



Bow High School - School Competencies

School Competency: Emotional Wellness

Area of Focus: Wellness

Level: Advanced

Competency Description:

- Student can identify healthy emotional wellness and utilize appropriate resources and strategies, and recognize when to seek necessary support for their emotional well-being.

Courses:

- BEST
- Business
- English
 - Happiness Mindset
- FACS
- Humanities
- Mathematics
- Performing Arts
- Science
- Social Studies
- Visual Arts
- World Language