

Mid Atlantic Backways Adventure Trail



About the ride

MABAT is a scenic ride for dual-sport and adventure motorcycles that uses dirt, gravel and paved roads to wind through remote parts of Virginia, West Virginia, Maryland, and Pennsylvania. Starting in Damascus, Virginia, and ending in Lawrenceville, Tioga County, PA, this 1,080-mile route, primarily uses forest roads and rural country lanes, to lead riders through the Appalachian mountains, majestic forests, bucolic farming landscapes, Amish country and locations that played pivotal roles in early American history.



Enclosed you will find a daily description of the ride and associated plans. You will also find an SD card for your gps unit. This card contains all the custom ride maps which have been created for the ride. You should install this SD card into your gps prior to the ride and check to see that it is working properly. If you have trouble with your gps we will be happy to help you at the ride. You will also find paper daily ride maps. These are to be carried with you as a quick reference to aid you in understanding your gps and the day's route options. Directions are at the end of this document..

Ride 0 Damascus, VA

Riders meetup at 6:30pm for greeting and dinner. Rider meeting to follow

Lodging: **Red Roof Inn Abingdon:** 887 Empire Dr SW, Abingdon, VA 24210 276-628-7131

Dinner Plan: Recommendation: Cracker Barrel Old Country Store. Walking distance from your hotel.



Fall along the route

Note: This evening is the time to prep for the ride. Riders should unload their bikes and make any last minute adjustments, including tire pressure. Also riders should fill their fuel tanks and pack any final gear. Riders will want to make arrangement to store their trucks for the week if necessary.

This is also a social evening, take the time to get to know the other riders and decide who you will ride with in the morning. We do not recommend that you ride alone. Spend some time getting to know the ride Yodas.

Ride 1 Paint Bank, VA

Lodging: Depot Lodge: VA-311, Paint Bank, VA 24131 540-897-6000



Hogback Ridge option

Ride Length: 188 miles

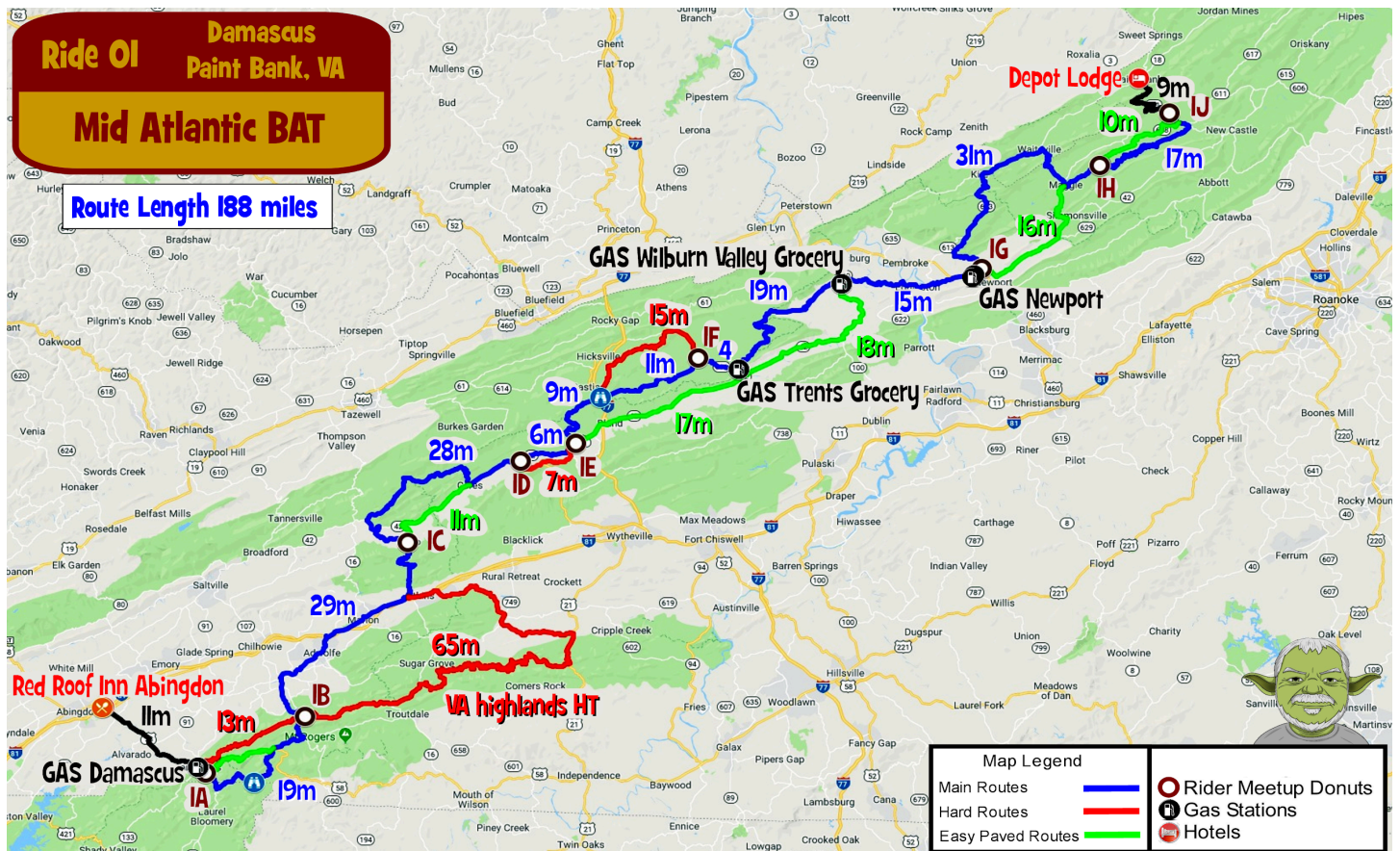
Gas Plan: 2 Gas Station options on Route

