Capacity Building

2008 - 2009

(March – April, 2008)

Best out of Waste

Students understand the importance of preserving the environment and moreover learn more about sustainability. Activity helped students understand the value of the need to reduce, reuse and recycle.

Food Festival

Students educate people on agricultural biodiversity and encourage conservation by popularizing traditional recipes made from lesser known crop varieties. They educate people on eating in season and encourage them to have local grown food.

Utilization of Library

Library is an essential instrument for intellectual enlargement. Students in the school know that there is a library in the school, since all the students were informed about the library in the general assemblies as well as in the classrooms. Library develop reading habits, vocabulary, research skills, etc.

Role of Yoga

Yoga helps students inculcate strength, endurance, confidence and a great mind-body-soul connection. The confidence thus attained through yoga is then carried into the real world and makes the student strong, compassionate and acceptable.

Educational visit / tour

Educational Tours for students provide them with an opportunity to collaborate with teachers, and integrate new perspectives with informal environments to enhance learning initiatives. Among the many educational tour benefits, skill development is the most important. In order to meet several educational tour objectives, students need to apply skills, values and general knowledge in new settings. College organized many educational visit such as Nehru Science Centre, Nehru Planetarium, Manibhavan, and Prince of Wale's Museum to enhance the knowledge and skills.

2009 - 2010

(November – March, 2009)

Best out of waste (November 14, 2010)

The three 'Rs' stand for: Reduce, Reuse and Recycle. They are a part of the waste hierarchy which is used to protect the environment and conserve resources through a priority approach. The aim is to get maximum practical benefits from products and to generate the minimum amount of waste. The Best out of Waste simply means to make or to create innovative and attractive things from the material we do not use anymore.

Food Festival (December 25, 2009)

It can unite and strengthen community bonds and helps to maintain a common identity among a group of people. Students from various religions come together and celebrate this festival with enthusiasm.

Role of Yoga

Yoga improves strength, balance and flexibility. Yoga by its very inherent nature is helpful to make the body active, introspective, and calm. It discourages tobacco and trans-fats, thus reducing the risk factors of NCDs.

Educational visit / tour (December, 2010 – March 2011)

Educational visit is about experiential learning. Students on an educational journey see and enrich their knowledge of places and works of art they've learned about in the classroom. College organized many educational visit such as Bombay Natural History Society, Nehru Science Centre, Nehru Planetarium, Manibhavan, and Prince of Wale's Museum to enhance the knowledge and skills.

2010 -2011

(August & December, 2010)

Best out of waste (October 7, 2010)

Students make lovely or interesting objects or things from best out of waste materials. They develop how to conserve the environment or how to use of materials from waste things. They acquired knowledge or skills of different resources.

Food Festival (December 24, 2010)

To bring students together the important theme of 'Food', a fun-filled food fair was organised. The main objective behind the event was making the children aware of the importance of universal brotherhood and habit of sharing. The students showcased the signature dishes beautifully.

Educational visit / tour (August 28, 2010)

The main objective of conducting a educational field trip for students is to reinforce experiential and contextual learning. Educational field trips are a way of enhancing classroom learning by making real world connections. Field trips expose students to different lifestyles, places and eras. College organized many educational visit such as Sanjay Gandhi National Park, Nehru Science Centre and Nehru Planetarium to enhance the knowledge and skills.

<u>2011 – 2012</u>

December, 2011 – March, 2012

Educational visit / tour

Educational visits are getaways to infuse fun along with learning to broaden their horizon. Students learned innovative skills and creativity from the visit. College organized many educational visit such as Visit to Pagoda, Visit to Keshav Shrushti and Visit to Lotus Eye Hospital to enhance the knowledge and skills.

2012 - 2013

December, 2012

Educational visit / tour

Educational visits are getaways to infuse fun along with learning to broaden their horizon. College are of the opinion that visits give students-teachers the chance to build closer bonds with their friends, learn and experience new environment and also helps them to visualize how they will arrange visits for their students in future. College organized many educational visit such as INS Vikrant Ship Museum, Tiger Gate and Chhatrapati Shivaji Museum, Fort to enhance the knowledge and skills.

2013 - 2014

Education Visit (December 24, 2014)

The role of educator is to lead and inspire others providing them with the skills and knowledge they need to excel in society but this responsibility extends far beyond working in our classroom. College organized many educational visit at Gateway of India, Elephanta Caves, Mumbai.

Book Review (January 15, 2014)

Using resources beyond the textbook can help to create authenticity in learning activities by making learning familiar and meaningful to students.

Extension Work

Changing conditions in which extension takes place (i.e. changing mix of institutional, cultural, political, technological, international and governmental and other factors are affecting how extension practices play out).

Cultural Fest (January 13, 2014)

Greatest potential for empowering our own students regardless of culture, language ability, ethnicity, or gender. As an attempt for the same we organised cultural fest in the form of dance, singing, skit, fashion show, food festival, etc.

Environmental Activities (January 14, 2014)

Students to learn the different ways to maintained sustainability of nature the various activities done are:

- Activities on Environmental Education
- Activities on Innovation in Teaching Methods
- Activities on Environmental issue
- Flora and Fauna study
- Effective teaching

2014 - 2015

Extension Work

Changing conditions in which extension takes place (i.e. changing mix of institutional, cultural, political, technological, international and governmental and other factors are affecting how extension practices play out).

