

V/X	🚀 Today's Tasks & Steps To Success 🚀
1. 🔽/🗙	◎ Task: Work on Content Creation for Instagram※ Action Steps: Learn from Professor Dylan in SMCA for a Canva, CC tutorial
2. 🚺/🗙	
3. V/ ×	
4. V / X	
5. / / ×	
6. //	
7. / / ×	⊚ Task: ⊗ Action Steps:
8. 🔽/💢	
9. V /X	
10. 🔽/🗙	⊚ Task:

	17 Date 17
Date:	23-4-2024

	🌄 3 Blessings I'm Grateful To Have 🙌
1.	The Real World
2.	Healthy food
3.	Self-development

	🎩 3 Priority Tasks 🎩		
	(These are non-negotiable tasks and must be conquered today!)		
1.	Train & Agoge assignments		
2.	Social media & Content creation		
3.	Contact client		

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Mourly Commitments & Reflections



Task 🖔	Task: What will I do?				
Strategy 🔍	Strategy: How will I do it, step-by-step action?				
Reflection /	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?				
8 AM: Task 💃					
Strategy 🔍					
Reflection /					
9 AM: Task 辈					
Strategy 🔍					
Reflection /					
10 AM: Task 辈					
Strategy 🔍					
Reflection /					
11 AM: Task 辈					

Strategy 🔍			
Reflection /			
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12 PM: Task 🖔			
Strategy 🔍			
Reflection /			
1 PM: Task 💃			
Strategy 🔍			
Reflection /			
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2 PM: Task 🖐			
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Reflection /			
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3 PM: Task 辈			
Strategy 🔍			
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Strategy 🔍			
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5 PM: Task 辈			
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7 PM: Task 💺			
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8 PM: Task 辈			
Strategy 🔍			
Reflection /			
9 PM: Task 辈			

Strategy 🔍	
Reflection /	
10 PM: Task 辈	
Strategy 🔍	
Reflection /	
11 PM: Task 🖔	
Strategy 🔍	
Reflection /	
12 AM: Task 💃	
Strategy Q	
Reflection /	

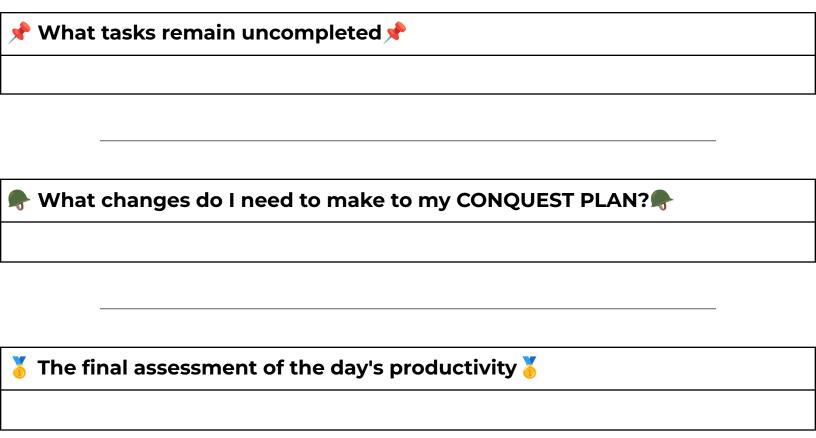






** What wins did I achieve today? **

■ What lessons did I learn today? ■
- What lessons did i learn today.
₩ What roadblocks did I face? ₩
☑ What worked well and will be repeated? ☑
⊠ Who are the People I need to connect with?⊠



Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)