Description: Mixed dirt roads and paved. Three tough options, several easy options

Breakfast: YOYO (You're on your own)

Lunch Plan: None. Pack you own for the trail. Snacks at the gas stations

Dinner Plan: Recommendation: Depot Lodge



Ride 2 Cabins, WV

Lodging: Smoke Hole Resort: 8290 N Fork Hwy, Cabins, WV 26855 800-828-8478



Smoke Hole Resort



Ride Length: 198 miles

Gas Plan: 2 gas station options on route

Description: Mixed dirt roads and paved. Several easy options.

Breakfast: YOYO (You're on your own)

Lunch Plan: None. Pack your own for the trail. Snacks at the gas stations

Dinner Plan: Recommendation: Smoke Hole Resort

Ride 3 Shepherdstown, WV

Lodging: Bavarian Inn: 164 Shepherd Grade Rd, Shepherdstown, WV 25443 304-876-2551



Bloody Lane Antietam Battlefield

Ride Length: 161 miles

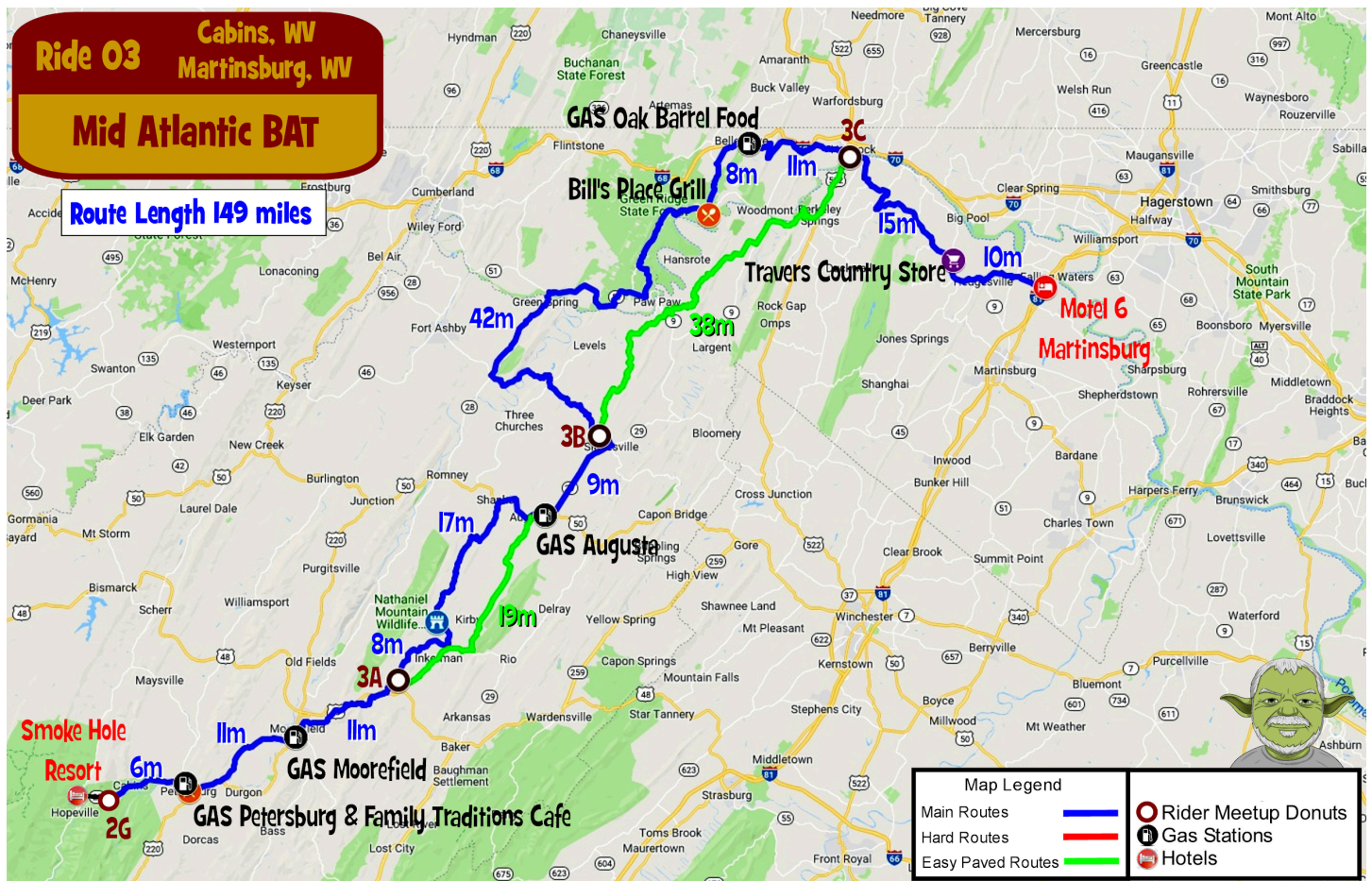
Gas Plan: 4 gas station options on route

Description: Mixed dirt roads and paved. Several easy options and Antietam National Battlefield

Breakfast: YOYO (You're on your own)

