







# **DAILY DOMINATION**

 	 <b>Today's Tasks &amp; Steps To Success</b> 
1.  	 <b>Task: Work on Content Creation for Instagram</b>  <b>Action Steps: Learn from Professor Dylan in SMCA for a Canva, CC tutorial</b>
2.  	 <b>Task: Analyze me and Professor Andrew's copy</b>  <b>Action Steps: Review and Refine, think</b>
3.  	 <b>Task: Send 20 outreaches</b>  <b>Action Steps: Learn from prof Dylan &amp; take action</b>
4.  	 <b>Task: Contact client</b>  <b>Action Steps: Call them and discuss solutions &amp; plans for them</b>
5.  	 <b>Task: Work on English Speaking before bed</b>  <b>Action Steps: Read a few pages of the book out loud</b>
6.  	 <b>Task: Train</b>  <b>Action Steps: Burpees , calisthenics</b>
7.  	 <b>Task:</b>  <b>Action Steps:</b>
8.  	 <b>Task:</b>  <b>Action Steps:</b>
9.  	 <b>Task:</b>  <b>Action Steps:</b>
10.  	 <b>Task:</b>  <b>Action Steps:</b>

	<div> <div>July 17</div> <div>Date</div> <div>July 17</div> </div>
Date:	23-4-2024

	<div>  <div>3 Blessings I'm Grateful To Have</div>  </div>
1.	The Real World
2.	Healthy food
3.	Self-development

	<div> <div>  <div>3 Priority Tasks</div>  </div> <div>(These are non-negotiable tasks and must be conquered today!)</div> </div>
1.	Train & Agoge assignments
2.	Social media & Content creation
3.	Contact client



# Hourly Commitments & Reflections



<b>Task</b> 🏆	Task: What will I do?
<b>Strategy</b> 🔍	Strategy: How will I do it, step-by-step action?
<b>Reflection</b> ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

<b>8 AM: Task</b> 🏆	
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	

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<b>9 AM: Task</b> 🏆	
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	

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<b>10 AM: Task</b> 🏆	
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	

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<b>11 AM: Task</b> 🏆	
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Strategy 🔍	
Reflection ✎	

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12 PM: Task 🏆	
Strategy 🔍	
Reflection ✎	

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1 PM: Task 🏆	
Strategy 🔍	
Reflection ✎	

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2 PM: Task 🏆	
Strategy 🔍	
Reflection ✎	

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3 PM: Task 🏆	
Strategy 🔍	
Reflection ✎	

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4 PM: Task 🏆	
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Strategy 🔍	
Reflection ✍️	

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5 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

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6 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

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7 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

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8 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

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9 PM: Task 🏆	
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Strategy 🔍	
Reflection ✍️	

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10 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

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11 PM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

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12 AM: Task 🏆	
Strategy 🔍	
Reflection ✍️	

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# Twilight's Review




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🌟 What wins did I achieve today? 🌟
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 <b>What lessons did I learn today?</b> 
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 <b>What roadblocks did I face?</b> 
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 <b>How will I improve and progress tomorrow?</b> 
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 <b>What worked well and will be repeated?</b> 
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 <b>Who are the People I need to connect with?</b> 
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 <b>What tasks remain uncompleted</b> 

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 <b>What changes do I need to make to my CONQUEST PLAN?</b> 

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 <b>The final assessment of the day's productivity</b> 

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## Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)