves you move through**, and energy levels you cross, in your sleep each night — and how ancient cultures developed practices that correspond to each one
- The practice of dreaming *at will* — **for manifestation while you're asleep or awake**
- **Your *teyolia* (the path of your soul)** as you release parts of yourself that are trapped in old experiences
- How the **prophecies of the suns** — the **teachings from the Toltec and Aztec calendars** — perceive the movement of the sun over thousands of years as holding profound wisdom about the transformation of the Earth and humanity
- The power of ***dream planting*** to place ideas, plans, or relationships into your waking life
- Techniques for **remaining in a meditation-like state** during sleep
- How to **develop your intuition** using Toltec techniques — and **create your new life** through your dreams
- **Ways to send healing to others** while in the dreaming state
- Practices for healing and rejuvenating your body by **connecting with the energy of the sun**
- **Ways to cancel your dreams** that don't serve you, and remove the negative effects they have on your waking life
- How concepts like rapid-eye movement and the delta dreaming state were **discovered in ancient times**
- Toltec Yoga for Dreaming and the foundational postures of animals and gods — as well as a breathing exercise to **release heavy energies from the past**, free up your energy, and live more fully

What You'll Discover in These 7 Modules

In this 7-part transformational intensive, Sergio will guide you through the fundamental body-mind-spirit skills and competencies you'll need to delve deep into the Toltec tradition of Mesoamerica — and the dream states, practices, and symbols used by this ancient tradition.

This course will feature step-by-step teachings and experiential practices with Sergio. Each session will build harmoniously upon the previous ones, so you'll develop a complete holistic understanding of the practices, tools, and principles you'll need to access healing dream states to create and navigate the life of your dreams.

Module 1: Science & the History of the Suns



As you sleep each night, you move through many distinct types of brain waves and energy levels...

In this opening module, Sergio will share how ancient cultures developed practices that correspond to the exact brain wave that rules each stage of sleep.

He'll also explain the cycles of the sun and the history of Nahualism, the ancient dream-knowledge system. You'll explore how the ancient Mexicans used the Aztec calendar to pinpoint the cycles and name the suns.

In this first module, you'll discover:

- How ancient Mexican traditions **designed their practices according to the sun's cycles** — before science discovered any of it
- Why **dreaming is more important than ever** during these uncertain times
- How **your dreams share what's hidden** from you in your waking life
- How concepts like rapid-eye movement and the delta dreaming state were **discovered in ancient times**
- Dream **practices you can implement** — starting tonight

Module 2: Dream Planting — An Introduction to Recalling Your Dreams



Are you making the most of your *hypnagogic* state — the transitional state between wakefulness and sleep?

In this module, Sergio will share the powerful phenomena that unfold during this state of “threshold consciousness,” from lucid thought to lucid dreaming, hallucinations to sleep paralysis, and much more.

You’ll also learn about the power of *dream planting*, as Sergio shows you how to use your dreams to place ideas, plans, or relationships into your waking life.

In this module, you’ll discover how to:

- Explore the 4 archetypes that **heal your basic needs**
- Discover **archetypes in your dreams** that empower you to manifest the things you want most
- **Cancel the dreams** that create difficulties in your waking hours
- **Dream-planting practices** to set an intention, transmute the energy of a current challenge, and manifest a more desirable outcome

Module 3: Your Delta Dreaming State



In this module, you'll explore the delta dreaming state — the sacred stage of sleeping without dreams that's similar to meditation.

Sergio will share how this stage of the night is dominated by deep sleep — and how you can train yourself to stay lucid instead.

You'll discover techniques to remain in a meditation-like state during this stage of sleep — and the many spiritual traditions, including Tibetan Buddhism, that swear by this practice.

Sergio will also share more advanced, complex ways to plant concepts in your dreams while you're in the hypnagogic state.

In this module, you'll explore:

- The **4 steps** to falling asleep
- Which archetypes cover the **specific difficulties you'd like to solve** through your dreams
- How to **discover your third eye** during your hypnagogic state
- The ways **your third eye can help you manifest** what you desire
- How you can **encounter your energetic double** in the delta dreaming state
- How dreams can empower you to **erase ancestral patterns** and help you heal your addiction to suffering

Module 4: Interpreting & Recalling Your Dreams



When you remember your dreams, you see yourself clearly for the first time. From there, you can create your new self...

In this module, you'll learn more about conscious dreaming when Sergio shares the fascinating technique of the *blood serpent* for healing emotions — which also empowers you to fall asleep without losing awareness.

As you'll discover, this technique allows you to enter directly into the delta awake states in the first part of the night, and to “cut the night” when you need to (you'll also learn even more about cutting the night in the next module).