Lunch Plan: None. Pack you own for the trail or try Bill's Place

Dinner Plan: Recommendation: Bavarian Inn

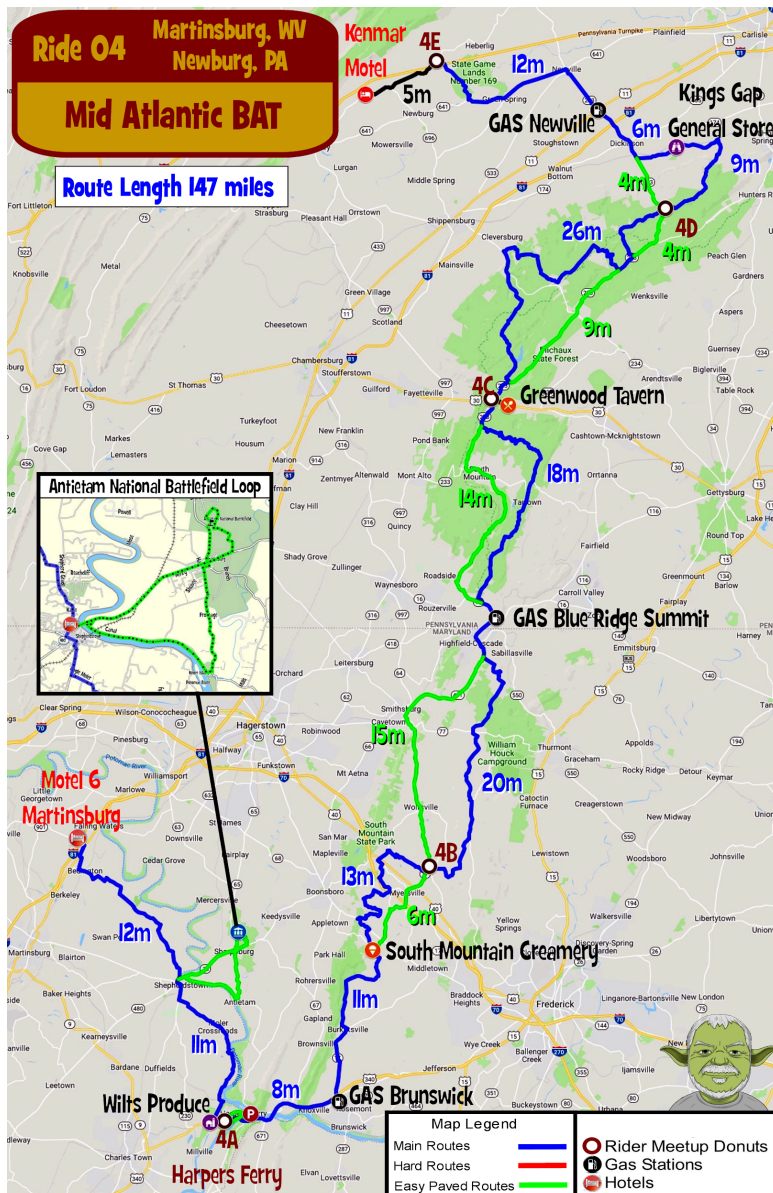


Ride 4 Newburg, PA

Lodging: Kenmar Motel: 17788 Cumberland Hwy, Newburg, PA 17240 717-423-5915



Kings Gap General Store



Ride Length: 135 miles

