

If your group is missing or if you want to help keep this list up to date, please email [a.possian@gmail.com](mailto:a.possian@gmail.com).

*\*Description taken from @eugene mutual aid network*

# COVID-19 Community Response Networks

In response to COVID-19, many grassroots groups have emerged with the shared goal of organizing to ensure vulnerable community members have access to food, housing, healthcare, and other necessities. They're also redistributing resources in case stockpiling prevents people from accessing basics.\*

**This document contains the latest list of groups in Canada**, primarily city-wide groups organized virtually over facebook. You can also find local neighbourhood pods [here](#) (or start your own with [this toolkit](#)).

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## British Columbia

### Greater Vancouver

- [COVID-19 Coming Together \(Vancouver\)](#)
- [Kitsilano Cares: COVID-19 Community Support](#) (email [kindlykitsilano@gmail.com](mailto:kindlykitsilano@gmail.com) if not on facebook)
- [COVID-19 community support East Van](#)
- [CareMongering-GVRD- Greater Vancouver Community Response to COVID19](#)

### Vancouver Island

- [Caremongering Vancouver Island](#)
- [Craigdarroch Community Pandemic Busters \(Comox Valley\)](#)
- [Craigdarroch Community](#)
- [Caremongering Cowichan](#)
- [Caremongering - Nanaimo](#)
- [COVID-19 Coming Together - Nanaimo/Snuneymuxw & Lantzville/Snaw-Naw-As](#)
- [COVID-19 Coming Together \(Victoria/Lekwungen and WSÁNEĆ Lands\)](#)
- [Caremongering - East Sooke: Community Response to COVID-19](#)
- [Caremongering - Greater Victoria](#)

### Gulf Islands

- [COVID19 Coming Together: Salt Spring/HUL'QUMI'NUM & SENĆOTEN SPEAKING TERR](#)
- [Caremongering - Quadra Island](#)

### Mainland

- [Hope caremongering](#)
- [CareMongering - Abbotsford: Community Response to COVID 19](#)
- [Caremongering - Kamloops](#)
- [Caremongering Kelowna](#)
- [Caremongering okanagan](#)
- [Hope caremongering](#)
- [CareMongering - Langley BC](#)
- [COVID-19 Coming Together \(Ridge Meadows\)](#)
- [Caremongering - Salmon Arm, BC](#)
- [Caremongering Sun Peaks, Whitecroft, Heffley](#)
- [Flatten the Curve - Sunshine Coast, BC](#)
- [COVID Isolation Assistance South Fraser](#)

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## Alberta

### Edmonton

- [YEG Community Response to COVID19](#)
- [CareMongering - YEG](#)
- [Queen Alexandra Community League](#)

### Calgary

- [Caremongering - Calgary & Area](#)
- [CareMongering-YYC: YYC Community Response to COVID-19](#)

[Caremongering-CochraneAB](#)

[Caremongering Devon, Alberta, Canada](#)

[CAREmongering T4X \(Beaumont\)](#)

[Caremongering-Hinton](#)

[Lethbridge Covid-19 Community Support Circle](#)

## Saskatchewan

### Regina

- [Caremongering - Regina/YQR](#)
- [Caremongering-YQR: Regina-Area Community Response to COVID-19](#)

[Care-mongering - Lanigan & Surrounding Area](#)

[Caremongering-Saskatoon](#)

[CareMongering-Warman](#)

[MUTUAL-AID TREATY FOUR](#)

[Caremongering - Southey and Area](#)

[Caremongering Swift Current & Area: Community Response to COVID-19](#)

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## Manitoba

[CareMongering- WINNIPEG Community Response to COVID19](#)

[Caremongering Portage la Prairie, Manitoba](#)

## Ontario

### Guelph

- [CareMongering Guelph - Leaning Into Community During COVID19](#)
- [Hungry Guelph & Surrounding Area](#)
- [Guelph Together for Emotional Health - A Peer-Based Response to COVID19](#)

### Niagara

- [CareMongering-Niagara, Ontario: Niagara Community Response to COVID-19](#)
- [Helping each other through COVID-19 scare in Niagara](#)

### Peel

- [CareMongering Peel: Peel Community Response to COVID-19](#)
- [CareMongering - Mississauga](#)
- [CareMongering Peel Region: Community Respond & Supports - COVID-19](#)