In this module, you'll discover:

- How to determine at which stage of sleep it's easiest for YOU to **find lucidity** (awareness that you're dreaming)
- Why you need to **understand your dreams** for true lucid dreaming
- Why **you're actually seeing your subconscious self** when you remember your dreams
- Advanced **techniques for canceling your dreams** and the negative effects they have on your waking life — and how to determine which dreams don't serve you

Module 5: Techniques to “Cut the Night” as You Sleep



What if you could change the impact your dreams have on you by simply waking up when you're experiencing a dream that doesn't serve you?

With Sergio's techniques to help you “cut the night” and move into lucidity, you can do just that.

In this module, Sergio will explain the various types of brain waves you move through each night.

When you understand the details of each brain wave type, you can enter different landscapes in your dreams, consciously creating both your dreams and your life.

In this module, you'll discover:

- Powerful **techniques for manifestation while dreaming**
- Techniques to get into the actual landscapes of your own dreams and program yourself to wake up when you need to
- Fascinating **dream interpretation** tips to help you understand what you truly think and feel
- How to speak in the right **dream language** to build your dreams in advance while you're awake — and build a new reality for yourself

Module 6: Toltec Yoga for Dreaming



In this module, Sergio will share the **Toltec Quin** (ancient postures, similar to yoga postures) that induce different aspects of dreaming...

For instance, you'll move through the classic pyramid pose, a standing posture that combines the benefits of forward bending, backward bending, *and* balancing. This pose requires intense focus and a very calm mind to balance and stay in correct alignment.

Then Sergio will guide you to incorporate the breathing technique that's tied to each of the postures.

You'll also explore how, with the knowledge shared in caves of power, you can learn to embrace your own hidden darkness — and bring forth the light needed to heal yourself, your relationships, and others.

In this module, Sergio will share:

- How to **solve life's most complex problems** through your dreams
- Ways to **transform yourself** using the obsidian mirror — objects that reflect *you* when you look upon them
- The Toltec concepts of **the heavens** — and what's possible to create for yourself there
- The true **meaning of *the underworld***, the state in which your mind is trapped
- How to **use the Toltec Quin to heal** the awaked and sleeping parts of yourself
- How to **solve the 9 underworlds in your life** and open your 4 caves of power

Module 7: Integration — Bringing Dreaming Into Your Daily Life



In this final module of your journey, you'll celebrate all you've learned — and use it to create a life plan.

You'll continue your study of the fascinating Quin, moving through the nine **postures that help dreamers like you improve their lives**.

The original holders of this secret knowledge were true masters, with a deep understanding of the dream state...

After these seven modules of studying ancient Toltec practices with a step-by-step journey through rituals and symbols, you, too, will have a working knowledge of the power of your own perceptions — and how your dreams can form your reality and even influence matter itself.

Sergio will also explain your *teyolia* (the path of your soul) as you release parts of yourself that are trapped in old experiences.

You'll incorporate all you've learned into your new life plan, including:

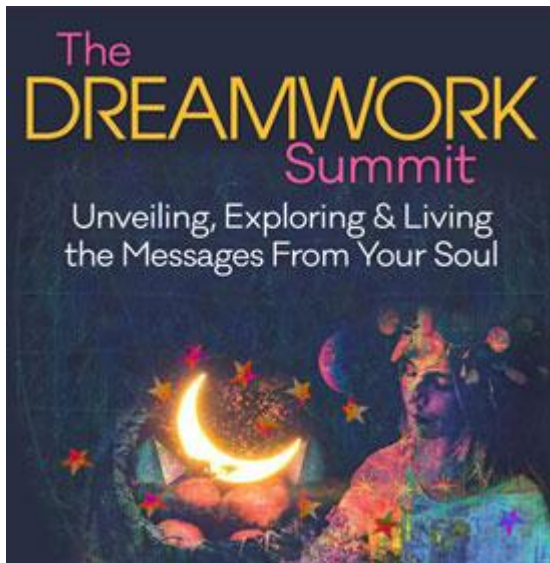
- Becoming **lucid in your dreams**
- **Creating your new life** through your dreams
- **Sending healing to others** while in the dreaming state
- **Developing your intuition** using Toltec techniques
- Healing and rejuvenating your body by **connecting with the energy of the sun**
- Using the **mysterious obsidian mirror** to heal yourself and others

The Toltec Secrets of Dreaming Bonus Collection

In addition to Sergio's transformative 7-module virtual course, you'll receive these powerful training sessions with leading visionaries and teachers. These bonus sessions complement the course and promise to take your understanding and practice to an even deeper level.

