Eustace ISD Student Health Advisory Council
320 FM 316 S, Eustace, TX 75124
903-425-5151

Quarterly SHAC Committee Meeting

Student Health Advisory Council (SHAC) Meeting Date: 09/17/2026, Time: 3:45 PM
Location: Eustace ISD Multipurpose Building

Attendees:

- Shirley Speelman, RN - SHAC Co-Chair/District Nurse
- Julie Kilcrease, NP - SHAC Co-Chair/Parent
- Pamela Maynard - SHAC Secretary/MS Counselor
- Sam Perry - EISD Assistant Superintendent
- Johnny Pitman - EISD Police Officer
- James Storment - HS Principal
- Kelli Allen - HS Counselor
- Traci Holloway - HS Cafeteria
- Robert Reeve - Intermediate Principal
- Nicole Horton - Intermediate PE
- Kayce Wilson - Intermediate Counselor
- Jeremy Sanders - Parent
- Rachel Villanueva - Parent

Absent from Meeting: Chancz Johnson, Josh Cheek, Phillip Blake, Kristi Bragg, & Carolynn Davis

Call to Order: The meeting was called to order and recording began at 3:47 PM by Shirley Speelman.

New Business:
Welcome comments and introductions were made.

A. Speelman explained that the current EISD Wellness Plan was approved by the SHAC on September 2027. Changes were made due to staff leaving the district. Speelman mentioned that the Wellness Plan should be reviewed yearly and analyzed every 3 years to see if district goals and objectives have been met. The date set for analysis will be September 2028. The committee read and reviewed the plan.

   One addition was suggested by Sam Perry for the Nutrition Promotion Goal 1 and 2 section, to add Educational posters on the available Resources Required section.

Eustace ISD Student Health Advisory Council
320 FM 316 S, Eustace, TX 75124
903-425-5151

B. Speelman asked for new SHAC meeting topics to be discussed for the 2026-2027 school year. Ideas on health, nutrition, safety, physical education, community promotion, etc. Staff encouraged to send ideas to Speelman.

C. Speelman called for SHAC Secretary suggestions. James Storment nominated Pamela Maynard for the position. Perry seconded the motion. Unanimous votes in favor of Pamela Maynard becoming our new SHAC Secretary for a 3-year term.

Reports/Campus Updates:

A. Health Services
   a. Staff Vaccination Clinic - 10/26
   b. Blood Drive - 10/27
   c. New Health Aide at Intermediate - Kimberly Mobley, MA
   d. COVID, strep, viral infections
   e. CCMA students learning about standard precautions, starting clinicals soon

B. Counseling/Guidance
   a. Bragg notes - working on separation anxiety at the Primary, “See the good, show the Pride,” P- patience, R- respect, I- integrity, D- discipline, E- excellence; working on showing patience
   b. Maynard - MS Choosing the Best program
   c. Allen -
      i. Relationships Under Construction, 9/28-10/1, Freshman students
      ii. Suicidal protocols

C. Nutrition Services
   a. Hudson - Transitioning with no dyes in our school food and the cafeteria staff is working on more scratch cooking.
   b. Perry - Shout out to the wonderful cafeteria staff that handed out over 5,000 breakfast/lunches this summer.

D. Physical Education
   a. Perry - Mentioned Coach Rich at the MS started Fitness-gram, a federal program.
   b. Speelman - Stated students talking about the Intermediate School running in PE. Horton started “milers” with the 5th graders and gaga-ball with the whole student body.

E. Family/Community Involvement (Parents)
   a. Homecoming - Parade/Dance
   b. Tailgate - Storment shared that the culinary arts students cooked all of the burgers.
   c. Pioneer Days
   d. Grandparents Day- Primary
   e. Good News Club - not offered this year due to low volunteer participation
   f. See You at the Pole - 9/23, 6:15-7:15 am

Eustace ISD Student Health Advisory Council
320 FM 316 S, Eustace, TX 75124
903-425-5151

F. Safety
    a. Suicidal protocol for reporting

Recommendations/Follow-up:

A. Continue documentation for measures of success on Wellness Policy goals. Follow up with Carolyn Davis, Food & Nutrition Director
B. November topic of discussion: EISD Suicidal Protocols and community resources (Allen, Wilson, Pitman, Speelman)

Minutes submitted by: Shirley Speelman, SHAC Co-Chair