Course Title: Art for Healing	
Grade Levels: 9-12	Course Length: semester

## Prerequisites none

## **Course Description**

This semester course is available to artists of all ability levels. Focus will be placed on utilizing the artistic process as a path for self-discovery and as a tool for self regulation. Students use a journaling process each class and explore a wide variety of media. Students are expected to be self motivated and use their own experiences and observations as inspiration for their art making. Teacher's assessments will be largely based on students' engagement level with the work.