

# CONTACTS FOR SUPPORT AND HELP v2025 01 21

## SCHOOL-BASED SERVICES (603.225.0800)

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| <p><b><u>School Counseling</u> Services:</b></p> <p>East House:<br/> <a href="#">Taylor Hurteau</a><br/> <a href="#">Kate Weeks</a><br/> <a href="#">Mike Curtin</a></p> <p>West House:<br/> <a href="#">Jonathan Flower</a><br/> <a href="#">Jodie McLaughlin</a><br/> <a href="#">Sam Ratacik</a></p> <p>Student Services:<br/> <a href="#">Lauren Orlen</a></p> <ul style="list-style-type: none"> <li>Students can make appointments using their <a href="#">booking page</a>. Students must click "Sign in as Guest"</li> <li>School counselors regularly refer students to other specialized services inside / outside of CHS.</li> </ul> | <p><b>Additional Supports</b></p> <p>School Psychologist: <a href="#">Dr. Margie Borawska</a><br/> Student Assistance Program Counselor: <a href="#">Aimee Tucker</a><br/> School Social Worker: <a href="#">Lauren Aversa-Owens</a><br/> School Adjustment Counselor and McKinney-Vento liaison: <a href="#">Melissa Pacini</a></p> <p><b>On-Site Targeted Services Available - Support for:</b></p> <ul style="list-style-type: none"> <li>Safety, Compliance, and Title IX (sexual harassment/discrimination) Coordinator: <a href="#">Karen Fischer-Anderson</a> 603.406.1307</li> <li>School Resource Officer: <a href="#">Officer Paige Salmon</a></li> <li>Court System Liaison: <a href="#">Jim Daley</a></li> </ul> |
| Call CHS at 603.225.0800 for assistance   |  |

## EMERGENCY COMMUNITY-BASED SERVICES

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| <b>Dial 911</b> (also: <a href="#">Deerfield PD</a> and <a href="#">Concord PD</a> ) | <b>1-866-841-6229</b> <a href="#">Thrive Survivor Support Center</a><br>(Formerly NH Crisis Center)<br><b>603.606.9766</b> Text for support |
| <b>Text "HOME" to 741741</b> <a href="#">Crisis Text Line</a>                        | <b>Text or call 988</b> <a href="#">Suicide Prevention Hotline</a>  |

## COMMUNITY-BASED SERVICES

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| <p><b>General:</b><br/> <a href="#">NH 2-1-1</a> Dial 211<br/> <a href="#">City of Concord links</a><br/> <a href="#">Town of Deerfield links</a><br/> <a href="#">NH Legal Assistance</a><br/> <a href="#">Concord Hospital</a><br/> 225-2711</p> | <p><b>Domestic Violence / Abuse Crisis:</b><br/> <a href="#">DCYF</a> 800-894-5533<br/> <a href="#">Thrive Survivor Support Center</a><br/> 866-841-6229</p> | <p><b>LGBT (national):</b><br/> <a href="#">Trans Lifeline</a><br/> 877-565-8860<br/> <a href="#">The Trevor Project</a><br/> <a href="#">The LGBT National Help Center</a><br/> 888-843-4564</p> | <p><b>Clothing</b><br/> <a href="#">Goodwill</a><br/> <a href="#">Friends of Forgotten Children</a><br/> <b>Food:</b><br/> <a href="#">Food Pantries and Soup Kitchens</a></p>                                 |
| <p><b>Charities:</b><br/> <a href="#">Womenade of Concord</a><br/> <a href="#">Hearts for Kindness of Concord</a></p>  |  | <p><b>New Americans:</b><br/> <a href="#">Ascentria</a></p>   | <p><b>Homeless/Housing:</b><br/> <a href="#">Local Landlord List</a><br/> <a href="#">Rooming Houses</a><br/> <a href="#">Homeless Shelters</a><br/> <a href="#">Concord Coalition to End Homelessness</a></p> |
| <p><b>Mental Health Providers</b><br/> <a href="#">Bicentennial Square Counseling</a></p>  |  | <p><a href="#">NAMI</a> 800-242-6264<br/> <a href="#">MHM Services Inc</a></p>  |  |

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[Capital Valley Counseling Associates Inc](#)  
[Concord Behavioral Health, LLC](#)  
[Concord Peer Support](#)  
[Cornerstone Family Resources Counseling](#)

[Riverbend Community Mental Health](#)  
[Womankind Counseling Center](#)  
[Warren Street Family Counseling](#)  
[NH Community Behavioral Health Association](#)