Selected Sessions From The Dreamwork Summit

5 Selected Recordings and Transcripts From the 2018 Summit

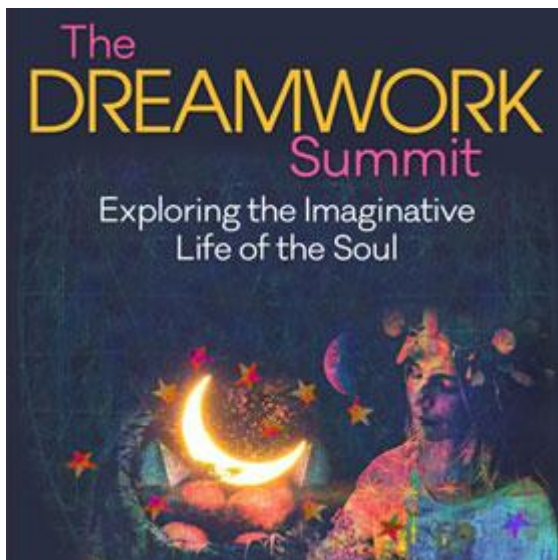


The Dreamwork Summit is a global gathering of dreamwork experts, renowned psychology professionals, and celebrated authors. Follow along with these five powerful sessions as leading luminaries share a unique variety of dreamwork approaches — and specific ways to open to your inner guidance — to transform your relationship with your dreams.

You'll receive sessions from **Sergio Magaña, Robert Moss, Sandra Ingerman, Toko-pa Turner**, and **Grandmother Flordemayo**.

Top 5 Sessions From The Dreamwork Summit

Selected Recordings and Transcripts From the 2019 Summit



These five sessions from *The Dreamwork Summit* will guide you to access your dreams and imagination for guidance, healing, and inspiration. You'll receive powerful insights and exciting new practices from **Robert Moss, Sandra Ingerman, Toko-pa Turner, Patricia Berry**, and **Catherine Shainberg**.

Plus... you'll receive these bonuses too!

The Dream of the Cosmos

Session With Sergio Magaña From the 2020 Dreamwork Summit



In this fascinating session, Sergio describes the transition to a new time according to the Toltecs and the Aztecs, and how this time is ruled by the midnight moon and dreams. You'll discover how healing through dreaming is possible, along with the "levels of dreaming" of the ancients, from the ordinary to the extraordinary. According to prophecy, this is the exact time to learn about how to create your life through dreams.

With this bonus, you'll:

- Discover the possibilities of healing physically through dreams
- Learn about "levels of dreaming" from Toltec and Aztec wisdom
- Learn about beliefs surrounding the power and meaning of dreams in ancient Mexico

Tapping Into Your Caves of Power

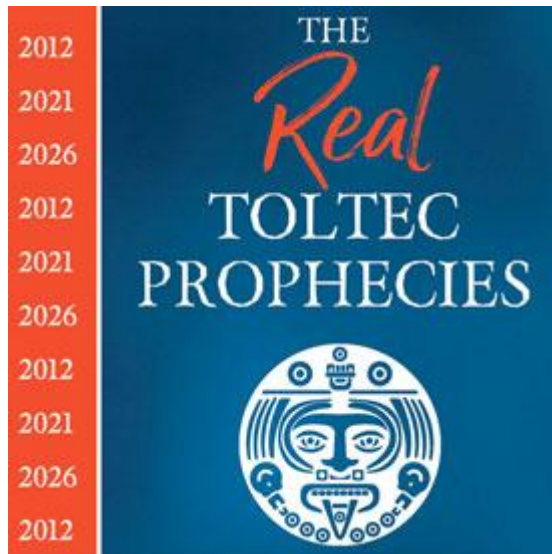
Audio Dialogue With Sergio Magaña and Michael Stone



In this illuminating talk, Sergio shares teachings from his book, *Caves of Power*, including essential keys to unlocking your own power within — through dream states, breathing exercises, and more. Join him as he offers up an ancient teaching from the Nahuatl tradition... a lineage descended from the Aztecs.

The Real Toltec Prophecies Collection

Two Chapters (1 Audio and 1 PDF) From Sergio Magaña



These two chapters from Sergio's yet-to-be released book provide a glimpse into the prophecies from the Aztec calendar — revealing important insights about the years 2012, 2021, and 2026. You'll learn how to heal, thrive, and embrace a new, awakened reality with Toltec wisdom.

- **The Long Count**

Audio Chapter From Sergio Magaña Read by Actress Michelle Rodriguez of Avatar and Fast and Furious

- **The True Treasure of Mexico**
PDF Chapter From Sergio Magaña