

Forehead Lift.Service Page.Boulder Valley.KA

Meta Title: Forehead Lift Boulder Colorado | Brow Lift

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Keywords: brow lift, forehead lift, eyebrow lift

Meta Description: Sagging brows and forehead wrinkles are inevitable as we age. Luckily, a surgical forehead lift in Boulder, CO, helps reduce this aging process with ease.

H1 Forehead Lift in Boulder, Colorado

H2 Experience a Brow Lift or Forehead Lift from an Expert Surgeon

A forehead lift, also called a brow lift or eyebrow lift, is a surgical procedure that rejuvenates the upper portion of the face. Forehead wrinkles tend to deepen as we age, and our brows can begin to sag significantly, making us look older and more tired. A forehead lift reduces wrinkles, tightens the skin, and lifts the eyebrows into a more youthful position for an entirely rejuvenated appearance.

Contact expert surgeon Dr. Goldman at Boulder Valley Laser and Cosmetic if you want to rejuvenate your appearance and improve your forehead area. Call us now at (303) 558-8800 to schedule your consultation and learn more about this surgical procedure and how it can drastically improve the appearance of your face and forehead.

H2 Benefits of a Forehead Lift

Forehead lifts rejuvenate the upper section of the face. Benefits include:

- More youthful eyebrow arch
- Reduction in brow lines, aka frown lines or vertical lines between the brows, sometimes called 11s.
- Reduction in forehead wrinkles
- Softens the look of a furrowed brow
- Reduces transverse nasal creases (a horizontal line across the bridge of the nose)
- Reduces the impression of an angry, resting face
- Reduces the appearance of hooded eyelids

H2 What to Expect During a Forehead Lift

A forehead lift is often a same-day outpatient procedure. After you arrive for your procedure, you will be placed under anesthesia, general or local, depending on your specific lift needs. Brow lifts often use one of two popular techniques: a direct brow lift or a closed (endoscopic) brow lift.

Direct Brow Lift: A direct brow lift repositions the brow to the desired height. This surgery involves three incisions where Dr. Goldman will remove the muscles that cause you to frown, lift everything up, and then add sutures.

Endoscopic Brow Lift: The endoscopic brow lift uses two or three small incisions behind the hairline. This type of lift uses a small camera, which is inserted into the incision with a long-handled instrument to help surgeons perform this surgery with ease. Although less invasive, the endoscopic brow lift still achieves impressive results.

After placing the incisions, Dr. Goldman elevates and repositions the soft tissue of the brow and forehead. Next, the brow is placed in a secure spot, and the excess tissue is trimmed off. Finally, the doctor closes the incision and places the dressing.

Dr. Goldman discusses your aesthetic goals in detail when you come in for your forehead lift consultation. He also examines your face and determines which type of lift is best for you. Regardless of the exact method used to lift the forehead, the forehead lift scars are always easily hidden by the hair.

H2 Forehead Lift Before and After*

The forehead lift before and after pictures show real results from actual people. While surgical results vary per person depending on your unique body and aesthetic goals, you can see in each picture that the people look visibly more rejuvenated and youthful.*

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H2 Forehead Lift Results*

Forehead lift results are visible immediately and look more natural as you recover and heal from surgery. Usually, within 3 months, you should see the full brow lift effects. If incisions are made,

the incision lines and swelling continue to improve as you heal. The scars take on their final appearance about 1-year post-op.

A brow lift may make you look younger. However, it does stop the aging process. The results are long-term, but they will eventually fade as you continue to get older. As always, individual experiences will vary.*

H2 Forehead Lift Recovery*

Your brow lift recovery often depends on the procedure and techniques used during the surgery. Dr. Goldman's patient recovery is usually only a week after the surgery. Noticeable swelling and bruising may be seen for about 14 days afterward. Most people can return to work within a few days.

While most people return to work soon after surgery, you should only do light activity. Walking is okay to resume after the anesthesia wears off. However, heavy exercise or any strenuous activity should be avoided for 2 weeks post-op. As always, individual experiences will be different.

Dr. Goldman will give you detailed recovery instructions.

H2 Forehead Lift FAQs

H3 Does a forehead lift look natural?

Yes. When a forehead lift is done correctly by a board-certified surgeon like Dr. Goldman, the results look extremely natural. However, there are some people who have unsatisfactory brow lift results where their brows are pulled too high, causing them to look surprised or scared. This is why it is important to select an expert like Dr. Goldman.

H3 Does a brow lift change the shape of the eyes?

No, a brow lift or forehead lift does not change the shape of your eyes. Instead, it improves the eyebrows and forehead.

H3 How long does a forehead lift last?

Results will vary per person; however, most people enjoy their forehead lift results for over 10 years.

H3 How painful is a forehead lift?

Most people experience minimal pain after their forehead lift. Discomfort and a tightening in the forehead are typical. These sensations usually go away within 2 weeks post-op. Swelling is usually the worst on the third day after your surgery, but this subsides substantially at about 2 weeks.

H2 Get a Forehead Lift in Boulder, CO

If the aging process is contributing to significant forehead wrinkles and saggy brows, a forehead lift can help. Contact expert surgeon Dr. Goldman of Boulder Valley Laser and Cosmetic to schedule a consultation and discover how a forehead lift can help improve your appearance, making you look more youthful and rejuvenated.

Dr. Goldman of Boulder Valley Laser and Cosmetic is proud to be a leading forehead lift surgeon in Boulder, CO, where he also serves the surrounding areas of Colorado. Call (303) 558-8800 to schedule your consultation now.