

WHAT TO PACK FOR NXR

We are NOT checking any bags, so everything needs to fit into a carry-on and personal item.

- ☐ 2 - Running clothes (shorts, shirt, socks, running shoes)
- ☐ 3 - Shorts & Shirt (You will be wearing this when we are NOT running) extra socks for team activity
- ☐ Non running shoes
- ☐ Pajamas
- ☐ **SwimSuit** (your race shorts DO NOT count as a bathing suit)
- ☐ Something nice for the team dinner
- ☐ **Jersey** and **team shorts** - socks running shoes
- ☐ Something comfy to wear home
- ☐ Optional - Card game or something for the team to play Saturday night
- ☐ Toiletries & personal items (think shampoo, conditioner, DEODORANT, etc) Make sure that it is in 3 oz bottles in a quart size bag for TSA.
- ☐ If you want to bring a DC shirt to trade at the NXR Shirt Trade, please pack one. Swords & Blayter will not bring one for you.