

JOB SUMMARY

Job Title: Certified Athletic Trainer

Reports Directly To: Athletic Director

Salary Range: \$58,000 - \$65,000, Full Family Benefits Available

TERM OF EMPLOYMENT:

Ten to twelve month position (term flexibility available), non-negotiable working term beginning the first day of fall practices (approximately mid-August), through the final official school athletic practice (approximately mid-June). The Athletic Trainer will work in accordance with a weekly schedule to be determined in coordination with the Athletic Director. Weekly schedules will vary according to the athletic seasons.

DUTIES AND RESPONSIBILITIES

The Certified Athletic Trainer is responsible for student athlete care in compliance with all governing laws and regulations. The Certified Athletic Trainer acts cooperatively with the district's licensed Physician or licensed Physical Therapist to refer students for appropriate treatment. The Certified Athletic Trainer is primarily responsible for participation in the coverage of Junior/Senior High School athletic events and practices, the pre and post treatment of student athletes, and follow-up treatments or referrals if necessary. Other duties include the rendering of emergency care, development of injury prevention programs and providing appropriate preventive and supportive devices for the physically active person; the assessment, management, treatment, rehabilitation and reconditioning of the physically active person whose conditions are within the professional preparation and education of a certified athletic trainer; the use of modalities such as: mechanical stimulation, heat, cold, light, air, water, electricity, sound, massage and the use of therapeutic exercise, reconditioning exercise and fitness programs.

ESSENTIAL DUTIES AND RESPONSIBILITIES

In this role you will be:

- Following the treatment plan of student athletes in compliance with all related school policies, laws, and regulations regarding patient care, patient records, and confidentiality.
- Administering physical therapy modalities effectively and safely as directed by physician or physical therapist order.
- Implementing exercise, and isokinetic programs, as directed by physician or physical therapist.
- Performing selected measurement procedures such as isokinetic testing, range of motion, gross strength of muscle groups, length and girth of body parts, and vital signs.
- Modifying treatment procedures as indicated by patient response within limits of specified plan of care. Report verbally and in writing such modifications to physician or physical therapist.
- Documenting patient response to treatment in the medical record.
- Assuring that patients are evaluated and re-evaluated as necessary.
- Establish and maintain medical files for each student involved in interscholastic athletics including injury, treatment, rehabilitation and communication; report all pertinent findings to the appropriate physician.
- Determine the successfulness of rehabilitation programs and adapt as necessary.

- Administer proper athletic training techniques (wrapping and taping) prior to games and practices to decrease risk of injury as well as determine when an injured athlete has been rehabilitated to the extent that such techniques are no longer necessary.
- Administer ImPACT testing for students that incur head injuries; perform the tasks of return to play protocol.
- Develop a positive working relationship with all involved to assist the physician and coach in determining when an injured athlete can safely return to participation and competition.
- Assist coaching staff in establishing conditioning exercises and programs to promote, perform, and reduce the likeliness of injury.
- Develop and maintain school supply budgets (first aid only).
- Develop and deliver educational opportunities for student athletes, and the larger school community
- The collection and maintenance of all student-athlete physical examination records.
- Inspection, organization, and maintenance of athletic equipment to ensure safety and efficiency.

OTHER DUTIES

Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties, or responsibilities that are required of the employee for this job. Duties, responsibilities, and activities may change at any time with or without notice. The Athletic Trainer is responsible for completing all other assignments of supervisors as directed that are legal, moral, and ethical.

QUALIFICATIONS

Required:

- EDUCATION: Bachelor's Degree in Athletic Training
- LICENSURE/CERTIFICATION:
 - o National Athletic Trainers Association Certification required
 - o BLS certification required or obtained within 1 month of hire
 - o Valid PA driver's license with good driving record and access to a vehicle
 - o Pennsylvania Access to Criminal History (PATCH) Check
 - o FBI Criminal History Check
 - o PA Child Abuse Check

Preferred:

- Masters Degree in Athletic Training is preferred
- Clinical experience preferred
- First aid certification preferred

Necessary Skills:

- Effective communication | critical thinking | teamwork | effective medical record keeping | time management | problem-solving | attention to detail | positive attitude and working demeanor

WORKING CONDITIONS

- **WORK ENVIRONMENT:** Works in a patient-care environment with potential exposure to respiratory, toxic, and electrical hazards as well as blood-borne pathogens and rigorous physical activity and mechanical moving parts.
- **PHYSICAL:** Constantly lift up to 10 pounds and frequently 25 pounds **unassisted**. Occasionally lift up to 100 pounds **with assistance**. Ability to constantly stand, walk, communicate, and use hands and arms to reach, feel, or grasp repetitively.
- **VISION:** Close vision; clear vision at 20 inches or less | Distance vision; clear vision at 20 feet or more | Color vision; can clearly see and distinguish colors | Depth perception; three-dimensional vision and ability to judge distances and spatial relations.
- **HEARING/NOISE:** Ability to hear alarms on equipment, client calls, and instructions. The work environment's noise level is typically at a moderate level.