### Toronto

- [Toronto/Tkaronto Mutual Aid](#)
- [CareMongering-TO: TO Community Response to COVID19](#)
- [Care-mongering Toronto - Arts / Live Events Industry](#)
- [CareMongering-TO: Movie Nights](#)
- [Davenport COVID-19 Mutual Aid: Neighbours helping neighbours](#)
- [Kavod-19: Toronto Jewish Community Response to COVID-19](#)
- [The Annex \(Toronto\)](#)
- [How can I help COVID 19 Toronto](#)
- [Friendly Neighbour Hotline](#)
- [Canadian Muslim Response Network](#)
- [Good Neighbour Project - GTA](#)
- [East for East \(Leslieville\)](#)
- [Keep Your Rent Toronto](#)
- [Toronto Bike Brigade](#)
- [The People's Pantry](#): a grassroots community initiative dedicated to safely providing and delivering cooked meals and groceries to those communities that have been disproportionately affected by the COVID-19 pandemic
- [Kapit-Bisig Laban COVID Toronto](#): a mutual aid network organized by Filipinos, allies, and community members

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### **Kingston and Thousand Islands**

- [CareMongering-YGK/Kingston](#)
- [Mutual Aid Katarokwi](#)
- [Thousand Islands Caremongering](#)

### **Ottawa**

- [CareMongering-Ott: Ottawa Community Response to COVID19](#)
- [Little Italy Ottawa Caremongering COVID-19](#)
- [Caremongering - Barrhaven, Riverside South & Findlay Creek](#)
- [COVID-19 Community Care Ottawa](#)
- [Caremongering Bells Corners](#)
- [Caremongering - Orleans, Cumberland & Navan](#)
- [Canadian Muslim Response Network](#)
- [Ottawa Support](#)

### **Hamilton**

- [CareMongering-HamOnt: Hamilton Community Response to COVID19](#)
- [Caremongering-Meadowlands/Tiffany Hills #hamont](#)
- [Canadian Muslim Response Network](#)

### **Peterborough**

- [CareMongering-Peterborough: PTBO Community Response to COVID19](#)
- [Peterborough Shares](#)

### **Belleville/Trenton**

- [CareMongering - City of Quinte West/Belleville/Trenton](#)
- [Caremonger Belleville, Quinte West, Trenton, Frankford & Stirling-Rawdon](#)

[Caremongering London, ON - Community & Activist Responses to Covid-19](#)

[Caremongering Huron County](#)

[CareMongering- Windsor/Essex Community Response to COVID-19 and beyond](#)

[Caremongers Stratford](#)

[CareMongering-KW: Kitchener-Waterloo Community Response to COVID 19](#)

[CareMongering BURLINGTON: Share/Swap/Help Covid-19](#)

[CareMongering Halton Hills \(Acton and Georgetown\) Community during COVID19](#)

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[Caremongering: Oakville Comes Together - Covid-19](#)

[CareMongering - Oakville: Oakville Community Response to COVID-19](#)

[CareMongering-Cambridge: Cambridge Community Response to COVID 19](#)

[CareMongering-Haldimand ON: Community Response to COVID19](#)

[Caremongering - Sudbury, ON](#)

[Caremongering Stirling](#)

[Caremongering - Temiskaming Shores](#)

[CareMongering - Town of the Blue Mountains & Area](#)

[CareMongering - Barrie: Community Response to COVID-19](#)

[CareMongering - Meaford Community and Area](#)

[Caremongering-Northumberland County Community Response to COVID-19 & Beyond](#)

[CareMongering-NB: North Bay, ON Community Response to COVID19](#)

[Orangeville And Area CAREMONGERING](#)

[Clarington Covid-19 Community Group](#)

[Caremongering-WaterdownONT](#)

[CareMongering Centre Wellington - CW Community Response to COVID19](#)

[CareMongering-Cornell/Markham: Community Response to COVID-19](#)

[North Grenville Community Response \(NGCR\)](#)

[PEC Caremongering group](#)

[Caremongering Petawawa](#)

[Caremongering Renfrew County and Area](#)

[Caremongering - Eastern Ontario](#)

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## Quebec

### Bas-Saint-Laurent

- [Solidarité COVID-19 - Rivière-du-loup](#)
- [Entraide face au Covid-19 - Les Basques](#)
- [Entraide Covid19 | Rimouski-Neigette](#)

### Capitale-Nationale

- [COVID-19 Entraide autogérée Ville de Québec](#)

### Côte-Nord

- [Entraide Minganie - Covid-19](#)

### Gaspésie

- [Entraide Soutien Coronavirus Port-Daniel-Gascons](#)

