

Name: \_\_\_\_\_

# Minister's Challenge Scorecard - Youth

September 15, 2024 - April 6, 2025

Collect a ribbon for doing at least one activity in each category. Get points for each activity as noted. Have an adult who was present or with whom you have discussed the activity initial on the line describing the activity. Top scorers will share a meal and/or dessert with Michael.

\* Look at church calendar for times.

## Spiritual Practices / Exploration (Red Ribbon)

- \_\_\_\_\_ 1 week meditating 5/10/15 mins per day **(1/2/3 points)**
- \_\_\_\_\_ Attend a Taize service (First Sundays, 7-8 pm through April)\* **(3 points)**
- \_\_\_\_\_ Attend an Earth Centered Spirituality ritual at church\* **(3 points)**
- \_\_\_\_\_ Attend a mindfulness group meditation\* **(3 points)**
- \_\_\_\_\_ Keep a gratitude journal for two weeks **(3 points)**
- \_\_\_\_\_ Lead family in a grace at dinner at least two times (Use "A Grateful Heart" as a resource if you'd like) **(1 point)**
- \_\_\_\_\_ Attend Sunday morning worship (and stay for the whole service) at least two times **(3 points)**
- \_\_\_\_\_ Attend a service at a different faith community **(1 points)**
- \_\_\_\_\_ Other as approved by Youth Group Advisor(s) **(1-3 points)**

## Social Justice (Orange Ribbon)

- \_\_\_\_\_ Read two articles on a topic you care about that express a differing opinion from yours. **(1 point)**
- \_\_\_\_\_ Attend / organize a rally or demonstration for a cause you believe in. **(2 points / 4 points)**
- \_\_\_\_\_ Get involved in voter registration or the campaign of a political candidate. **(3 points)**
- \_\_\_\_\_ Read three articles about homelessness. Share links with Youth Group advisors. **(3 points)**
- \_\_\_\_\_ Read three articles about conflict between Palestine & Israel. Share links with Youth Group advisors. **(3 pts)**
- \_\_\_\_\_ Write to an elected official or the newspaper, articulating a position you hold and why you think it's important. **(3 points)**
- \_\_\_\_\_ Meet with an elected official to explain a cause you believe in. **(3 points)**
- \_\_\_\_\_ Design and implement a service project. **(4 points)**
- \_\_\_\_\_ Participate in a service project. **(2 points)**
- \_\_\_\_\_ Fundraise for a justice cause with contributions from at least 5 people. **(2 points)**
- \_\_\_\_\_ Other as approved by Youth Group Advisor(s) **(1-3 points)**

## Living Your Values Daily (Yellow Ribbon)

- \_\_\_\_\_ Find someone at school who seems disconnected and eat lunch with them. **(2 points)**
- \_\_\_\_\_ Replace three single-use plastic items with reusables, or give up a habit that involves single use plastic for one month (such as plastic take-out cups for drinks). **(2 points)**
- \_\_\_\_\_ Write 3 cards to people you love but seldom see. **(1 point)**
- \_\_\_\_\_ Sign up to volunteer during a Family Promise week.\* **(2 points)**
- \_\_\_\_\_ Participate in a trash clean up. **(1 point)**
- \_\_\_\_\_ Organize a trash clean up that involves at least 5 others. **(3 points)**
- \_\_\_\_\_ Replace a regular mode of transport that relies on fossil fuels with climate friendly transport (walk, bike, public transport, ride-share) on at least five occasions. **(3 points)**
- \_\_\_\_\_ Cook/eat a meal that uses no retail packaging (home grown, bulk food, unpackaged veggies/fruit). **(3 points)**
- \_\_\_\_\_ Other as approved by Youth Group Advisor(s) **(1-3 points)**

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### **Creativity (Green Ribbon)**