Environmental Activity (January 5, 2015)

College has participated in trail Blazers activities on 5th January 2015 that helped our students to learn the different ways to maintained sustainability of nature the various activities done are:

- Activities on Environmental Education
- Activities on Innovation in Teaching Methods
- Activities on Environmental issue
- Flora and Fauna study
- Effective teaching

Community Outreach Activity (October 13 – 17, 2014)

Envisaging a new society by equipping our youth for the future is what education is consistently striving to achieve.

Best out of Waste Competition (April 1, 2015)

Best out of West Competition was organised where students brought eco-friendly waste material from their homes and made beautiful articles.

Poster Making Competition (February 28, 2015)

Poster making competition was organised between the guardian groups on the theme of 'Cleanliness is happiness'.

2015 - 2017

Extension Work

College has enrolled in the extension work activity with the Department of Lifelong Learning and Extension (DLLE). Changing conditions in which extension takes place (i.e. changing mix of institutional, cultural, political, technological, international and governmental and other factors are affecting how extension practices play out).

Community Outreach Activity_(October 17 – 21, 2016)

Students who participate in high-quality community-based service-learning enjoy a number of benefits, both in their personal and professional life. Another benefit of service-learning is that young people are far more likely to remain engaged when they can see that their participation is effecting change. This helps them to realize that they are able to make useful contributions to society through service and social action.

Nutritional Day (November 26, 2016)

Student teachers who enacted role plays on what are the ill effects of junk food and Junk food v/s Healthy food and how, we as women are supposed to take care of our health by eating healthy and also through our daily routine. They talked about time management, health management and also about having perfect amount of fruits and vegetables to keep one's self, healthy.

Street Play

Student teachers of the college conducted a street play on the issue of Child Labour and cleanliness. The reason for this street was bringing change in people's mind and bringing change in society.

Heartfulness Program (December 7 – 9, 2016)

Meditation session was conducted by Heartfulness. We learnt that mediation can be done anytime that is convenient and at any place that is comfortable. There is no particular pasture or mudras to be followed. The energy one gets which is stored inside.

Mask Making (March 17, 2017)

Workshop began with discussing the importance of Masks in Education. Information of nine emotions generally used in masks were shown. Student teachers were taught to make masks with various emotions.

LXL (March 18, 2017)

A company came and shared information on how they impact learning and create experiences for students, parents and educators. They make awarded-winning films, organize large – impact events, publish authoritative writing and deliver holistic research and training.

Visit (February 28, 2017)

Role of educator is to lead and inspire others providing them with the skills and knowledge they need to excel in society but this responsibility extends far beyond working in our classroom. We are committed to and creating positive changes for a better future. So to bring this positive change the long awaited educational tour of the College was organised to Indian Express, Panaroma resort and also visited Indian Express Newspaper printing unit to understand the process of printing of the newspapers.

2017 - 2018

Extension Work (April 12, 2018)

To facilitate the sensitization of the student-teachers to the socio-cultural realities, our institution offers for the students, extension work projects encompassing social issues. Our institution is actively involved in the Life-long Learning and Extension program in collaboration with the Mumbai University.

Guidance and Counselling Course (September – February)

Guidance and counselling refers to the services that promote personal, social, educational, and career development. Guidance and counselling attend to the needs of students, parents, professional associates and the community.

Committee Visit (July 7, 2017)

Enjoy a number of benefits, both in their personal and professional life. Another benefit of service-learning is that young people are far more likely to remain engaged when they can see that their participation is effecting change.

Tree plantation Drive (July 1, 2017)

Their work will include: - i) Informing the residents about the tree plantation drive. ii) Collecting saplings (free of cost) from Forest Nurseries. iii) Gathering volunteers for planting. iv) Identifying the places for planting.

Educational visit (November 17, 2017)

Students came to know about the world history from the ongoing exhibition 'India and the world: A History in Nine Stories' at Chatrapati Shivaji Vasthu Museum, Churchgate.

2019 - 2020

Community Work (December 17 – 19, 2019)

'We make a living by what we get, but we make a life by what we give'. Giving back to society is what is needed the most to teach to new generation in today's time.

Go Green & Save Environment (August 30, 2019)

Students planted various saplings like Tulsi, Marigold and different other types of ferns in a nearby garden area.

TET Quiz (June 2 – 6, 2020)

An online TET-Quiz was organized by TSCER. It develop knowledge and brain skills.

CET Quiz (June 22 – 29, 2020)

An online CET-Quiz was organized by TSCER. It develop knowledge and brain skills.

Extension Work

To facilitate the sensitization of the student-teachers to the socio-cultural realities, our institution offers for the students, extension work projects encompassing social issues. Our institution is actively involved in the Life-long Learning and Extension program in collaboration with the Mumbai University.

2020 - 2021

Yoga Day (June 21, 2021)

Yoga improves strength, balance and flexibility. Yoga by its very inherent nature is helpful to make the body active, introspective, and calm. It discourages tobacco and trans-fats, thus reducing the risk factors of NCDs.

Stress Detoxification Mantra (May 5, 2021)

Akasha Mudra, which means sky, represents 'ether' or 'space' surrounding all creation. Space plays a significant role, as one of the five elements, in creating the form in which life exists.

Extension Work

To facilitate the sensitization of the student-teachers to the socio-cultural realities, our institution offers for the students, extension work projects encompassing social issues.

Community Work

Community work sensitize the students towards various issues faced by people in the society. In the pandemic situation it was not possible to take all of student teachers to various community centres. So each student has done various activities individually to contribute to the community.