Gas Plan: 2 gas station options on route

Description: Mixed dirt roads and paved.

Several easy options

Breakfast: YOYO (You're on your own)

Lunch Plan: Recommendation: Greenwood Tavern or pack you own for the trail

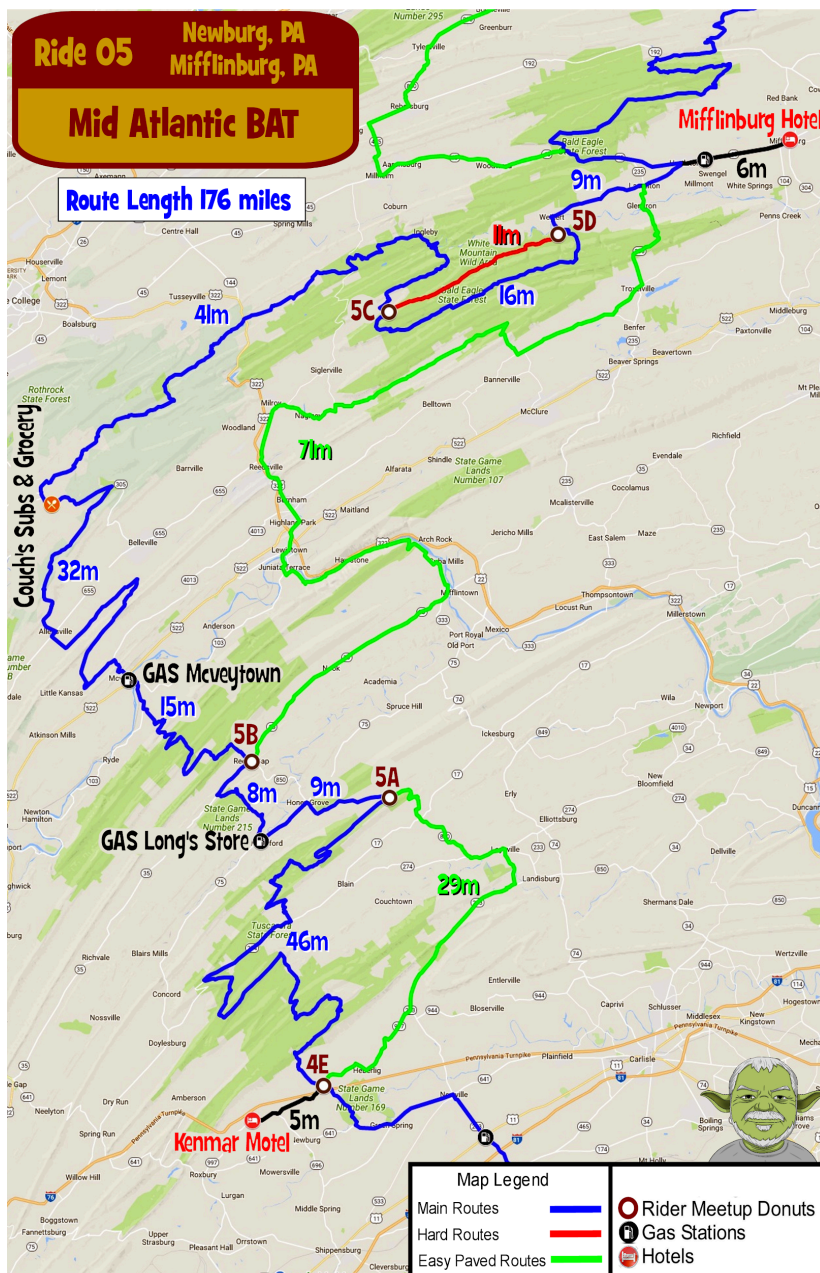
Dinner Plan: Recommendation: None.
Consult the hotel concierge, Nima.

