

HRE Context Questionnaire

What does Happy, Relaxed, and Engaged (HRE) look like for your learner?:

Interview the caregiver (or student/learner, if applicable) and ask what does it look like for the learner to be happy, relaxed, engaged? What does their body language, their facial expressions, their movements, their sounds, etc. look like when they are HRE?

HRE Items / Activities:

What are the student's/learner's most preferred items/activities? Favorite characters/shows/toys etc.? How do they enjoy these items? Alone or with others? In their room/outside etc.?

HRE Social:

Does the student/learner enjoy being near and/or interacting with others, or being alone? High or low affect/energy? Physical interactions such as high fives, tickles, sensory input, social games (peek-a-boo, chasing games, etc.)? Do they enjoy being asked questions? What are their interests or preferred topics of conversation?

HRE Environment:

What is the student's/learner's preferred environment - their room? outside? Does the client enjoy having others present in their environment? What do they like about their favorite places? - lighting, sounds, smells, other people around (and which ones are preferred; students, adults) or alone, etc.

HRE Communication:

What does the student's/learner's interactions with others look like when they are HRE - do they communicate at high rates, are they more quiet, do they engage in vocal stereotypy (e.g. repeated sounds or phrases that don't serve a communication purpose), etc.

Moving into Adult-led Time and Away from Student-led Time (HRE):

How can you ease into an adult-led instruction? How long does the student/learner need to be HRE before you attempt to place a demand?
