

**SOAP Note #2:**

**Date:** February 14th, 2023

**Subjective Data:**

T is a 15 year old boy who is currently placed in a behavioral health facility while between foster homes. In this coming April of 2023 T will have completed his time at this facility and need to be placed in care with an able family member or a new foster home. T's top choice of who to live with is his brother. The brother has yet to complete his background check and other needs in order to allow T to be in his care. In the last visitation T discussed to the case manager that his old foster dad has told him that he is discussing with his wife about adopting T after they get married. T has to come to a decision with the help of the case manager of where he may end up after his time in the behavioral facility is over. This was also T's birthday so the visit consisted of celebrating him.

**Objective Data:**

T was dressed properly for the weather and what he was doing for the day. T's attitude was positive in the beginning of the visitation but towards the end his mood shifted to closed off and ready to be escorted back to his room. The conversation consisted of talking about his gifts and how his day has been and what he had done for his birthday. T informed the case manager that after he accomplished this visitation his father and brother were going to pick him up from the facility and take him out to dinner for his birthday. As the conversation shifted and the case manager began to ask him about an incident that was reported that he was fighting, T began to shut off and said he wanted to leave the visit. The case manager focused back on his birthday and shortly after let him return to his room. T's body language was slouched and tense towards the end of the conversation and T showed anxious emotions.

**Assessment:**

The purpose of this visit was to celebrate T turning 15 and asking him what his troubles in the facility have been about. It appears to the case manager that T is having strong feelings towards the things happening around him in his life at this time and will continue the discussion about behavior at a later time.

**Plan:**

The next conversation will be via phone between the case manager and T in the next week.

Following this will be another visitation in March for his monthly check in and decisions about where T may live in the month of April 2023. The case manager will continue to keep an open line of contact with T in the chance T may need to discuss his emotions and feelings.