

We hope this message finds you well and you are excited for the upcoming La Sportiva Speed Climbing Nationals Competition this Sunday.

In preparation for the event, we would like to provide you with some important updates and information. We've included key details below to ensure a smooth and enjoyable competition experience.

1. Discretionary Selection for New Zealand Team

- For any athletes who may be unable to compete due to exceptional circumstances but wish to apply for selection to a New Zealand Team, please note that the application for discretionary selection process is available on the [CNZ website](#)

2. Timetable and Start List | Piki

- This competition we are using Piki as well as printed timetables and start lists.
- Follow the [Piki link](#) to go to the public listing of the event and keep an eye out for the timetable and start lists, but please be aware that these times may be subject to minor adjustments if there are any last-minute changes to registrations. Always check the most up-to-date timetable information online or at the event itself.
- You can find the latest, most up-to-date timetable [HERE](#).

3. Format for Speed Nationals

- This year, we will be following the IFSC's Speed format v 2024, adapted to our local context. You can find the IFSC rules for this format [HERE](#)
- Athletes will have 2 practice rounds, 2 Qualifying rounds, then into the Finals knockout stage. Numbers in finals will be determined by how many are in the qualifying round as follows:

Competitors with a Valid Time	Finals Quota
4-7	4
8-15	8

- All spectators, coaches, volunteers and others (except climbers, working clippers, judges, marshals and competition officials) must remain outside the marked off competition zone.

4. Updates to IFSC Rules for 2024

- Be aware that there have been updates to the IFSC rules for 2024, including athletes should, within 10 seconds of being called, position the starting pad as appropriate for their preferred starting position.

5. International Athlete Participation

- If an International Athlete places in the top three after Finals, a separate New Zealand podium will also be presented.
- Medals, trophies and major prizes will be given to the New Zealand athletes.

6. Athlete Numbers and Categories

- Athletes who competed in any other Championship earlier this season must bring their number/bib to this event, as these will carry over.
- Athletes who did not compete at another event will receive a number/bib from the registration desk when they sign-in.
- Please submit athletes domestic license forms prior to the event [HERE](#) if you haven't done so yet.
- Check that athletes are registered in the correct categories on Piki.
- Official start lists will be available at the event and on Piki.

7. Clarifications and Appeals

- Please feel free to reach out before the competition if you need any clarifications.

Ensure athletes understand when and how to appeal a Technical Incident, Ruling, or Result. This will be covered in the technical and athlete's briefings. Please note:

- Only official CNZ video footage can be used for appeals.
- Appeals must be made by either the concerned athlete or a team official (coach, manager, or designated person)
- A fee of \$50 in cash is required to lodge an appeal.

9. Uniforms and Respect for Sponsors

- Athletes are REQUIRED to wear their club uniforms when available for both climbing and podium ceremonies.
- If athletes do not have access to uniforms, plain clothing without major branding is acceptable, preferably in colors representative of your region.
- Please respect our sponsors, especially La Sportiva. Avoid displaying competing product branding on clothing or hats, especially at podium ceremonies. Small logos in support of clubs are permitted.

We look forward to a successful and enjoyable competition. If you have any further questions or need additional information, please don't hesitate to contact us.