Ride 5 Mifflinburg, PA

Lodging: Mifflinburg Hotel & Scarlet D Tavern: 264 Chestnut St, Mifflinburg, PA 17844
570-966-5400



Mifflinburg Hotel & Scarlet D Tavern



Ride Length: 176 miles

Gas Plan: 2 gas station options on route

Description: Mixed dirt roads and paved. Several easy options and one hard option.

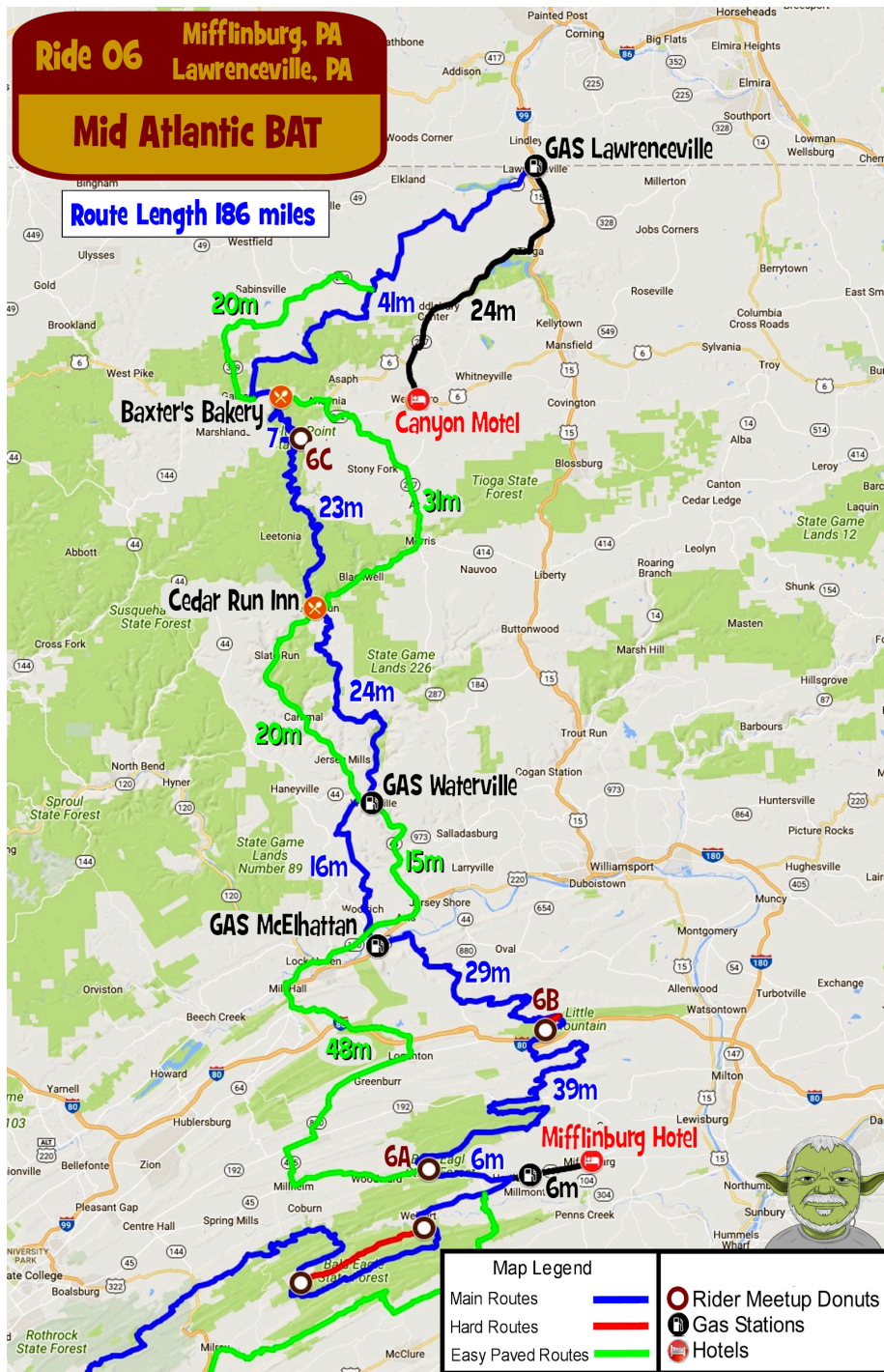
Breakfast: YOYO (You're on your own)