### Mauricie / Centre-du-Québec

- [Entraide Kingsey Falls \(COVID-19\)](#)
- [COVID-19: Entraide et bienveillance en Mauricie](#)

### Montreal and surroundings (FR and EN)

- [Caremongering - Montreal](#)
- [Caremongering - Mtl: Réponse Communautaire à COVID-19](#)
- [MTL COVID-19 Mutual Aid Mobilisation d'entraide](#)
- [Caremongering - West Island Montreal](#)
- [CareMongering - West Island & west region of Montreal](#)
- [SOLIDARITÉ LAVAL COVID-19 \(Lavallois-es en transition\)](#)
- [MTL COVID-19 Mutual Aid Mobilisation d'entraide](#)
- [Canadian Muslim Response Network](#)
- [MONTRÉAL - Groupe d'entraide - COVID 19](#)
- [Covid-19 childcare support Montreal/ Covid-19 soutien aux enfants Montreal](#)
- [Entraide soutien Coronavirus Hochelaga](#)
- [Entraide COVID-19 Ahuntsic-Cartierville](#)
- [PandemEx! Parc-Ex COVID-19 MUTUAL SUPPORT MUTUEL](#)
- [RPP - Entraide soutien Coronavirus](#)
- [St-Henri community support COVID-19 / Entraide communautaire à St-Henri](#)
- [Entraide COVID-19 Centre-Sud](#)
- [CAREmongering - MTL + RIVE SUD](#)
- [Montreal West / Montréal-Ouest groupe d'entraide COVID-19 mutual aid group](#)
- [Groupe d'entraide Covid-19 Verdun LaSalle Lachine Sud-ouest Ile-des-soeurs](#)
- [Entraide soutien Coronavirus Rosemont](#)

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- [Entraide et soutien COVID-19 PointeSt-Charles](#)
- [Outremont - Entraide soutien Coronavirus](#)
- [Mile End \(+ Outremont + Plateau W\) COVID-19 MUTUAL SUPPORT MUTUEL](#)
- [Groupe d'entraide Tétreaultville - Mercier-Est COVID-19](#)
- [Entraide Chambly | Coronavirus](#)

[Caremongering Laurentides: Réponse Communautaire au COVID-19](#)

[Caremongering-Pointe-Claire QC](#)

### **Outaouais**

- [#COVIDkindness - Aylmer, QC](#)

### **Saguenay-Lac-Saint-Jean et Nord-du-Québec**

- [Infos Coronavirus Covid 19 - Saguenay Lac St-Jean Chapais et Baie James](#)
- De même, il existe des groupes de soutien plus spécialisés où vous pourrez trouver de l'aide d'ordre juridique. Du soutien est également offert pour les personnes du milieu arts et de la culture, durement touchées en cette période:
  - [Avocates et avocats du Québec - Groupe d'entraide - COVID19](#)
  - [Soutien à/de la communauté culturelle québécoise - COVID-19](#)
  - [Groupe d'entraide, d'information et de soutien pour les artistes -COVID-19](#)

[Caremongering St-Lazare, Hudson, Rigaud, Vaudreuil](#)

### **New Brunswick**

[Caremongering-SaintJohn/Roth/Quispam/GB/Westfield Area Response to COVID 19](#)

[Caremongering Tobique/ Perth Andover areas : Community Response to COVID-19](#)

### **Woodstock**

- [Caremongering Woodstock: Community Response to COVID-19](#)
- [Woodstock First Nation Caremongering Group In Response Of Covid-19](#)

[Moncton Covid-19 : Entraide / Mutual Aid](#)

[Caremongering in Fredericton: Social Distancing Support & Information](#)

### **Nova Scotia**

[Caremongering-HFX: Halifax-Area Community Response to COVID19](#)



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[Caremongering Antigonish-Guysborough](#)

[Caremongering - Lower Sackville and surrounding](#)

[Caremongering Neighbours \(Peggy's Cove Rd. & Prospect Rd. Communities\)](#)

[Caremongering Truro NS](#)

[COVID-19 Community Support/Help for Bridgewater and all surrounding areas](#)

Prince Edward Island

[Kensington and Area Caremongering Group](#)

Newfoundland and Labrador

[Caremongering St. John's NL](#)

[NL COVID-19 Warriors](#)

[Caremongering Happy Valley-Goose Bay](#)

Yukon

Northwest Territories

[Caremongering Inuvik](#)

[Caremongering YK](#)

Nunavut

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## Matching Networks

[The Atrium Project](#)