

# High Five Friday

## Give Activity

### 'Making a Hug'

Click on these links to read stories about different ways to give a hug without touching! Sunflowers EOTAS shared these step by step instructions on how to make our own "hug" to give to someone!

[The Hugs and their Helpful Friends](#)

[Many Ways to Share a Hug](#)

You will need: Wool, a fork and sharp scissors. I find the thicker the wool the better.

#### Step One

Cut a length of wool and place the wool between the prongs of the fork.

#### Step Two

Begin to wrap the wool around the fork evenly, once you have the thickness you prefer, cut the wool. Hold in place and use the length of wool to bring together the pompom, knotting tightly (this bit is tricky, ask someone to help you).

#### Step Three

Once knotted slide wool off the fork, if you think it is still too loose, wrap the remaining wool around once more and knot again.

#### Step Four

Pick up your scissors (remember if you need help, ask) and begin to cut along the edge, cutting through all the layers of wool. Take your time, there is no rush.

#### Step Five

You will still need your scissors to trim the pompom, but first place newspaper or a sheet of paper on the table, this will catch all the excess wool.

Finished "hugs". Who will you give your "hug" to?