Lunch Plan: Try Couch's Subs & Grocery

Dinner Plan: Recommendation:
Mifflinburg Hotel & Scarlet D Tavern

Ride 6 Wellsboro, PA

Lodging: **Canyon Motel:** 18 East Ave, Wellsboro, PA 16901 570-724-1681



Ride Length: 186 miles

Gas Plan: 2 gas station options on route

Description: Mixed dirt roads and paved. Several easy options.

Breakfast: YOYO (You're on your own)

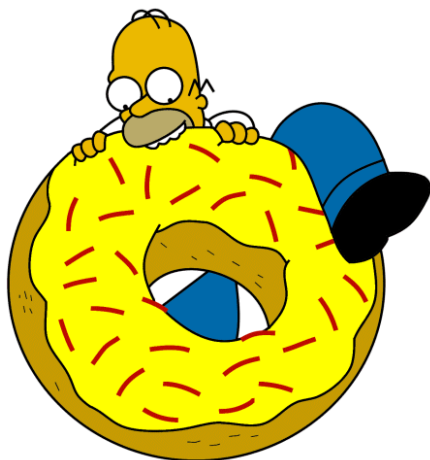
Lunch Plan: Try Cedar Run Inn or Baxter's Bakery

Dinner Plan: Recommendation: Harland's Family Style, walking distance from your hotel. Phone: 570-724-3311

Riders go home



Donut Holes: Are we doing Donut Holes?



This ride includes Donut Holes. Donut Holes are suggested as meetup spots for riders riding in groups. It is recommended that you join a group of riders and not ride alone. Ride groups should be 6 people or less. Using gps to navigate while riding in a group presents lot of new challenges and opportunities. First riders tend to ride at their own pace and often ride out of sight of the others in the group. Some riders may like to stop and take pictures and others simply like to stay out of the dust. When using GPS riders often unknowingly pass or change their position within the group. While the rider, say Jeff thinks Brian is in front of him, Brian is now behind. Jeff and both riders don't know that this change has occurred. What happens next is Brian slows to allow Jeff to catch up and Jeff speeds up to try to catch Brian. The gap between them gets ever bigger and the riders may never see each other again. These situations can escalate into big

confusion and issues.

To mitigate the group confusion this ride includes Meetup Points called Donut Holes. Donut Holes are big circles embedded into your GPS. These circles mark the spot that riders take a quick stop to check in with the other riders and verify that everyone is accounted for without issue.