- \_\_\_\_\_ Write a story, song, or poem about a time you were faced with a tough moral choice and how you decided what to do. **(3 points)**
- \_\_\_\_\_ Help populate our Youth Group bulletin board with pictures and information to help make Youth Group activities and projects more visible to the congregation. **(2 points)**
- \_\_\_\_\_ Work with Michael to write a reflection to share during a Sunday morning service. **(4 points)**
- \_\_\_\_\_ Create a slideshow or video to use on the screen on Sunday mornings or a graphic for the cover of the Order of Service. **(3 points)**
- \_\_\_\_\_ Create a timeline, map, or collage of your spiritual journey so far. **(2 points)**
- \_\_\_\_\_ Play music during a Sunday morning or Taize service.\* **(2 points)**
- \_\_\_\_\_ Other as approved by Youth Group Advisor(s) **(1-3 points)**

### **Get to Know Unitarian Universalism and our UU Church (Blue Ribbon)**

Find out by any (legal :-)) means necessary:

- \_\_\_\_\_ What is the story of the silver by the sanctuary? **(1 point)**
- \_\_\_\_\_ What happened to the previous church buildings? **(1 point)**
- \_\_\_\_\_ What is the maximum power our solar panels have ever put out in a day? **(1 point)**
- \_\_\_\_\_ When did we become a Green Sanctuary and what does it mean? **(1 point)**
- \_\_\_\_\_ When and how did we become a Welcoming Congregation? **(1 point)**
- \_\_\_\_\_ Take out a book from the church library and give a brief review of it at Youth Group. **(3 points)**
- \_\_\_\_\_ Research one of the Unitarians/Universalists from our church history for whom we have named some of our classrooms. Present your learning to the Youth Group. **(2 points)**
- \_\_\_\_\_ Attend a meeting of the Worship Associates, Board of Trustees, or UU Friends of Refugees.\* **(3 points)**
- \_\_\_\_\_ Interview a pastoral care associate about their work for the congregation. **(2 points)**
- \_\_\_\_\_ Assist with social hour set up or clean up (up to three times). **(2 points)**
- \_\_\_\_\_ Serve as an usher or greeter (get points for up to three times). **(1 point)**
- \_\_\_\_\_ Participate in buildings and/or grounds project.\* **(1-3 points)**
- \_\_\_\_\_ Other as approved by Youth Group Advisor(s) **(1-3 points)**

### **Intergenerational Connections (Indigo Ribbon)**

- \_\_\_\_\_ Meet with a church member over 60 and interview them about their spiritual journey. **(2 points)**
- \_\_\_\_\_ Spend one Sunday AM in the nursery. **(1 point)**
- \_\_\_\_\_ Participate in "Everybody's Birthday Party" on October 27, 2024 after the service. **(1 point)**
- \_\_\_\_\_ Work with another youth to help host a Second Hour lunch. **(3 points)**
- \_\_\_\_\_ Attend at least one choir rehearsal (Thu @ 7) and sing in one Sunday service. **(2 points)**
- \_\_\_\_\_ Play a game of ping-pong, pool or foosball with an adult (other than a family member). **(1 point)**
- \_\_\_\_\_ Attend Games & Chocolates (1st Fridays @ 6:30 pm).\* **(1 point)**
- \_\_\_\_\_ Attend a Drum Circle (3rd Sundays @ 7 pm).\* **(1 point)**
- \_\_\_\_\_ Participate in "Caroling with the Homeless" on Fri, Dec 20, 2024 @ 6:30 pm. **(2 points)**
- \_\_\_\_\_ Other as approved by Youth Group Advisor(s) **(1-3 points)**

### **Leadership (Violet Ribbon)**

- \_\_\_\_\_ Ask the organizer of one of these events to give you a specific role to be in charge of:
  - Imbolc Family Formal (Sat, 2/1/25)
  - Thanksgiving Dinner (Sat, 11/23/24)
  - Christmas Eve services
  - Yule / Winter Solstice ritual
- \_\_\_\_\_ Lead worship during a Youth Group meeting. **(1 point)**
- \_\_\_\_\_ Write an article about Youth Group for the *Parish Notes* newsletter. **(3 points)**
- \_\_\_\_\_ Plan a *Time for All Ages* with Michael to present at Sunday worship. **(3 points)**
- \_\_\_\_\_ Organize a drive to support the Homeless Resource Center. **(3 points)**
- \_\_\_\_\_ Join a church committee or team. **(4 points)**
- \_\_\_\_\_ Other as approved by Youth Group Advisor(s) **(1-3 points)**