



GRADES 1 to 12
DAILY LESSON LOG

School:	Visit DepEdResources.com for More	Grade Level:	III
Teacher:	File Created by Sir LIONELL G. DE SAGUN	Learning Area:	MAPEH
Teaching Dates and Time:	OCTOBER 21 - 25, 2024 (WEEK 4)	Quarter:	2 ND QUARTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
I. OBJECTIVES					
A. Content Standard	Location ,Directions and Pathways	Location ,Directions and Pathways	Concept of Health and Wellness		
B. Performance Standard	Performs movements accurately involving locations ,levels, pathways and planes.	Performs movements accurately involving locations ,levels, pathways and planes.	Demonstrate understanding of the nature of and the prevention of diseases.		
C. Learning Competency/Objectives Write the LC code for each.	Engage in fun and enjoyable physical activities - Moves in different directions in response to sound and music. PE3PF – lia –h - 2	Engage in fun and enjoyable physical activities - Moves in different directions in response to sound and music. PE3PF – lia –h - 2	Identifies common childhood diseases. H3DD- IIbcd - 1	SUMMATIVE TEST	
II. CONTENT					
	TIKLOS BASICS	Perform the Dance Tiklos	COMMON CHILDHOOD DISEASES		
III. LEARNING RESOURCES					
D. References					
1. Teacher’s Guide pages	265	267	391		
2. Learner’s Materials pages					
3. Textbook pages					
4. Additional Materials from Learning Resource (LR)portal					
E. Other Learning Resource					
IV. PROCEDURES					
A. Reviewing previous lesson or presenting the new lesson	1. Checking of attendance 2. Warm –Up Activities	1. Checking of attendance 2. Warm –Up Activities			
B. Establishing a purpose for the lesson	Can you identify the tempo of the music?is it fast or slow?	Pupils get a partner. Stand side by side with a partner.	Have you been sick? What sickness have you experienced? (Let them share their experiences) How did you feel?		
C. Presenting examples/Instances of the new lesson	Listen to the rhythm of the music.	Teacher will lead pupils in dancing Tiklos.	Present “ Activity 1 “ Sickness Bingo.		

D. Discussing new concepts and practicing new skills # 1	How did you find our activity? Did you enjoy dancing?	Did you enjoy dancing the Tiklos? What are the steps in dancing Tiklos?	What diseases iare being mentioned experienced by a child?		
E. Discussing new concepts and practicing new skills # 2					
F. Developing mastery (leads to Formative Assessment 3)			Do Activity 2 in LM.		
G. Finding practical application of concepts and skills in daily living	Let the pupils performed different steps of Tiklos. Original File Submitted and Formatted by DepEd Club Member - visit depedclub.com for more	Group the pupils into four. 1- Station 1 –Figure 1 2- Station 2 –Figure 2 3- Station 3 –Figure 3 4- Station 4 –Figure 4	Let them write a sentences about the diseasesthey encountered in his/her life.		
H. Making generalizations and abstractions about the lesson	How do we respond to music in Tiklos Dance?	What is Tiklos? How it is dance?	What is a disease? How do disease affectt your study?life?family?		
I. Evaluating learning	Use rubrics to check the pupils 'performances. 1. heel and toe 2. change steps 3. cut steps 4. touch steps 5. gallop steps.	Performing the Dance Tiklos –with rates of : 5 stars –excellent 4 stars – very good 3 stars – good 2 stars- fair 1 star -poor	Answer Let's Check : Health Advisory on LM. Rate the poster. Content -5 pts. Presentation -3 pts. Creativity – 2 pts.	.	
J. Additional activities for application or remediation	Practice to become familiar wth the different Tiklos steps at home.	Practice to become familiar wth the different Tiklos steps at home.	Interview the members of your family who is under the diseases.Write information for it.		
V. REMARKS					
VI. REFLECTION					
A. No. of learners who earned 80% in the evaluation					
B. No. of learners who require additional activities for remediation who scored below 80%					
C. Did the remedial lessons work? No. of learners who have caught up with the lesson					
D. No. of learners who continue to require remediation					

E. Which of my teaching strategies worked well? Why did these work?	
F. What difficulties did I encounter which my principal or supervisor can help me solve?	
G. What innovation or localized materials did I use/discover which I wish to share with other teachers?	