

DO
Check Pronouns Cite Research Contact Info / Feedback Form Disclaimer Link to #OwnVoices <u>Content Warnings</u> Anti-Ace, Anti-Aro Sex/Romance-Negativity Sex/Romance

ACCESS
Climate Change Creative Commons Digital Access, (lack of) English Language Learners Foreign Languages Hearing Holidays (national, religious) Learning Style Mobility Pandemic Readability (dyslexia, attention) Time Zone Vision (color, low, blind)

CONTENT WARNINGS
Mentions of Body Image, Discrimination, Exclusion, Food Issues, Illness, Microaggressions, Rape, Sex Topics, Stereotypes, and Trauma.

This is a living document. Email CharCharCharAce@gmail.com with complaints and suggestions.
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TABLE OF CONTENTS
Page 1: Advocacy Advice Page 2: Identities & Experiences Page 3: Concepts & Concerns Page 4: Aspec 201 Vocab

VERSION 3.1 - Nov. 2020

DON'T
Essentialism / Dehumanize Expect Forgiveness Generalize Prescriptive Labeling Publicly Speculate Speak For/Over Tokenize

PURPOSE
To help advocates recall ways to be inclusive, realize knowledge gaps, and reduce microaggressions. Could help for event planning, resource creation, media, etc.

GRANULARITY
This resource gives extra granularity where there are known intersectional or access concerns for the ace and aro communities.

ORIENTATION
Diamoric (enbian, nblm, nblw) Gay, Lesbian Pan, Poly, Bi <u>Ace, Aro, and More</u> Alloace Alloaro Aplatonic (Aces and Aros) Aqueerplatonic (Aces and Aros) Aroace Aspec Non-SAM (Aces and Aros) Queer (Aces and Aros) Straight (Aces and Aros)

RELIGION & SPIRITUALITY
Agnosticism Atheism Buddhism Christianity Folk Religions Hinduism Islam Judaism Sikhism Spirituality Wicca / Paganism

ETHNICITY
Asian Black Hispanic Indigenous Peoples Jewish Latine Pacific Islander

GLOBAL
Africa Asia Australia Europe North America South America

EXPERIENCES
Age (<i>senior, youth</i>) Discrimination, Microaggressions Economic Status Education Parent Political Views Rural / Urban Sexual Assault Survivor Trauma Veteran

BODY & MIND
Autism Addiction ADHD, RSD Body Image Chronic Illness Physical Disability Food Issues Invisible Illness Mental Health Neurodiversity Systems

GENDER / SEX
Agender Genderfluid Intersex Men, Cis Men, Trans Nonbinary Nonconforming Transgender Umbrella Women, Cis Women, Trans

PERSONAL CONCEPTS
Arousal w/o Libido Attraction Behavior Intersectionality Kink, BDSM, Fetish Libido Masturbation Models, Rejecting Non-LGBT+ Identifying Personal Attitudes (<i>averse, repulsed, indifferent, favorable</i>) Questioning Secondary Attraction Secondary Desire Self Determination Self Identification Touch Aversion Umbrella Terms, Rejecting Validity

COMMUNITY CONCEPTS
Definitions, Varied Models, Varied Reclaiming Words Spectrum Split Attraction Model Umbrella Voidpunk

RELATIONSHIPS
Boundaries Co-Parent Consent Coordinated Libido Define the Relationship (DTR) Nonamory Non-Partnering Queer Platonic Relationship Relationship Anarchy Polyaffectante Polyamory

SOCIETAL INFLUENCE
Amatonormativity Assimilationism Compulsory Sexuality False Binaries Pressure (<i>peer, familial, relationship, societal</i>) Purity Culture Cultural Attitudes (<i>negative, neutral, positive</i>) Singlism

CONCERNS
Anxiety Coercion Corrective Rape Depression Exclusionism, Ace Exclusionism, Aro Exclusionism, Queer Infantalization Lack of Support (<i>leaving abusive "non-intimate" relationships</i>) Loneliness Pathologization Stereotype, Broken Stereotype, Childish Stereotype, Emotionless Stereotype, Inhuman

INTERSECTIONAL CONCERNS
Stereotype, Desexualized Stereotype, Hypersexualized Mutual Negation Microaggressions, Alloaro Microaggressions, Racial

MICROLABELS
<u>Self-Perception of Attraction</u> Gray/Grey Quoi/WTF, Idem Neu/Neutro (<i>non-SAM, unit, -haze</i>) <u>Behavior/Reaction</u> Apothi v Icula/Pothi v Cupio Bellus v Inact Iamvano v Placio Aego <u>Patterns of Attraction</u> Litho/Akio v Recipro Coeo v Fray v Demi -flux, -spike/Burst Ficto <u>Intersectionality</u> Caed(o) Dysphor Nebula Neuro Requi -vague Woland <u>Multiple Microlabels</u> Myr

ATTRACTIONS
Aesthetic Alterous Amical Cedural Doraric Emotional Erotic Familial Fluitic Intellectual Mental Platonic Presential Queerplatonic Romantic Sensual Sexual Social Spiritual Tutinary

NEW ADDITIONS
Furry Therian Otherkin BODY AND MIND High Intelligence Low Intelligence Disfigurement Information Processing Fat / Overweight EXPERIENCE Felons Incarceration Sex Offenders Homelessness Immigrants Refugees Victims of Human Trafficking Unemployed Underemployed Ex-Cult Members