



## Batavia Quad

Friday, February 28, 2025

Batavia High School, Batavia, IL

### Time Schedule/Order of Events (Always Approximate)

2:00 - 2:30 p.m. Meet in Purple Gym Lobby (*This will depend on your event group and departure time*)

2:15 - 3:20 p.m. Estimated Bus Departure Time (*This will depend on your event group and departure time*)

#### 4:30 p.m. Field Events Begin

- Shot Put: 4 Flights/Worst to Best - 4 Throws/No Finals
- Triple Jump: 2-3 Flights/Worst to Best - 4 Jumps/No Finals
- Long Jump: 2-3 Flights/Best to Worst - 4 Jumps/No Finals
  - **Horizontal Jumps: Same time, different pits; 10 min. warm-up between flights**
- High Jump: 2 Flights (Top Flight First)

#### 5:00 p.m. Running Events Begin (*Slower Heats First*)

- 5:00 p.m. - 3200m Relay (1 heat)
- 5:10 p.m. - 3200m Run (1 heat)
- 5:25 p.m. - 55 Meter Low Hurdles (2 heats)
- 5:35 p.m. - 55 Meter High Hurdles (2 heats)
- 5:45 p.m. - 55 Meter Dash (6 heats)
- 6:00 p.m. - 800 Meters (4 heats)
- 6:20 p.m. - 4 x 200 Meter Relay (3 heats)
- 6:35 p.m. - 400 Meter Dash (5 total heats)
- 6:50 p.m. - 1600m Meters (2 heats)
- 7:10 p.m. - 200 Meters (9 heats)
- 7:25 p.m. - 4 x 400 Meter Relay (3 heats)

### General Information

- [Live Results Link](#)
- **Track dimensions are 200m (8 laps per mile)**
- **Warm-ups:** you should board the bus prepared and ready to compete, which includes being dressed in your team warm-ups. **A reminder to wear BLACK PANTS.**
- **Team Camps will be in the cafeteria** (*so you must pay attention to the flow/schedule of the meet*)
- Athletes should *only* enter through south athletic entrance (distance runners, mind this for your warm-ups/cool-downs)
- Spikes are allowed here (1/8) (***You must NOT wear them on the infield. There will be a designated spot to take them off at the finish line immediately following your race.***)
- **Spectator Admission Fee:** TBD
- No gum, food or liquids (non-water) in the field house.
- Remember to leave our area and bus *cleaner* than we found it - ESPECIALLY our camp in the field house! Thank your bus drivers, thank the meet officials, thank meet management!

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*"Let's be the best at everything that requires no talent." - Paul O'Connell*

*"If you go around waiting for stuff to get easier in life, it's never going to happen.*

*It will never get easier, but you will handle hard better" Duke Women's Basketball Coach, Kara Lawson*

# TROJAN LINE-UP



## IN THE FIELD



<b>LONG JUMP</b>	Davero, Macaskill, Weisz, Wiggins
<b>TRIPLE JUMP</b>	Caulk, Whitelock, Potter
<b>HIGH JUMP</b>	Ahmad
<b>SHOT PUT</b>	LaForge, Swanson, L. Toth, Jaskulis, M. Joseph, R. Kanthack, Gallovitch, Torres, Taylor, Dean, Shea, Rodriguez



## ON THE TRACK



<b>4 X 8 RELAY</b>	M. Krishnan - Novak - TLG - L. Adams Curran - Wills - Gowen - Enright
<b>3200 M RUN</b>	Loftus, Lingertot, Moawad, Stein, Joseph, Anfuso, Eide, C. Novotny
<b>55 M LOW HURDLES</b>	Noonan, Murray, Lump, Denou
<b>55 M HIGH HURDLES</b>	Burton, Gibbons
<b>55 M DASH</b>	Denou, Troha, Kist, Jackson, McInnis, Lasota, Curtis, Glomb, Grucella, Jay, E. Novak, Cunningham
<b>800 M RUN</b>	Cupial, Schroder, Courtney, Surratt, Travers, Hardy, K. Krishnan, Turner, Shehata, Brockway, Mundy, Grapenthein
<b>4 X 2 RELAY</b>	Troha - Et. Murphy - Denou - Em. Murphy Glomb - Jay - Rys - Johnson
<b>400 M DASH</b>	Kist, Jackson, Lasota, Curtis, Davero, Novak, Graney
<b>1600 M RUN</b>	Finn, Cox, Farrero, Lynch, Newell, Ahmed, Morton, Vasilakopoulos
<b>200 M DASH</b>	Caulk, Cunningham, McInnis, Lumpkin, Weisz, Whitelock, Johnson, Potter, Ahmad, Noonan, Cutler, Smith
<b>4 X 4 RELAY</b>	Et. Murphy - Burton - Grucella - Em. Murphy Murray - Lumpkin - Wiggins - Toth Surratt - Courtney - Schroder - Cupial Hardy - Finn - Wood - Adams (Alternate: Loftus)