## Speech/Language Development

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## Suggestions for parents who have concerns about a child's speech/language development.

- 1. Talk with family doctor about normal development vs. speech/language delays
- 2. Refer to the many free public publications on the American Speech Language Hearing Association website: <a href="https://www.asha.org/public/">https://www.asha.org/public/</a>
- 3. Have child's hearing levels checked. Beware that hearing levels can fluctuate with allergies, ear infections, and that mixed loss can occur.
- 4. Seek an evaluation by a <u>certified</u> Speech/Language Pathologist (ASHA certified and state licensed). SLPs can be found:
  - a. First Steps ages 0-3
  - b. Public Schools ages 3+
  - c. Private Therapists (use ASHA website: https://www.asha.org/profind/)
  - d. Hospital/Clinics/sometimes with ENT offices
- 5. Get ideas for enhancing communication skills on sites developed by certified SLPs such as <a href="https://www.mommyspeechtherapy.com">www.mommyspeechtherapy.com</a> and <a href="https://www.socialthinking.com">www.socialthinking.com</a>.
- 6. Talk with and listen to your child in daily activities constantly. Parents can help in many areas of Communication Development.
  - a. Abstract language metaphors, idioms, etc.
  - b. Social language turn taking, maintaining conversation
  - c. Comprehension and expression of language check for understanding
  - d. Phonological awareness critical early skill for reading
  - e. Model appropriate speech sounds and rate of speech