



■■■ Fall Sports Tryouts ■■■

Girls Volleyball • Boys Flag Football • Co-Ed Cross Country

■ Dates & Times:

Monday, Sept 8 • 2:30–4:00 PM

Tuesday, Sept 9 • 3:30–5:00 PM

■ Locations:

- Flag Football & Cross Country: HJHS Softball Field

- Volleyball: HJHS Blacktop

■ Eligibility: Open to all HJHS & HFA 7th–8th graders.

Must maintain a **2.0 GPA**, no Fs, and be in good standing with admin.

■ Team Schedule: Practices are on Mondays 2:30–4:00 PM

■ Season: September – First week of November

Fall Girls Volleyball and Boys Flag Football Schedule

Sept 19, 2025 — vs. Valley Center (Varsity 3:30pm, JV 4:30pm)

Sept 25, 2025 — vs. Escondido Christian (Varsity 3:00pm, JV 3:30pm)

Sept 30, 2025 — vs. Sullivan (Varsity 3:30pm, JV 4:30pm)

Oct 10, 2025 — vs. Valley Center (Varsity 3:30pm, JV 4:30pm)

Oct 16, 2025 — vs. San Pasqual Union Elementary (Varsity 2:30pm, JV 3:30pm)

Oct 24, 2025 — vs. Classical Academy (Varsity 3:30pm, JV 4:30pm)

Oct 30, 2025 — vs. Sullivan (Varsity 3:30pm, JV 4:30pm)

**Come ready to compete, grow, and represent your school
with pride!**