When a rider turns up missing at the Donut Hole it is up to the group to decide to ride back to the last known sighting of the missing rider. Riders should not skip a Donut as the rest of the group may turn back looking for the missing person. This allows ride groups to catch issues early before they become big problems

As your riding group forms the riders should ask each other, are we doing Donuts? If your group agrees to do Donuts, then that means everyone is responsible for ensuring everyone in the group is present at the Donut Holes. Stay on the trail: Much of this ride borders wilderness areas, in some places the ride cuts right through wilderness area on road easements. So it is very important to stay on the route at all times

GPSKEVIN Adventure Rides Inc
306-N West El Norte Parkway, #355
Escondido, CA 92026

Thanks for your support and for your purchase of the custom GPS card.

Thanks, gpsKevin

Directions: I recommend you power your unit off and then install the microSD card. In some cases you will need to do a hard power reset (hold the power button down for 20 seconds to power off). Install the card into your gps unit and turn it on. The map will just start working by default. On some gps models you will want to import your waypoints. See your unit's specific directions.

FAQ:

Q: What are Custom GPS Ride Maps?

A: Custom GPS Ride maps are electronic maps designed specifically to show the paths and path choices for a particular ride. The maps show the paths as clear bold lines so the riders can easily see them even on small screens. The lines are often comprised of groups of arrows or chevrons so that riders can easily tell the recommended direction of travel. The lines come in multiple colors so that riders can easily choose between Hard and Easy options. Custom ride maps make ride navigation much easier than ever before.

Q: How do I check my GPS to see if the Ride Map on the MicroSD Card is working?

A: There are two ways you can check your GPS.

1. See the trail on the GPS yourself. Turn on the GPS and zoom out to about 50 or 30 miles. Use the cursor to pan over to an area where you know the trail should be. Now begin zooming in. Wait for the gps to refresh its screen as they can be slow. As you zoom in, you should see the trail as a Wide Bold Blue line made up of arrows. OK, good job, you did it right.
2. Check to see if the map is in the GPS unit's memory: The steps to do this vary depending on which Garmin gps unit you have (and there are hundreds). Most work like this:
 - Option 1: From the "Map" page select Menu. Then select "Setup Map" then scroll down and select "Select Map." Now you can scroll down and read the maps in your unit. You should find a map called "xxxx." Make sure it is enabled and you are done!
 - Option 2: Some GPS units (like Nuvi's) work like this. Select "Settings" then "Maps" then "Info" and now you should find the map "xxxx." Make sure that it is checked and you're done.
 - Option 3: Some work like this. Select "Tools" then "Settings" then "Map" then "Map Info." You should find the map "xxxx." Make sure that it is checked and you're done.
 - Again, your gps may have a different way to access the maps, but the microSD Card does work in all Garmin gps units with a card slot. Sorry, there are just too many Garmin gps units for me to go through them all.

Q: Why do we use Custom Ride Maps and not Tracks or Routes?

A: Ride maps function the same as Tracks, however ride maps are made with much higher accuracy and clear line types and colors. The lines can also include arrows to help riders with direction of travel. Additionally riders do not need to know anything about tracks or which one they maybe be riding. This makes it much easier for the riders.

Q: What are Tracks and why are they not recommended?

A: Tracks (or sometimes called Tracklogs) are a collection of electronic breadcrumbs that can describe the desired path. There can be thousands of these electronic data points to describe one path. Each ride can be made up of many sets of these paths. As a result, the number of Tracklogs for a ride with several choices can become very confusing. Therefore I do not recommend that riders use tracks as it can often create confusion. Tracklogs are often included on the MicroSD card for those riders that would like to import them to a PC and edit them to create their own ride.

Q: What are Routes and why are they not used?

A: Routes are paths that are created by your GPS unit based on the internal maps that you have. This enables your unit to give you turn by turn directions. Routes are calculated based on lots of different parameters like shortest distance, fastest time, and many others. However we as riders would like to choose our own specific path. And often our path does not include known roads that would be in your GPS mapset. Therefore, to avoid traveling on undesired paths and constant off route recalculation, we do not use Routes and force your GPS to display our desired path only.